OUR PURPOSE

Revolutionizing the sexual and gender climate by eliminating barriers and advancing healthy sexuality.

OUR POTENTIAL

Leadership in sexuality research, education, clinical care, and advocacy to promote positive sexual and gender health for all.

This has been another historic year for the Institute for Sexual and Gender Health (ISGH). We initiated an international search for a new Institute director. Through a rigorous process, Greta Bauer, PhD, MPH, was selected and started on November 15, 2022, and assumed the new endowed Chair in Sexual Health. She is an outstanding international leader and scholar and no doubt will lead ISGH to greater heights. This successful search allowed for a smooth transition of leadership in ISGH. After 44 years on the faculty of the Program in Human Sexuality (now the ISGH) and 31 years serving as director, I stepped down as director and moved into Professor Emeritus status.

When I took over as Director in 1991, we had $50,000 in base support. I leave the ISGH secure with its outstanding faculty and having established four endowed tenure-track positions and a National Center for Gender Spectrum Health, and almost $15 million in endowed funds. In addition to the Chair in Sexual Health held by Dr. Bauer and the Joycelyn Elders Chair in Sexual Health Education held by Dr. Kristen Mark, we now will embark on recruiting the Bean Robinson Chair in Clinical Sexual Health Research and the Pepper Schwartz Professorship in Sexuality and Aging.

This past year we have been able to hire two new clinical faculty, additional administrative staff, and have trained several more postdoctoral fellows. We have now trained 79 postdoctoral fellows since 1988!

Beyond the stellar year with increased grant acquisitions, publications, and presentations, we are so proud and gratified with our impact on the hundreds of patients that we have seen this year. For many, this has been transforming and, for some, it has been lifesaving.

Our amazing faculty and staff do all of this. We are so grateful for the philanthropic support that we receive that allows us to maintain our excellence, invest in critical areas, and provide leadership in our field to promote sexual and gender health for all.

LETTER FROM DR. ELI COLEMAN

Eli Coleman, PhD
Outgoing Director and Professor
Chair in Sexual Health

Photo: Eli Coleman, PhD
Photo by Tim Rummelhoff
ISGH welcomed Greta Bauer, PhD, MPH as Director of ISGH on November 15, 2022, following an international leadership search. Dr. Bauer comes to ISGH from the Schulich School of Medicine & Dentistry at Western University in Canada, where she served as professor of epidemiology and biostatistics, and held a Sex and Gender Science Chair from the Canadian Institutes of Health Research. She has authored 110 peer-reviewed research papers and book chapters, and many additional policy or community reports. Dr. Bauer's high-impact work has shaped health, healthcare, and human rights policy and practice in Canada and internationally. She brings this focus on policy- and practice-relevant research to her new position at ISGH, along with deep experience in education and mentorship.

"Over the past 50 years, ISGH has been on the forefront of every major development in sexuality and gender health, assisting and saving the lives of countless patients. I am supremely confident that Dr. Bauer will build upon this critical legacy and lead ISGH through future challenges, discoveries, and service."

—James Pacala, MD, MS
Head of the Department of Family Medicine and Community Health

Gretha Bauer, PhD, MPH
Incoming Director and Professor
Chair in Sexual Health

It is with immense gratitude that I accepted the opportunity to serve as Director of the Institute for Sexual and Gender Health, more than fifty years into its history. Known and respected locally, nationally, and internationally, ISGH has played a positive role in the lives of many through clinical care, education, research, and advocacy.

I’ll just say it: I was not looking for a new job. What pulled me away from work that I loved in Canada—leading national community-based and clinical research studies, developing curricula, and working with policymakers—to return to the United States and Minnesota? First and foremost, it was the people. ISGH faculty, postdoctoral fellows, and staff are critical thinkers who are always learning and pushing the field forward. Now having spent my first month meeting with each of them, I am only more impressed with their innovation and enthusiasm. Second was the foundational support provided by both the Department of Family Medicine and Community Health and by a strong base of committed donors who have been instrumental in ensuring resources are available to continuously improve patient care and to catalyze new efforts in research and education. Finally, it was the potential for what the future could look like if I were to work with everyone at ISGH to build on these formidable strengths.

My vision is that the Institute be a venerated and vibrant leader in sexual and gender health education, clinical care, and health promotion among individuals, couples and families, and communities, and for innovative and high-impact research and knowledge generation to advance policy and practice. I know the ISGH team is attentive to the role of social context, family, culture, and community in both sexual health and in gender health. To that I am excited to contribute my expertise in bringing intersectionality frameworks into research methods and practice to produce results that are highly relevant for communities, providers, and policymakers.

As we work to build on the legacy of Dr. Eli Coleman's decades of leadership, I want to offer gratitude for his support in a smooth transition, and to (re)welcome both Dr. Coleman and Dr. Mike Miner as they make the transition to emeritus professors.

I look forward to building on the historic strengths of the Institute while shepherding it into a new era, as we work together to advocate for a strong future for sexual and gender health.
Our Director of Education, Dr. Kristen Mark, was appointed as the Life Stages Thread co-director and the 2SLGBTQIA+ Pathway co-director for the new curriculum build taking place in medical education. These positions were competitive, and it shows a great deal of commitment from the UMN Medical School to ensure that sexual health, sexual medicine, and 2SLGBTQIA+ health are prioritized in the training of future physicians. The totally new and restructured curriculum is set to launch with its first cohort in fall 2023, and Dr. Mark is conducting evaluation research on sexual health and 2SLGBTQIA+ related knowledge, attitudes, and skills obtained by students based on curricular type as the curriculum transitions.
We support individuals, couples, and families of all backgrounds and ages in making profound and lasting changes in their lives by providing the best available clinical care by highly skilled clinicians. In 2022, our clinic welcomed several new providers to our Gender Creative Children and Adolescents program, allowing us to serve more patients in need of gender-affirming care.

On September 15, 2022, the World Professional Association for Transgender Health (WPATH) released the Standards of Care Version 8 (SOC 8). The Standards of Care provides clinical guidance for healthcare professionals to assist transgender and gender diverse people with safe and effective pathways to achieve lasting person comfort with their gendered selves, and to maximize their overall health, psychological wellbeing, and self-fulfillment. The guidelines are recognized globally as the standard of care in the treatment of transgender and gender diverse people, and were developed by 119 authors from around the world.

Several ISGH faculty were instrumental in the development and review of the SOC 8, with key authors including Dr. Dianne Berg (transgender and gender expansive children and adolescents chapter); Dr. G. Nic Rider (terminology chapter); Dr. Jamie Feldman (primary care chapter); and Dr. Katie Spencer (sexual health, a first-time chapter in the Standards of Care). Former Ettner Fellow Dr. Taymy Caso served as a reference checker. Institute director Dr. Eli Coleman oversaw all authors across all chapters as Committee Chair for the SOC 8.

Dr. Coleman and his co-chairs for the SOC 8, Drs. Asa Radix and Jon Arcelus, were awarded the inaugural WPATH Gold Medal Award. This award honors the chair and co-chairs’ dedication and tireless work in overseeing the development of the SOC 8 and their impact on the field of healthcare for transgender and gender diverse people.

“I have been a therapy patient [at SGHC] for over 5 years and cannot overstate the excellence in care with which I have been provided.”

—Sexual and Gender Health Clinic patient

CLINICAL CARE
Developing, providing, and promoting evidence-based best clinical care

ADVOCACY AND PUBLIC POLICY
Advocating for sex and gender rights
We continued the bi-monthly community education series Sex Science Happy Hour in 2022. At these events, Dr. Kristen Mark brings the science to the community in an approachable setting, featuring a special guest who offers unique perspectives about sexual health. Some 2022 guests have included author Peggy Orenstein, sex therapist Joe Kort, and local comedian and sex educator Khadijah Cooper, as well as several ISGH faculty. Big thanks to our community partners—the breweries, restaurants, and bars—who have partnered with us to make this event series possible. Check out our prior guests and sign up for our newsletter at z.umn.edu/SSHH_signup.
Our faculty publish world-class research on topics such as child and adolescent gender health; compulsive sexual behavior; lesbian, gay, and bisexual health; relationship and sex therapy; sexual health and rights; adult transgender health; and more.

Scan the code or visit z.umn.edu/ISGHPublications2022 to view citations for ISGH research publications published in 2022.

Our faculty produce world-class research on topics including:

- Child & Adolescent Gender Health
- Compulsive Sexual Behavior
- Lesbian, Gay, & Bisexual Health
- Relationship & Sex Therapy
- Sexual Health & Rights
- Transgender Health (Adult)

Scan the code or visit z.umn.edu/ISGHPresentations2022 to view a list of presentations given by ISGH faculty in 2022. Our faculty have presented their research at conferences and symposia around the world, as well as right here in Minneapolis.

ISGH faculty produce world-class research on topics including:

PUBLICATIONS

ACCOMPLISHMENTS

- Dr. Nic Rider became director of NCGSH; co-edited a book featuring work done through the NCGSH; and was appointed to the Committee on Sexual Orientation and Gender Diversity, American Psychological Association;
- Was a key partner in establishing Minneapolis as a safe haven for gender-affirming care and attended the signing of Executive Order 2022-04 by Mayor Jacob Frey;
- Presented as content expert before the MN House of Representatives, Education Policy Committee;
- Was a key partner, along with several transgender and gender diverse and intersex focused organizations primarily located in South Africa, in developing the first Transgender and Gender Diversity Assembly prior to the World Association for Sexual Health Congress;
- Collaborated with CCAPS and ISGH’s Education Director, Dr. Kristen Mark, to create the new graduate certificate in transgender and gender diverse health;
- Dr. Taymy Caso, Spencer Czech, and Dr. Nic Rider developed a new course titled Intersectional and Decolonizing Approaches to Transgender Health, which won the Schochet Endowment for Queer and Trans Studies Award from the Gender and Sexuality Center for Queer & Trans Life, UMN. Drs. Taymy Caso and Nic Rider will teach this course in Spring 2023;
- Collaborated with other organizations for consultations, workshops, and resource building (e.g., Dr. Katie Spencer, Rainbow Health and Coach Shor Salkas hosted a speed-friending event for LGBTQ+ elders);
- Saw work featured in several local, regional, national, and international media outlets;
- Contributed to the scientific field via presentations and publications using clinical-based data skillfully organized and analyzed by Mary McAdaragh and additional data sources;
- Served as research assistants, co-investigators, and PIs/co-Pis on several federal, foundation, and internal grants, some of which used the Gender-Affirming Lifespan Approach (GALA) as the project’s framework;
- Catherine Schaefer, with Transforming Families and Drs. Dianne Berg and Nic Rider, are doing a research project focused on gender measures and cognitive flexibility with gender diverse prepubescent children;
- Jeremy Duval, Grace Heneghan, Spencer Czech, and Zoe Baccam contributed to community facing educational materials and peer reviewed publications.

More to Celebrate for our Team

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- Was a key partner in establishing Minneapolis as a safe haven for gender-affirming care and attended the signing of Executive Order 2022-04 by Mayor Jacob Frey;
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Note: these examples are simply a snapshot of the many varied highlights from the NCGSH. We have celebrated many accomplishments, focused on uplifting each other, and are excited about what we have been dreaming up for next year.
ACCOMPLISHMENTS

• Advanced sexual health and rights through collaboration with national and international health organizations, including the Centers for Disease Control and Prevention (CDC), World Association for Sexual Health (WAS), World Health Organization (WHO), the Pleasure Project, and the World Professional Association for Transgender Health (WPATH);
• Provided infrastructure and faculty and fellow support for professional development;
• Provided seed funding for research activities, including a research study of emotion regulation in individuals experiencing compulsive sexual behavior;
• Provided infrastructure support for communications to stakeholders;
• Provided support for philanthropic development;
• Hosted an international summit for compulsive sexual behavior researchers, attended by 12 compulsive sexual behavior researchers from around the world;
  • Chaired the revision committee and published the World Professional Association for Transgender Health’s Standards of Care, Version 8 (SOC 8);
  • Oversaw the contributions of 119 authors from around the world to the SOC 8, culminating in a set of guidelines that will serve as the global standard of clinical care for transgender and gender diverse people;
  • Was awarded the inaugural WPATH Gold Medal Award to honor contributions to the WPATH SOC 8;
  • Conducted a year-long international search to recruit a new director for the Institute for Sexual and Gender Health;
  • Became a Professor Emeritus for the University of Minnesota.

ELI COLEMAN, PHD

Photo by Tim Runnehoff

CHAIR IN SEXUAL HEALTH

JOYCELYN ELDERS CHAIR IN SEXUAL HEALTH EDUCATION

• Advanced sexual health education, sexual rights, and sexual health policy through being elected to the World Association for Sexual Health’s Advisory Committee, serving as the Vice Chair of the Scientific Committee;
• Launched a master’s degree in sexual health, creating nine new courses for two new graduate certificates in sex therapy and transgender and gender diverse health;
• Continued to grow the graduate program, more than doubling enrollment of new students;
• Directed our required premiere human sexuality course for all first-year medical students, the sexual medicine elective clerkship, and LGBT elective clerkship for the Medical School;
• Appointed as the Life Stages Thread Director and the 2SLGBTQIA+ Pathway Director for the new Medical School curriculum build, ensuring sexual and gender health curriculum is intentionally integrated into the new curriculum, launching in fall 2023;
• Conducted several research projects and mentored a team of undergraduate, graduate, and medical student research assistants on topics including sexual trauma, sexual desire, improving LGBTQ+ mentorship skills, sexual consent, abortion attitudes, and sex education across the lifespan;
• Was awarded the inaugural WPATH Gold Medal Award to honor contributions to the WPATH SOC 8;
• Conducted a year-long international search to recruit a new director for the Institute for Sexual and Gender Health;
• Became a Professor Emeritus for the University of Minnesota.

KRISTEN MARK, PHD, MPH

Photo by Mothwing Photography

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• Oversaw the contributions of 119 authors from around the world to the SOC 8, culminating in a set of guidelines that will serve as the global standard of clinical care for transgender and gender diverse people;
• Was awarded the inaugural WPATH Gold Medal Award to honor contributions to the WPATH SOC 8;
• Conducted a year-long international search to recruit a new director for the Institute for Sexual and Gender Health;
• Became a Professor Emeritus for the University of Minnesota.

• Appointed Chair of the Department of Family Medicine and Community Health Tenure and Promotion Committee;
• Appointed to the University of Minnesota’s Sexual Misconduct Hearing Committee;
• Provided expert commentary for over 30 mass media pieces in 2022 to disseminate sexual health education to the public, including contributions to The Economist, USA Today, CNN, Girls United, The Daily Beast, The Times, Men’s Health, The Toronto Star, and more.
Greta Bauer, PhD, MPH
Director
Professor
Chair in Sexual Health

Dianne Berg, PhD, LP
Associate Professor
Program Coordinator, Child & Adolescent Gender Care

Eli Coleman, PhD*
Professor Emeritus

Jennifer Connor, PhD, LMFT
Associate Professor
Director of Clinical Services

Jamie Feldman, MD, PhD*
Associate Professor

Abby Girard, PsyD, LMFT
Assistant Professor
Program Coordinator, Relationship & Sex Therapy

Kristen Mark, PhD, MPH
Professor
Director of Education
Joyceyn Elders Chair in Sexual Health Education

Michael Miner, PhD*
Professor
Director of Research

Jonathan Poquiz, PhD*
Associate Professor

Ryan Rahm-Knigge, PhD
Assistant Professor
Program Coordinator, Compulsive Sexual Behavior

G. Nic Rider, PhD, LP
Assistant Professor
Program Coordinator, Adult Gender Services
Director, National Center for Gender Spectrum Health

Beatrice “Bean” Robinson, PhD, LMFT
Professor

Michael Ross, MD, PhD, MPH, MPHeD, MSt*
Professor

Katie Spencer, PhD, LP, CST
Assistant Professor
Interim Director of Clinical Training
Co-Director of M Health Fairview
Comprehensive Gender Care, Behavioral Health

*Not pictured

Clinic, Research & Administrative Staff
Fathi Ahmed, Community Engagement Specialist
Amy Ash, BS, Research Program Coordinator
Cassie Billups, Clinic Supervisor*
Lisa Brusoe, CMA, Certified Medical Assistant
Brady Burkart, LSW, Social Work Care Coordinator*
Spencer Czech, Project Coordinator*
Kieran Dillon, Intake Coordinator
LynAnne Evenson, MS, LMFT, LADC, Psychologist
Heidi Fall, Research Administrative Coordinator*
Ashley Finch, Artist Consultant*
Csabew Ford, Intake Coordinator
Rachel Hall, Clinic Supervisor
Max Hunter, Psychiatric Social Worker*
Christina Jenkins, LSW, Social Work Care Coordinator*
Rob Kirby, Administrative Coordinator
Todd Leech, PA-C, EdD, Physician Assistant*
Yiting Li, PhD, Data Research Manager/Analyst
Elizabeth Panetta, MSW, LICSW, Therapist
Nora Poole, Communications Officer
Sara B. Pournour, MSW, LICSW, Therapist
Lauren Sekelsky, Executive Administrator
Roseanne Thompson, Financial Counselor*
Timothy Williams, CCMA, Certified Medical Assistant*

Volunteers (not pictured)
Zoe Baccam
Amanda Bartley
Ceili Charley
Jae Creger
Samuel Danielson
Jeremy Duval
Neil Gleason
Grace Heneghan
Todd Jennings
Kyra Kaczmarczik
Maia Karpinsky
Olivia Manickas-Hill
Magdelena March
Laurel Neufeld
Katja Nielsen
Isai Ortiz
Brittney Skalland
Isla Sorenson
Anika Tureson
Linzie Wildenauer

*Not pictured

*Not pictured

Photos on page 16 & 17 by Purpose Madison
Germano Couto, PhD, MSc, CNM, RN

Dr. Germano Couto joined us from Portugal to assist in studying the knowledge, attitudes, and skills of medical students around sexual medicine and LGBTQIA+ health with Dr. Kristen Mark.

POSTDOCTORAL FELLOWS

Taymy Caso, PhD

Michael E. Metz Fellowship in Couples’ Sexual Health 2020-2022

Ryan Rahm-Knigge, PhD

Doug Braun-Harvey Fellowship in Compulsive Sexual Behavior 2021-2023

Benjamin Parchem, PhD

Randi and Fred Ettner Fellowship in Transgender Health 2022-2024

On August 18, ISGH celebrated the career of Michael Miner, PhD, who retired in June. Dr. Miner has worked at the Institute for Sexual and Gender Health since 1992, where his work has focused on sexual abuse perpetration in adolescence, risk assessment, and sexual compulsivity.

“Mike was one of my first hires when I was appointed director,” said Dr. Eli Coleman. “We knew we needed someone with NIH experience, and he was essential to our success and growth in federal funding for our research. Not only did he make incredible contributions in his own research but was so helpful as our chief methodologist and stats nerd to make so many of us successful. I am eternally grateful to him for helping us get one of the first NIH grants in compulsive sexual behavior. Truly a team player. We will miss his wisdom, knowledge, and experience.”

“I’ll miss my colleagues, both within ISGH and across the department,” shared Dr. Miner. “I have had the opportunity to work with a number of very wonderful people. Without those collaborations, I don’t think I would have accomplished what I have.”

HONORING DR. MICHAEL MINER

Photos by Lauren Sekelsky

Dr. Germano Couto joined us from Portugal to assist in studying the knowledge, attitudes, and skills of medical students around sexual medicine and LGBTQIA+ health with Dr. Kristen Mark.

VISITING INTERNATIONAL SCHOLAR
The dedicated volunteers that form the Leadership Council of ISGH contribute their professional expertise in sexuality and gender as well as leadership in advocacy, community activism, and development to support the work of the Institute. It has been a year like no other as we said farewell to Dr. Eli Coleman and acknowledged the unparalleled achievements of ISGH under his 31 years as director. The Council was asked by Dr. James Pacala, head of the Department of Family Medicine and Community Health, to engage in a conversation about priorities for a new director. As the current chair of the Leadership Council, I was invited to be a member of the search committee that culminated in the selection of Dr. Greta Bauer as the new director.

Looking to the future, the Council remains steadfast in our commitment to provide counsel, support, and feedback to the ISGH director to advance sexual and gender research, internationally respected activism, and dedication to sexual and gender therapy, education, and training. Through philanthropic efforts, the Council will build upon a strong base to collaborate with Dr. Bauer and the University of Minnesota Foundation in developing directions for the next events and campaigns in support of the ISGH mission. The Council looks ahead to supporting this remarkable institution in expanding and strengthening relationships with national and global ISGH supporters.

Doug Braun-Harvey
Chair, Leadership Council
Did you know there are many ways to give in support of ISGH? From one-time donations to legacy gifts, there are options to fit every budget. The generosity of our donors is key to helping ISGH expand our research, educate the next generation of medical providers, and provide the best clinical care to our patients.

- **Give online** simply and securely at [z.umn.edu/isghgift](http://z.umn.edu/isghgift)
- **Monthly giving**: Automated monthly giving is easy and convenient, cost-effective, and environmentally friendly. Set up monthly giving at [give.umn.edu/waystogive/monthly-gifts](http://give.umn.edu/waystogive/monthly-gifts)
- **Give directly from your IRA**: If you are 70 1/2 years old or older, your contribution will count towards your Required Minimum Distribution (RMD) and will not be included in your Adjusted Gross Income (AGI). You may contribute up to $100,000 annually from your IRA. In some situations lowering your AGI may be more beneficial than itemizing charitable deductions.
- **Make a securities contribution**: Gifts of stocks, bonds, or mutual funds are generally tax deductible at the full fair-market value and exempt from long-term capital gains tax.
- **Create a Donor Advised Fund**: A donor advised fund allows your assets including cash, appreciated stock, mutual funds, real estate, and more to be invested and grow tax-free. Contributions to your fund are tax deductible in the year that they are made, but may be granted to eligible charitable organizations over a period of multiple years. Donor-advised funds are a useful tool for donors who are affected by the new, higher standard deduction threshold and wish to combine multiple years worth of giving into one year in order to itemize.
- **Legacy Gifts**: Include a gift to ISGH in your will or trust, or designate ISGH as a beneficiary of your IRA or life insurance policy.

Please note: The Institute for Sexual and Gender Health is not a financial advisor and cannot provide tax, legal, or accounting advice. Please consult your financial planner to learn how gifts to ISGH may benefit your unique tax or financial situation.
Thank you, donors, for your support!

“...my care team is transparent, responsive, and helpful. Thank you for providing care with high standards!”

—Sexual and Gender Health Clinic patient

ISGH donors help make it possible to advance our knowledge through research, provide education to medical students and other healthcare professionals, and offer affirming and sometimes lifesaving clinical care to hundreds of individuals in need of our help.

Note: This list includes all donors to ISGH organized by total lifetime giving amount.

PHILANTHROPIC SUPPORT

PHILANTHROPIC SUPPORT
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The University of Minnesota, founded in the belief that all people are enriched by understanding, is dedicated to the advancement of learning and the search for truth; to the sharing of this knowledge through education for a diverse community; and to the application of this knowledge to benefit the people of the state, the nation and the world. The University's threefold mission of research and discovery, teaching and learning, and outreach and public service is carried out on multiple campuses and throughout the state.

The University of Minnesota shall provide equal access to and opportunity in its programs, facilities, and employment without regard to race, color, creed, religion, national origin, gender, age, marital status, familial status, disability, public assistance status, membership or activity in a local commission created for the purpose of dealing with discrimination, veteran status, sexual orientation, gender identity, or gender expression.

This publication is available in alternative formats upon request.
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