



# DEPARTMENT OF FAMILY MEDICINE AND COMMUNITY HEALTH METHODIST



## SUMMARY

**Methodist Hospital Family Medicine Residency** is a rigorous training program, offering residents exposure to a diverse patient population and community engagement opportunities. Our graduates practice in a variety of contexts, including rural, urban, and suburban, with or without maternity care.

Both the clinic and hospital are part of HealthPartners Park Nicollet Health Services, a private, not-for-profit healthcare and financing organization, with a tradition of scholarship. It is the only residency based at Methodist Hospital.

The program is located in St. Louis Park, an inner-ring suburb of Minneapolis.

### Program Size

6:6:6

### Community Size

50,016 as of 2020

### Location

St. Louis Park (inner-ring suburb of Minneapolis)

## What Our Residents Say:

“Great flexibility, allowing each resident to meet their individual goals.”

“On-site obstetrics experience prepares residents for practice.”





## CONTACT US

### Director

Amy Bonifas, MD

### Administrator

Gage White

residency@parknicollet.com  
(952) 993-7711

### Clinic

Park Nicollet Clinic-Creekside  
6600 Excelsior Boulevard, Ste. 100  
St. Louis Park, Minnesota 55426

### Website

[z.umn.edu/MethodistFM](http://z.umn.edu/MethodistFM)

## CURRICULUM

- > Longitudinal experience in behavioral health, geriatric long-term care and assisted living, population health management, and sports medicine
- > Comprehensive maternity care experience during three-month OB rotation
- > Robust hospital training, including house coverage
- > Medical addiction treatment
- > Gender elective
- > Pharmacotherapy elective

## FACULTY

- > Primary faculty: 13 MDs, three DOs, one PharmD, one MSW (behaviorist), and two APRNs
- > Dedicated to and passionate about resident education and well-being
- > Areas of interest/expertise include adolescent medicine, geriatrics, quality improvement, sports medicine, maternal and child health, and research

## COMMUNITY OUTREACH

- > Patient care at a free walk-in clinic for children and teens (Central Clinic)
- > Activities include school talks, sports care, and health fairs
- > Providing care for the underserved and uninsured

## CLINIC

### Park Nicollet Clinic-Creekside

- > Certified Health Care Home
- > Private practice model with access to the resources of a large multispecialty clinic system (Park Nicollet Health Services)

- > Award-winning process for developmental screening of children
- > Psychiatrist, social worker, PharmD, diabetic educators, and care integration on-site

## PATIENT POPULATION

- > Diverse community with 10% non-English speaking patients
- > Most frequent interpreter languages: Spanish, Somali, Bosnian
- > Clinic visits: Approximately 25% Medicare, 15% pediatrics

## HOSPITAL

### Methodist Hospital

- > 426-bed facility providing state-of-the-art tertiary care
- > Area leader in cancer care, cardiovascular and stroke services, and maternity care
- > Inpatient team led by third-year resident and staffed by family physicians

## CALL

- > First year: Includes house coverage and code responsibility, quickly building resident skills, knowledge, and confidence; no overnight house call except on OB rotation, which has 24-hour call
- > Second and third years: Three-four calls/month, in-house and from home

