

WEBVTT - This file was automatically generated by VIMEO

0

00:00:02.300 --> 00:00:03.000

There we go.

1

00:00:04.200 --> 00:00:07.500

So good morning everyone. Welcome to another installment of the dean's lecture

2

00:00:07.500 --> 00:00:10.100

series. The session will be recorded and shared out

3

00:00:10.100 --> 00:00:13.900

within two days to all those who registered for the event. Otherwise,

4

00:00:13.900 --> 00:00:16.200

the recording can be found under the Education and Training

5

00:00:16.200 --> 00:00:19.600

tab of the odei website and live transcription

6

00:00:19.600 --> 00:00:22.300

has been enabled. Please note that the live transcript is not

7

00:00:22.300 --> 00:00:25.300

perfect as it is an auto transcript. We invite you

8

00:00:25.300 --> 00:00:28.100

to take care of yourself as necessary during today's session as

9

00:00:28.100 --> 00:00:29.400

we will not be taking a break.

10

00:00:30.100 --> 00:00:33.300

Any feedback or issues with accessibility, please email us at

11

00:00:33.300 --> 00:00:36.700

DLS Dash ODI umn.edu and

12

00:00:36.700 --> 00:00:39.800
we asked the participants, please use the Q&A function instead

13
00:00:39.800 --> 00:00:42.400
of a chat and we'll do our best to answer your questions. But

14
00:00:42.400 --> 00:00:45.700
please understand we're working within a set window of time. So should

15
00:00:45.700 --> 00:00:48.200
we not get to your question? We will work with the presenters to get

16
00:00:48.200 --> 00:00:51.600
unanswered questions posted on the Dean's lecture series webpage.

17
00:00:52.400 --> 00:00:55.500
So I'm going to paste in the chat right now a few resources for

18
00:00:55.500 --> 00:00:55.600
you.

19
00:00:57.200 --> 00:01:00.600
You'll find links to the dean's lecture series website the slides

20
00:01:00.600 --> 00:01:03.400
to our presenter's lecture and the dean's lecture series email

21
00:01:03.400 --> 00:01:06.100
address and I will not now turn it over

22
00:01:06.100 --> 00:01:08.500
to Dr. Nunez introduce today's guest lectures.

23
00:01:09.900 --> 00:01:12.400
Good morning. Everybody. My voice

24
00:01:12.400 --> 00:01:15.100
is a bit craggy. I've successfully evaded having

25

00:01:15.100 --> 00:01:18.300

a cold for three years but not but only three years.

26

00:01:18.300 --> 00:01:21.200

So today's the day not covid not flu, but

27

00:01:21.200 --> 00:01:24.300

just sounding like Kermit the Frog. Um, I'm delighted to

28

00:01:24.300 --> 00:01:27.500

have everybody join us you are in for an

29

00:01:27.500 --> 00:01:30.000

incredible treat before we jump into it. I do want to

30

00:01:30.200 --> 00:01:35.100

say happy International Women's Health day hashtag Embrace

31

00:01:34.100 --> 00:01:37.500

gender Equity, please um

32

00:01:37.500 --> 00:01:40.700

with as we sort of move into this really

33

00:01:40.700 --> 00:01:43.100

awesome. So the presentation coming up

34

00:01:43.100 --> 00:01:46.000

with some amazing folks here. I want to

35

00:01:46.500 --> 00:01:49.500

sort of share with you sort of from a conceptual perspective you all

36

00:01:49.500 --> 00:01:52.200

know about health disparities you all know

37

00:01:52.200 --> 00:01:56.200

about sort of how we need to do better in terms of diverse communities

38

00:01:55.200 --> 00:01:57.000

you all know.

39

00:01:57.900 --> 00:02:00.400

That we have to improve our Workforce to have

40

00:02:00.400 --> 00:02:03.700

sort of more diversion voices. You could look at crafts.

41

00:02:03.700 --> 00:02:06.400

You could look at data you could read

42

00:02:06.400 --> 00:02:09.400

articles and you get that but you don't

43

00:02:09.400 --> 00:02:10.500

feel it.

44

00:02:11.300 --> 00:02:14.000

And I think that the piece here in terms

45

00:02:14.100 --> 00:02:17.300

of understanding is sort of not only understanding those

46

00:02:17.300 --> 00:02:21.200

graphs but really feeling it and understanding

47

00:02:20.200 --> 00:02:23.100

what you're seeing to be able

48

00:02:23.100 --> 00:02:26.500

to look at it through different lenses. So I am really really excited

49

00:02:26.500 --> 00:02:29.400

to have our presenters today. We have

50

00:02:29.400 --> 00:02:32.500

Dr. John Hallberg professor of Department of

51

00:02:32.500 --> 00:02:35.600

Family Medicine Community Health at the University of Minnesota's

52

00:02:35.600 --> 00:02:38.300

medical school. He's the creative director and founder of the medical

53

00:02:38.300 --> 00:02:41.400

school center for the art of medicine. He maintains

54

00:02:41.400 --> 00:02:44.800

a busy clinical practice at the M physician Mill

55

00:02:44.800 --> 00:02:47.600

City Clinic and award-winning light and art-filled space.

56

00:02:47.600 --> 00:02:48.300

He helped design.

57

00:02:49.100 --> 00:02:52.900

Adjoining him. We have saganesh salamand who

58

00:02:52.900 --> 00:02:55.500

is pronounced. She her wife mother

59

00:02:55.500 --> 00:02:58.600

of three amazing girls who practices internal

60

00:02:58.600 --> 00:03:01.300

medicine at Saint Paul with a focus on Refugee and

61

00:03:01.300 --> 00:03:04.900

immigrant populations as well as Urban underserved and community-based

62

00:03:04.900 --> 00:03:07.400

advocacy storytelling and narrative medicine

63

00:03:07.400 --> 00:03:10.600
has been part of her medical Journey for years and

64
00:03:10.600 --> 00:03:13.300
she's been invited to share her written work at the University of

65
00:03:13.300 --> 00:03:16.300
Minnesota's medical school white Coach ceremony and Regional medical

66
00:03:16.300 --> 00:03:19.600
conferences and has participated in several local and National

67
00:03:19.600 --> 00:03:22.300
storytelling events and joining our

68
00:03:22.300 --> 00:03:25.900
team as sort of the third member is Dr. Anthony Williams a

69
00:03:25.900 --> 00:03:28.600
midpetes hospitalist and Health Partners who splits

70
00:03:28.600 --> 00:03:30.600
his time between regions and children's, Minnesota.

71
00:03:31.400 --> 00:03:34.300
His associate director of cfam. He's also

72
00:03:34.300 --> 00:03:37.200
the associate program director of The medpedes Residency program

73
00:03:37.200 --> 00:03:40.300
at the University of Minnesota. He's passionate about creative writing

74
00:03:40.300 --> 00:03:44.700
and the power of narrative expression to cultivate resilience.

75
00:03:43.700 --> 00:03:46.300
So, I turn it over to

76

00:03:46.300 --> 00:03:49.100

our three wonderful presenters to take it

77

00:03:49.100 --> 00:03:49.600

away. Thanks.

78

00:03:51.700 --> 00:03:54.400

Thank you so much. What a privilege and

79

00:03:54.400 --> 00:03:57.900

honor it is to be with you today and we'll start

80

00:03:57.900 --> 00:04:00.300

with the first slide in just a moment just to kind of be a

81

00:04:00.300 --> 00:04:03.200

stage that are in as we're waiting for that to appear. I just want to say that

82

00:04:03.200 --> 00:04:08.700

the work that we've done the production that

83

00:04:08.700 --> 00:04:11.700

we were able to make happen is truly one of the things

84

00:04:11.700 --> 00:04:14.700

that most proud of in my personal and professional

85

00:04:14.700 --> 00:04:17.500

life. And what we're gonna do is this is this

86

00:04:17.500 --> 00:04:21.200

our talk has a very strong theme about story. So

87

00:04:20.200 --> 00:04:23.400

I'm going to begin by telling you a story

88

00:04:23.400 --> 00:04:27.000

for the first 12 to 15 minutes or so mostly through

89

00:04:26.600 --> 00:04:29.700

through images and I'll be adding some commentary

90

00:04:29.700 --> 00:04:32.200

to it. So, of course our title the presentation is

91

00:04:32.200 --> 00:04:36.100

speaking of race creating meaning through media and

92

00:04:35.100 --> 00:04:38.400

the scene that you see before you is our

93

00:04:38.400 --> 00:04:42.300

very own Dr. Anthony Williams with the clapboard help

94

00:04:41.300 --> 00:04:44.700

sink the sound this is the TPT Studio

95

00:04:44.700 --> 00:04:47.500

the person that you see who's back is

96

00:04:47.500 --> 00:04:51.400

to us is Brittany shrimpton our absolutely amazing producer.

97

00:04:51.800 --> 00:04:54.400

Multi-emu award-winning producer and

98

00:04:54.400 --> 00:04:57.600

then that's after Dave Olson who is a probably the

99

00:04:57.600 --> 00:05:00.200

most active Sports Medicine Doc in the Twin

100

00:05:00.200 --> 00:05:03.800

Cities working with the Vikings that Gophers in the Minnesota Twins, and

101

00:05:03.800 --> 00:05:06.400

we had a montage that we were creating during this scene.

102

00:05:06.400 --> 00:05:07.800

So if I go to the next slide

103

00:05:08.500 --> 00:05:11.100

So the Story begins where I'm talking

104

00:05:11.100 --> 00:05:14.500

to you from right now, I'm in I'm in the Mill City Clinic right now to

105

00:05:14.500 --> 00:05:17.300

my back and over to this side is the Guthrie Theater,

106

00:05:17.300 --> 00:05:20.300

which you see in that that photo there gold medal

107

00:05:20.300 --> 00:05:23.600

Park and a warmer time of year as across the street the clinic

108

00:05:23.600 --> 00:05:26.500

open in 2008 and I have

109

00:05:26.500 --> 00:05:29.500

to think that being in the presence of the Guthrie Theater

110

00:05:29.500 --> 00:05:32.300

and the architectural metaphor. There is a

111

00:05:32.300 --> 00:05:35.400

factory of ideas and I think that

112

00:05:35.400 --> 00:05:39.500

that factory I've ideas, you know kind of permeates the

113

00:05:39.500 --> 00:05:42.500

neighborhood certainly permeates my my professional life

114

00:05:42.500 --> 00:05:45.700
and my career and so I'm talking

115
00:05:45.700 --> 00:05:48.800
to you from that building that has a little bit of red there. Let's

116
00:05:48.800 --> 00:05:52.200
go to the next slide and one year

117
00:05:51.200 --> 00:05:55.000
after we open the clinic to celebrate our

118
00:05:54.600 --> 00:05:57.300
accomplishment. We are about twice as busy as

119
00:05:57.300 --> 00:06:00.500
anyone thought that we would be made a bunch of empty space

120
00:06:00.500 --> 00:06:03.100
that hadn't been built out yet. And I had

121
00:06:03.100 --> 00:06:06.500
this crazy idea of creating a show.

122
00:06:06.500 --> 00:06:08.000
I wasn't even sure what it was.

123
00:06:08.400 --> 00:06:11.800
So I kind of threw some things together next slide, please. And

124
00:06:11.800 --> 00:06:14.700
in fact, I was inspired by a book and

125
00:06:14.700 --> 00:06:17.900
it was sort of a concept. It was called Socrates Caf^v©

126
00:06:17.900 --> 00:06:21.100
and the idea was to talk about philosophical issues.

127

00:06:22.500 --> 00:06:25.300

In coffee shops using the Socratic method of kind

128

00:06:25.300 --> 00:06:28.300

of having big ethical meaty conversations, but

129

00:06:28.300 --> 00:06:31.300

the minute I saw Socrates Cafe my head went

130

00:06:31.300 --> 00:06:35.000

to hypocrisy's Cafe and so created this

131

00:06:34.300 --> 00:06:37.500

concept again wasn't quite sure what it was. I had

132

00:06:37.500 --> 00:06:40.600

the name before I had a concept and what

133

00:06:40.600 --> 00:06:43.300

we decided to do is to say, okay. What if

134

00:06:43.300 --> 00:06:47.000

we anything over the next slide bring together actors

135

00:06:46.200 --> 00:06:49.900

in musicians and I would act as a host and

136

00:06:49.900 --> 00:06:52.100

the opening line every time I when I have

137

00:06:52.100 --> 00:06:55.500

a show I would say, you know, welcome to properties Cafe

138

00:06:55.500 --> 00:06:58.600

where we place health care and context through story

139

00:06:58.600 --> 00:07:01.400

and song so I would generally have two actors

140

00:07:01.400 --> 00:07:04.400

two musicians and I acting as host

141

00:07:04.400 --> 00:07:08.300

with a theme with some kind of a cancer could

142

00:07:07.300 --> 00:07:10.600

be kind of a certain kind of cancer. I did

143

00:07:10.600 --> 00:07:14.200

a show at Texas Children's about Pediatric Urology.

144

00:07:13.200 --> 00:07:16.600

So whatever topic was given to

145

00:07:16.600 --> 00:07:19.200

me, I could create a show using poetry and

146

00:07:19.200 --> 00:07:21.700

Essay and music and reflection.

147

00:07:22.400 --> 00:07:26.100

Story to bring that to Life Next slide, please. So

148

00:07:25.100 --> 00:07:28.600

this is an example of a program. It looks

149

00:07:28.600 --> 00:07:31.700

intentionally like a tasting menu so you

150

00:07:31.700 --> 00:07:34.200

can see like this one. We did at Stanford back in

151

00:07:34.200 --> 00:07:37.700

April 2018. It was to celebrate the 200th anniversary

152

00:07:37.700 --> 00:07:40.900

of the publication of Mary Shelley's Frankenstein. And

153

00:07:40.900 --> 00:07:43.200

so I had two musicians Dan Newton Robert

154

00:07:43.200 --> 00:07:46.500

Bell we opened with music I do an introduction

155

00:07:46.500 --> 00:07:49.600

and then I introduce an actor every piece is

156

00:07:49.600 --> 00:07:53.100

followed by music. I think it was a little bit of like a, you know,

157

00:07:53.100 --> 00:07:56.400

sorbet between the courses to kind of cleanse the palette or let

158

00:07:56.400 --> 00:07:59.400

the words to wash over and be absorbed by the audience members.

159

00:07:59.400 --> 00:08:02.500

I introduce the next piece. The next piece is read followed

160

00:08:02.500 --> 00:08:06.400

by music and so it goes so there's kind of this leapfrogging repeating

161

00:08:05.400 --> 00:08:08.200

pattern generally each show would have

162

00:08:08.200 --> 00:08:11.500

approximately 10 11 pieces in

163

00:08:11.500 --> 00:08:14.700

it and it lasts about an hour an hour was our goal for

164

00:08:14.700 --> 00:08:17.800

the show next slide, please it's very

165

00:08:17.800 --> 00:08:20.500
simple concept, you know all we need or music

166
00:08:20.500 --> 00:08:21.900
stands and some chairs and

167
00:08:21.900 --> 00:08:24.100
And if it's a larger space microphones, but even

168
00:08:24.100 --> 00:08:27.300
that wasn't always necessary if it was a small group. This

169
00:08:27.300 --> 00:08:30.400
is a McNamara Mark Nelson incidentally on

170
00:08:30.400 --> 00:08:33.600
the left. They're standing is a Juilliard trained

171
00:08:33.600 --> 00:08:36.100
Guthrie actor who at age 40 decided to

172
00:08:36.100 --> 00:08:39.100
go to medical school. He did Metro path that Broadway

173
00:08:39.100 --> 00:08:42.500
Family Medicine did his residency there and he now sits

174
00:08:42.500 --> 00:08:45.300
next to me every day at the Mill City Clinic as my

175
00:08:45.300 --> 00:08:48.400
colleague Shawn judge a great Side Story there too. Her

176
00:08:48.400 --> 00:08:51.400
daughter sin√© is a first-year medical student

177
00:08:51.400 --> 00:08:54.400
at the University of Minnesota. She was a dance major, Connecticut College and

178

00:08:54.400 --> 00:08:57.100

decided medical school. And then that's team Michael Rambo one of the

179

00:08:57.100 --> 00:09:00.900

most well known actors and singers in town doing

180

00:09:00.900 --> 00:09:03.600

a show again at McNamara next

181

00:09:03.600 --> 00:09:04.000

slide, please.

182

00:09:05.600 --> 00:09:08.400

Um, so, you know one of the you know, great things

183

00:09:08.400 --> 00:09:11.900

about the show is that it was Nimble small very portable

184

00:09:11.900 --> 00:09:15.100

my very last show that I did live show

185

00:09:14.100 --> 00:09:17.600

was on Friday the 13th to March

186

00:09:17.600 --> 00:09:20.300

of 2020 and was for the

187

00:09:20.300 --> 00:09:23.200

rothenberger leadership academy and then as the words

188

00:09:23.200 --> 00:09:26.500

say for the next slide, we all know what happened. In fact

189

00:09:26.500 --> 00:09:29.100

was that Monday that everything shut down this is

190

00:09:29.100 --> 00:09:32.400

from an amazing photo essay that the New York Times put together of

191

00:09:32.400 --> 00:09:35.400

pieces from a photos from around the world. This is in Italy

192

00:09:35.400 --> 00:09:37.800

when we're hearing all of those cases happening there.

193

00:09:38.800 --> 00:09:41.900

And then of course, we can't think about early 2020 without

194

00:09:41.900 --> 00:09:44.900

thinking about the next slide which is the murder

195

00:09:44.900 --> 00:09:47.300

of George Floyd and the ensuing social

196

00:09:47.300 --> 00:09:50.400

unrest that that resulted and I think that will

197

00:09:50.400 --> 00:09:53.400

always think of those two things the epidemic the

198

00:09:53.400 --> 00:09:56.400

viral epidemic and then the epidemic of racism that became

199

00:09:56.400 --> 00:09:59.000

so apparent that was you know that we were

200

00:09:59.300 --> 00:10:02.900

confronting at the time thanks slide, please. So with that as context

201

00:10:02.900 --> 00:10:06.000

kind of hard to imagine, but there had

202

00:10:05.500 --> 00:10:08.600

been plans to create something that we

203

00:10:08.600 --> 00:10:12.100

ultimately called the center for the art of medicine in 2020.

204

00:10:11.100 --> 00:10:14.500

It started in late 2019 rolled into

205

00:10:14.500 --> 00:10:17.700

early 2020. We somehow hold this

206

00:10:17.700 --> 00:10:20.400

off and sort of made this Center happen at this

207

00:10:20.400 --> 00:10:23.100

time. And so with that in mind

208

00:10:23.100 --> 00:10:24.200

next slide, please.

209

00:10:26.300 --> 00:10:29.200

We pulled together amazing people and I

210

00:10:29.200 --> 00:10:32.400

had heard Ben trapeze in the middle there and

211

00:10:32.400 --> 00:10:35.800

Barron Olsen to his side when they led

212

00:10:35.800 --> 00:10:39.100

a story slam event at blackstack Brewery and

213

00:10:38.100 --> 00:10:41.800

was blown away by the storytelling Blown

214

00:10:41.800 --> 00:10:44.400

Away by the 300 some people that were

215

00:10:44.400 --> 00:10:48.400

in attendance to hear their friends and colleagues and residents give this

216

00:10:47.400 --> 00:10:50.000
amazing, you know,

217
00:10:50.900 --> 00:10:53.000
heartfelt stories and talks and new right then and there

218
00:10:53.700 --> 00:10:56.200
they need to be part of this effort. And then when I said,

219
00:10:56.200 --> 00:10:59.800
okay so who kind of among the storytelling Community has

220
00:10:59.800 --> 00:11:02.500
given a really great talk recently that we should probably invite

221
00:11:02.500 --> 00:11:05.800
to the table as well. And Anthony Williams was their

222
00:11:05.800 --> 00:11:08.500
immediate response and then Jenny Magner

223
00:11:08.500 --> 00:11:11.900
to decide there's our Center coordinator. So this is kind of the quintet

224
00:11:11.900 --> 00:11:14.300
that we started with soon became

225
00:11:14.300 --> 00:11:18.100
a sex tat when we added sagana to our group

226
00:11:17.100 --> 00:11:21.800
as well next slide, please so and

227
00:11:21.800 --> 00:11:24.700
we early on I think because of that influence seeing

228
00:11:24.700 --> 00:11:25.700
the power of story.

229

00:11:26.200 --> 00:11:30.600

That context with these residents and fellows new immediately

230

00:11:29.600 --> 00:11:32.500

that storytelling had to

231

00:11:32.500 --> 00:11:35.200

be a real feature of the center for

232

00:11:35.200 --> 00:11:38.200

the art of medicine. They could also be a differentiator for

233

00:11:38.200 --> 00:11:41.300

us as a new center nationally and internationally if

234

00:11:41.300 --> 00:11:44.400

this is really kind of our focus and we'll talk about more of

235

00:11:44.400 --> 00:11:47.800

this when I when I engage both Vector Williams, and that's

236

00:11:47.800 --> 00:11:50.200

the mama in a conversation a couple minutes.

237

00:11:50.200 --> 00:11:51.400

So next line, please.

238

00:11:52.800 --> 00:11:55.600

So Dean Tolar wanted us

239

00:11:55.600 --> 00:11:58.500

to do something the summer of 2020 to try and Bully

240

00:11:58.500 --> 00:12:01.500

this spirits of Frontline people like Anthony Williams

241

00:12:01.500 --> 00:12:04.400

who's you know, taking care of people with covid in the hospital

242

00:12:04.400 --> 00:12:07.700

and Dr. Ben trapez and Morrow something

243

00:12:07.700 --> 00:12:10.100

that matter too. And so I had

244

00:12:10.100 --> 00:12:13.200

this crazy crazy. I did even planted this

245

00:12:13.200 --> 00:12:16.300

the idea of implanted sort of pre-pandemic ideas like gosh

246

00:12:16.300 --> 00:12:19.600

wouldn't it be great. If you could take one of your shows where your Concepts

247

00:12:19.600 --> 00:12:22.200

and televised like have a go to

248

00:12:22.200 --> 00:12:25.400

TT put it in the studio film it and you

249

00:12:25.400 --> 00:12:28.800

know, keep pretty simple and just put it out there. Well in 2020

250

00:12:28.800 --> 00:12:31.500

we couldn't do anything like that. We couldn't they couldn't

251

00:12:31.500 --> 00:12:34.400

bring a crew TPT was closed. I talk

252

00:12:34.400 --> 00:12:37.200

to my college classmates Sylvia Stobel who

253

00:12:37.200 --> 00:12:40.600

is the president and CEO TPT. She in

254

00:12:40.600 --> 00:12:43.200

turn put me in touch with another person that person put a

255

00:12:43.200 --> 00:12:46.100

team together next thing. You know, we said, well, let's take

256

00:12:46.100 --> 00:12:49.900

your concept, but we'll do it in a different kind of way and within

257

00:12:49.900 --> 00:12:52.100

I mean I must in a record in terms

258

00:12:52.100 --> 00:12:52.300

of how

259

00:12:52.800 --> 00:12:55.300

Pulled this off, but it like two months and start

260

00:12:55.300 --> 00:12:58.600

to finish. We had basically put together a show and it was called epoxy's Cafe

261

00:12:58.600 --> 00:13:01.800

Reflections on the pandemic next show,

262

00:13:01.800 --> 00:13:01.900

please.

263

00:13:02.800 --> 00:13:03.500

next line

264

00:13:04.900 --> 00:13:07.700

so as you can tell from this this just this

265

00:13:07.700 --> 00:13:07.800

picture.

266

00:13:08.700 --> 00:13:09.900

the amount of

267

00:13:10.900 --> 00:13:13.100
the number of Stories the number of

268
00:13:13.100 --> 00:13:16.700
people the diversity that we could represent was just

269
00:13:16.700 --> 00:13:19.200
mind-blowing to me because you know

270
00:13:19.200 --> 00:13:22.400
at most my live shows could have five or six

271
00:13:22.400 --> 00:13:25.200
people part of that was budgetary constraints part of that was just

272
00:13:25.200 --> 00:13:28.100
nimbleness of movement that's sort of doing the whole

273
00:13:28.100 --> 00:13:31.000
thing myself. I was making sure everyone got paid. I was kind of

274
00:13:31.300 --> 00:13:34.400
the you know, Finance person and the operations person and

275
00:13:34.400 --> 00:13:37.300
the budgeting and you know, creating the

276
00:13:37.300 --> 00:13:40.400
shows and so multiple ways knowing

277
00:13:40.400 --> 00:13:43.100
that there's a team that you can actually work with a team to make

278
00:13:43.100 --> 00:13:46.100
some like art happen in this beautiful powerful way

279
00:13:46.100 --> 00:13:49.300
and what this you know, just looking around the board

280

00:13:49.300 --> 00:13:52.600

here. You can see Dr. Williams there to the side, you know, the number

281

00:13:52.600 --> 00:13:55.600

of people getting the show is just revelatory and

282

00:13:55.600 --> 00:13:58.700

we came up a couple of techniques as well where we used photographs

283

00:13:58.700 --> 00:14:01.200

while music was playing and you could

284

00:14:01.200 --> 00:14:04.300

further amplify how many people how you know,

285

00:14:04.300 --> 00:14:07.600

the diversity of voices diversity people could be seen in

286

00:14:07.600 --> 00:14:10.200

a show and in this one in particular because of

287

00:14:10.900 --> 00:14:13.500

Asian hate that was coming out with covid, you

288

00:14:13.500 --> 00:14:16.400

know having a poet of Asian background talk about

289

00:14:16.400 --> 00:14:19.200

all of the ways that the derogatory ways that

290

00:14:19.200 --> 00:14:22.400

Asians were being talked about GAO Hong played. The pipa is

291

00:14:22.400 --> 00:14:25.200

some of the very first, you know pieces in the show to kind

292

00:14:25.200 --> 00:14:28.000

of as an honor honoring what had happened, you know

293

00:14:28.300 --> 00:14:31.100

at the start of the pandemic in China. So it was just it was just

294

00:14:31.100 --> 00:14:34.500

absolutely revelatory next page next slide,

295

00:14:34.500 --> 00:14:37.800

right? So we're stunned that

296

00:14:37.800 --> 00:14:40.700

very quickly American public television

297

00:14:40.700 --> 00:14:43.300

agreed to pick up the show

298

00:14:43.300 --> 00:14:46.100

for National Distribution next line.

299

00:14:47.200 --> 00:14:50.600

And we learned that after a year or so

300

00:14:50.600 --> 00:14:53.900

of that the 25 States. I like to say from California to

301

00:14:53.900 --> 00:14:57.200

Maine from Alaska to Florida broadcast the

302

00:14:56.200 --> 00:14:59.200

show it was in some major

303

00:14:59.200 --> 00:15:03.400

markets including San Francisco, which is kind of a real Plum public

304

00:15:02.400 --> 00:15:05.300

television market have it in so

305

00:15:05.300 --> 00:15:09.100

kind of astonished by the reach of a show like this next slide.

306

00:15:10.800 --> 00:15:14.000

And in October 2021,

307

00:15:13.400 --> 00:15:16.500

we won a regional Emmy and it doesn't

308

00:15:16.500 --> 00:15:19.200

say that on the box there to the left, but I have to assure everyone

309

00:15:19.200 --> 00:15:22.000

to say Regional Emmy and you know,

310

00:15:22.600 --> 00:15:25.500

that's that's a diminish it but this is a dream come

311

00:15:25.500 --> 00:15:28.200

true that I didn't know that I had so it

312

00:15:28.200 --> 00:15:32.200

was such an amazing revelatory thing and the the amazing

313

00:15:31.200 --> 00:15:34.500

theme of this winning in a war is it

314

00:15:34.500 --> 00:15:38.000

suddenly and idea that's not a crazy concept has

315

00:15:37.700 --> 00:15:40.500

relevance and and you know,

316

00:15:40.500 --> 00:15:43.300

everyone realize this is sort of sits up and takes notes inside. Well,

317

00:15:43.300 --> 00:15:46.200

you've got you're onto something there's something there that we

318

00:15:46.200 --> 00:15:48.700
need to pursue so next slide, please.

319
00:15:49.500 --> 00:15:52.300
So with that TPT said look,

320
00:15:52.300 --> 00:15:55.100
this has been very successful. Why don't we

321
00:15:55.100 --> 00:15:59.400
kind of green light a series of three shows and

322
00:15:58.400 --> 00:16:02.400
we think that the three topics

323
00:16:01.400 --> 00:16:04.800
that we need to address would be

324
00:16:04.800 --> 00:16:07.900
race aging and disability

325
00:16:07.900 --> 00:16:11.000
and in some order although frankly. It

326
00:16:10.100 --> 00:16:13.300
became very clear that the very next show we

327
00:16:13.300 --> 00:16:16.400
needed to work on because of the time that we're in was on Race

328
00:16:16.400 --> 00:16:17.600
we can go to the next line.

329
00:16:18.500 --> 00:16:21.700
So as we started to think about that, we pulled together, you know,

330
00:16:21.700 --> 00:16:24.200
and of course it's coming out of this. This is of course the

331
00:16:24.200 --> 00:16:27.500
rally that we had at the state capitol white coats for

332
00:16:27.500 --> 00:16:30.900
black lives. And you know, it's kind of this meal

333
00:16:30.900 --> 00:16:33.700
you from which this was born next line.

334
00:16:35.900 --> 00:16:38.700
So in the fall of

335
00:16:38.700 --> 00:16:41.600
2021 sorry, November

336
00:16:41.600 --> 00:16:45.000
and December we started to put together our show this time

337
00:16:44.400 --> 00:16:47.800
as opposed of like me and Brittany putting

338
00:16:47.800 --> 00:16:50.300
a show together with a small team. We knew

339
00:16:50.300 --> 00:16:53.500
we needed to have a curatorial tea. So

340
00:16:53.500 --> 00:16:56.300
we brought together all the people you saw on that side

341
00:16:56.300 --> 00:16:59.800
of the seafam leadership and then saganis was

342
00:16:59.800 --> 00:17:02.500
a very quick ad we knew that for all

343
00:17:02.500 --> 00:17:06.200
kinds of reasons that she needed to be part of our conversation and

344

00:17:05.200 --> 00:17:09.400

it was also very clear next slide, please. That's

345

00:17:08.400 --> 00:17:11.300

the Ganesh had this amazing ability and

346

00:17:11.300 --> 00:17:14.200

she served as the co-host with me for this show.

347

00:17:14.200 --> 00:17:17.500

It's just a screen grab we shot this at the southern

348

00:17:17.500 --> 00:17:20.300

theater. Not too far from the campus on

349

00:17:20.300 --> 00:17:24.700

the West Bank next slide, please Dr. Oh

350

00:17:24.700 --> 00:17:28.300

and this this is so so gone. It's not only served as curatorial

351

00:17:27.300 --> 00:17:30.700

member and co-host but

352

00:17:30.700 --> 00:17:35.000

she is self had a story that was astonishingly turned

353

00:17:33.000 --> 00:17:35.200

into

354

00:17:35.900 --> 00:17:39.100

like a graphic novel Comics thing with

355

00:17:39.100 --> 00:17:43.400

with video piece with a colleague from

356

00:17:43.400 --> 00:17:46.200

Health Partners. It was just an amazing artist and this

357

00:17:46.200 --> 00:17:48.900

is just a fantastic piece next slide.

358

00:17:49.800 --> 00:17:52.300

And then our own Dr. Anthony Williams back for

359

00:17:52.300 --> 00:17:55.300

his second show in a row so curatorial member

360

00:17:55.300 --> 00:17:58.000

but also telling his story with a little

361

00:17:58.600 --> 00:18:02.200

Cameo from his wife as a very Cooperative patient in it.

362

00:18:02.200 --> 00:18:05.200

I can't see hurt the lower aspect of the screen,

363

00:18:05.200 --> 00:18:09.400

but you it's her in the storytelling and

364

00:18:08.400 --> 00:18:10.200

then the next slide.

365

00:18:11.100 --> 00:18:15.600

We also got a creature rawani who had

366

00:18:14.600 --> 00:18:17.400

a very powerful story. She

367

00:18:17.400 --> 00:18:20.100

was also never a curatorial team and this is

368

00:18:20.100 --> 00:18:23.700

a we shot this at Broadway family medicine and background there and then

369

00:18:23.700 --> 00:18:25.100
one more slime, please.

370

00:18:26.200 --> 00:18:29.500

And we also got Dr. Nunez to be in the show and we were able to through our

371

00:18:29.500 --> 00:18:32.800

kind of Montage work. I think we had over 30

372

00:18:32.800 --> 00:18:35.600

bypass colleagues in this

373

00:18:35.600 --> 00:18:38.700

show and it was just so heartwarming to

374

00:18:38.700 --> 00:18:41.700

see so many of my mentors my

375

00:18:41.700 --> 00:18:45.800

colleagues former students friends in

376

00:18:44.800 --> 00:18:47.500

this and I think that that to say

377

00:18:47.500 --> 00:18:50.900

that this show was infused with a sense of love is

378

00:18:50.900 --> 00:18:54.000

not an exaggeration. I think it was really really a

379

00:18:53.200 --> 00:18:56.700

labor of love for all of us to be involved with this next

380

00:18:56.700 --> 00:18:57.200

slide, please

381

00:18:58.700 --> 00:19:01.200

So here's how the official kind of fire that went

382

00:19:01.200 --> 00:19:04.100

out. We kind of stuck with that sort of teal green which is kind of

383

00:19:04.100 --> 00:19:07.600

coming out of the mask and kind of the medical, you know colors that

384

00:19:07.600 --> 00:19:10.200

we see in scrub sometimes so four of the

385

00:19:10.200 --> 00:19:13.400

folks that are on this call on this lecture are on

386

00:19:13.400 --> 00:19:16.200

that who Farm former student that

387

00:19:16.200 --> 00:19:19.200

I've known who's over a cook clinic is off to the

388

00:19:19.200 --> 00:19:22.100

right there. And then Mary Owens from Duluth is on the

389

00:19:22.100 --> 00:19:25.800

left there the show aired last

390

00:19:25.800 --> 00:19:28.700

April, so it's been out now for about

391

00:19:28.700 --> 00:19:29.900

a year next slide, please.

392

00:19:32.500 --> 00:19:35.500

So just to give you a little sense of the impact of

393

00:19:35.500 --> 00:19:38.600

this and this is kind of like the ability to take story to

394

00:19:38.600 --> 00:19:41.700

take people's stories to put them together to use

395

00:19:41.700 --> 00:19:44.200

media, you know, and they come in a

396

00:19:44.200 --> 00:19:47.300

multi-platform approach. Of course, this is broadcast, but it's

397

00:19:47.300 --> 00:19:50.400

also got you know, it's available online. There are many

398

00:19:50.400 --> 00:19:54.200

many ways when you get to this and we just had information two days

399

00:19:54.200 --> 00:19:58.600

ago about the impact. So from April 2022 to

400

00:19:57.600 --> 00:20:00.700

this March like literally as

401

00:20:00.700 --> 00:20:04.400

of just days ago, we learned that there have

402

00:20:04.400 --> 00:20:07.500

been so it's been thinking for National Distribution there have

403

00:20:07.500 --> 00:20:11.700

been 1,675 airings on 270

404

00:20:10.700 --> 00:20:14.500

channels around the country representing

405

00:20:13.500 --> 00:20:16.900

133 Nielsen

406

00:20:16.900 --> 00:20:20.000

markets and 43 States.

407

00:20:19.400 --> 00:20:22.400

So we've done 25 states with the

408

00:20:22.400 --> 00:20:27.400

first show to 43 states with this one the stations

409

00:20:25.400 --> 00:20:28.300

that aired on

410

00:20:28.300 --> 00:20:32.000

reach 83% of all us households and

411

00:20:32.500 --> 00:20:35.800

96% in the top 25 TV markets.

412

00:20:35.800 --> 00:20:39.100

So this was picked up by all of the major TV markets

413

00:20:38.100 --> 00:20:41.700

in the country, which is really something and

414

00:20:41.700 --> 00:20:44.200

in addition to that TPT has created

415

00:20:44.200 --> 00:20:48.300

educational content that especially High School teachers can

416

00:20:48.300 --> 00:20:51.500

use and to date they've been 75 teachers that

417

00:20:51.500 --> 00:20:54.500

have used this in their classrooms and the

418

00:20:54.500 --> 00:20:57.800

states in which this has happened has been Minnesota, New York,

419

00:20:57.800 --> 00:21:01.000

Pennsylvania, Florida, Texas and

420

00:21:00.400 --> 00:21:03.700
New Mexico. So it's really had some

421
00:21:03.700 --> 00:21:06.700
and we know too that some of our colleagues and residency

422
00:21:06.700 --> 00:21:09.600
programs are using vignettes from the program. It's designed

423
00:21:09.600 --> 00:21:12.800
to be portions of it can be used for educational purposes.

424
00:21:12.800 --> 00:21:15.600
So it's really had some great impact that

425
00:21:15.600 --> 00:21:18.400
way so we can go to the next line, please.

426
00:21:19.900 --> 00:21:22.800
Some very happy to report that this also won

427
00:21:22.800 --> 00:21:25.900
a regional enemy this past October and saganesh did

428
00:21:25.900 --> 00:21:28.600
not waste a second in and

429
00:21:28.600 --> 00:21:31.200
being the representative from our tables who go

430
00:21:31.200 --> 00:21:35.000
up and receive it on a behalf, which is truly one

431
00:21:34.100 --> 00:21:37.500
of the Great Moments. I don't know if I've yelled or cheered or

432
00:21:37.500 --> 00:21:40.200
we collectively of the older cheered that loud and quite some time.

433

00:21:40.200 --> 00:21:43.700

This is way more fun than a sporting event and probably

434

00:21:43.700 --> 00:21:46.000

just as competitive at least how that that's right how

435

00:21:46.200 --> 00:21:49.300

we felt it was and this next slide shows Anthony and

436

00:21:49.300 --> 00:21:52.000

this is just one of my favorite photos. There was this

437

00:21:52.200 --> 00:21:55.900

little device that would go around in a 360 way to do

438

00:21:55.900 --> 00:21:58.200

a video and just you can see the joint Anthony's face.

439

00:21:58.200 --> 00:22:01.300

So to hold that any is is really something.

440

00:22:01.300 --> 00:22:03.400

So if we go to the next slide, please

441

00:22:04.400 --> 00:22:07.500

So at this point we're gonna have a conversation and I'm

442

00:22:07.500 --> 00:22:10.100

gonna have Dr. Williams and Dr.

443

00:22:10.100 --> 00:22:13.300

Salama join me and we can take down the

444

00:22:13.300 --> 00:22:16.800

slide and just have our faces up there. So I'm

445

00:22:16.800 --> 00:22:19.500

gonna start directing this question

446

00:22:19.500 --> 00:22:22.100
to Dr. Salama and I think that

447

00:22:22.100 --> 00:22:25.300
if we kind of two questions in one and second honest, let's

448

00:22:25.300 --> 00:22:28.300
start with you and then Anthony if you come in on the other side

449

00:22:28.300 --> 00:22:31.200
of that but I think it's really important. We're gonna come

450

00:22:31.200 --> 00:22:34.100
back to the power of story and why story is so important

451

00:22:34.100 --> 00:22:37.400
but let's start with like this in the show that we created together.

452

00:22:37.400 --> 00:22:40.300
We co-created, you know,

453

00:22:40.300 --> 00:22:43.200
this is a really fundamental question like who is our

454

00:22:43.200 --> 00:22:46.400
audience like, who do we intend this show to be seen by

455

00:22:46.400 --> 00:22:49.200
who did we want to see it and and maybe

456

00:22:49.200 --> 00:22:52.000
kind of like same part of that questions. Like what are we

457

00:22:52.100 --> 00:22:55.300
trying to say, you know, and I'll just simply start by saying that

458

00:22:55.300 --> 00:22:58.400

Britney shrimpton are producer. TPT said look if you're

459

00:22:58.400 --> 00:23:01.200

doing if we're giving this this task of creating a show about

460

00:23:01.200 --> 00:23:04.000

race if it's race of the capital arm or trying to cover

461

00:23:04.500 --> 00:23:07.100

In 56 minutes, it's gonna be

462

00:23:07.100 --> 00:23:10.300

kind of show about nothing. I mean, it's just you've got to be specific. So we

463

00:23:10.300 --> 00:23:13.900

had to pick a focus but with that in mind Sigma, how

464

00:23:13.900 --> 00:23:16.500

would you respond to that something? Who is the intended audience? What were

465

00:23:16.500 --> 00:23:17.000

you trying to say?

466

00:23:18.800 --> 00:23:22.400

I think this is essential question for

467

00:23:22.400 --> 00:23:25.800

when we made this show. I always say that this was FUBU.

468

00:23:25.800 --> 00:23:28.800

This was for us and by us so much

469

00:23:28.800 --> 00:23:32.000

of the time in medicine a lot of Bypass or

470

00:23:31.600 --> 00:23:34.700

historically marginalized groups function in

471

00:23:34.700 --> 00:23:37.500
spaces that are not made for them. There's a lot of places

472
00:23:37.500 --> 00:23:40.200
where we are not welcomed or it's

473
00:23:40.200 --> 00:23:43.700
not created for us. And so we wanted to de-center the

474
00:23:43.700 --> 00:23:47.000
dominant culture. I'll say like we wanted to de-center whiteness

475
00:23:46.600 --> 00:23:50.400
and what that means is if you think about what

476
00:23:49.400 --> 00:23:52.500
you imagine doctors to be or doctors

477
00:23:52.500 --> 00:23:55.100
in the pandemic the image that comes into your

478
00:23:55.100 --> 00:23:58.700
mind is not me. It's not Anthony it is usually somebody else

479
00:23:58.700 --> 00:24:01.600
and that says a lot about how we tell

480
00:24:01.600 --> 00:24:05.000
ourselves a story of what doctors look like or what

481
00:24:04.600 --> 00:24:07.200
doctors. You know, how we

482
00:24:07.200 --> 00:24:10.300
imagine the healing profession to be represented and the

483
00:24:10.300 --> 00:24:13.400
truth is it's not that this is amazing and then

484

00:24:13.400 --> 00:24:16.100

when you know covid happened and then we were in the

485

00:24:16.100 --> 00:24:18.500

midst of all of the things like that after

486

00:24:18.800 --> 00:24:21.200

of of George Floyd's murder

487

00:24:22.400 --> 00:24:25.100

All of a sudden we were we were we were

488

00:24:25.100 --> 00:24:28.300

given this extra work or this extra burden for us to carry now,

489

00:24:28.300 --> 00:24:31.200

which we had been carrying this whole time. Just all of

490

00:24:31.200 --> 00:24:34.500

a sudden there was this massive recognition and spotlighting on us and

491

00:24:34.500 --> 00:24:38.400

for me, I won't speak for everyone. But for me that was an awful

492

00:24:37.400 --> 00:24:40.100

feeling and one that I had

493

00:24:40.100 --> 00:24:43.100

to like wrestle with all of the emotions. So this show for me

494

00:24:43.100 --> 00:24:46.600

was I was really healing

495

00:24:46.600 --> 00:24:49.900

and it was for us to be able to tell each other our stories

496

00:24:49.900 --> 00:24:52.300

to be validated by each other to be seen by

497

00:24:52.300 --> 00:24:55.100

each other to say I got I know what that feeling

498

00:24:55.100 --> 00:24:59.600

is. Like I know what that experience is like and you don't have to justify it

499

00:24:59.600 --> 00:25:02.600

or prove it to me. This is a space where

500

00:25:02.600 --> 00:25:05.700

your story is believed where you're seeing

501

00:25:05.700 --> 00:25:08.500

fully in Your Capacity as a human being and

502

00:25:08.500 --> 00:25:11.300

as a provider and as a doctor and so that's what

503

00:25:11.300 --> 00:25:14.300

that's what this show ended up being. It really are

504

00:25:14.300 --> 00:25:17.700

there really are my friends. They really are the conversations that

505

00:25:17.700 --> 00:25:18.200

we have.

506

00:25:19.100 --> 00:25:22.100

So I say that because although it is

507

00:25:22.100 --> 00:25:25.800

being used and being seen by people outside of the community. It

508

00:25:25.800 --> 00:25:29.000

was really made for us. So I

509

00:25:29.100 --> 00:25:32.600

feel really really protective of it. And I think like I

510

00:25:32.600 --> 00:25:35.300

really I really like love this show because

511

00:25:35.300 --> 00:25:38.900

I want others who are like us

512

00:25:38.900 --> 00:25:41.300

to be able to see themselves in all of this.

513

00:25:44.500 --> 00:25:48.100

That's great Dr. Williams. Yeah, I

514

00:25:47.100 --> 00:25:50.800

I 100% agree with sagana

515

00:25:50.800 --> 00:25:53.300

just respective on this and just to build on

516

00:25:53.300 --> 00:25:56.800

that a little bit. There are these elements of

517

00:25:56.800 --> 00:25:59.700

you know, the the creation of

518

00:25:59.700 --> 00:26:02.500

the stories and the sharing of these stories, you

519

00:26:02.500 --> 00:26:06.000

know for us in the community by us in the community. There's

520

00:26:05.400 --> 00:26:08.300

also something else that saganesh mentioned

521

00:26:08.300 --> 00:26:11.300

which was the decentering, you

522

00:26:11.300 --> 00:26:14.800
know, the dominant narrative decentering whiteness decent ring

523
00:26:14.800 --> 00:26:17.800
or moving a side kind of the default assumptions of

524
00:26:17.800 --> 00:26:20.300
who is doing this work

525
00:26:20.300 --> 00:26:25.000
on the front lines. And I think that those Concepts

526
00:26:24.600 --> 00:26:27.400
Segway nicely with what we're trying to

527
00:26:27.400 --> 00:26:30.100
quote say with the show. So I think

528
00:26:30.100 --> 00:26:33.200
saying is as a as a

529
00:26:33.200 --> 00:26:37.000
simplistic way to represent a complex theme and that we have

530
00:26:36.400 --> 00:26:39.900
put a you know, thematic filter

531
00:26:39.900 --> 00:26:42.200
over the show in terms of saying okay, this is

532
00:26:42.200 --> 00:26:44.100
about race and

533
00:26:44.400 --> 00:26:47.400
And this is about providers experiences of

534
00:26:47.400 --> 00:26:50.200
race and medicine. But within that framework, there is

535

00:26:50.200 --> 00:26:53.800

a lot of room for interpretation by The

536

00:26:53.800 --> 00:26:56.200

Audience by anyone who's watching it and I think

537

00:26:56.200 --> 00:26:59.700

that a good show or a good story you can

538

00:26:59.700 --> 00:27:02.400

think of it as an invitation really to step into a

539

00:27:02.400 --> 00:27:05.400

perspective that is different from yours. And when

540

00:27:05.400 --> 00:27:08.500

you inhabit this perspective you start to think

541

00:27:08.500 --> 00:27:11.300

feel and perceive things differently maybe than you

542

00:27:11.300 --> 00:27:14.300

otherwise would have and so I think even though it

543

00:27:14.300 --> 00:27:17.700

comes from a place of you know for us by us. It's also when

544

00:27:17.700 --> 00:27:20.800

we when we highlight these voices and allow

545

00:27:20.800 --> 00:27:23.200

it to reach a lot of different places. It's also invitation to

546

00:27:23.200 --> 00:27:26.100

step into a different perspective. So,

547

00:27:27.600 --> 00:27:30.300

Thank you, you know and my perspective, you know,

548

00:27:30.300 --> 00:27:33.300

knowing who the PBS typical audiences, you know,

549

00:27:33.300 --> 00:27:36.400

it's mostly older mostly white and you

550

00:27:36.400 --> 00:27:39.100

know, and from my white certainly plays a

551

00:27:39.100 --> 00:27:42.500

privilege. You know, I'm thinking okay. So is my uncle quite kind

552

00:27:42.500 --> 00:27:43.300

of think of his being

553

00:27:44.300 --> 00:27:47.400

If not, overtly racist certainly subtly racist, you

554

00:27:47.400 --> 00:27:50.600

know, would he ever watch this? And in fact he did and he

555

00:27:50.600 --> 00:27:53.300

liked it and my dad, you know was 85 years old has

556

00:27:53.300 --> 00:27:56.400

watched it. I think every time it's been broadcast on TPT. He always knows when

557

00:27:56.400 --> 00:27:59.400

it's showing and he keeps sending me messages like this show is

558

00:27:59.400 --> 00:28:02.100

like better and better upon subsequent viewings and

559

00:28:02.100 --> 00:28:05.300

it's like like so for me and that's the beauty of it when I

560

00:28:05.300 --> 00:28:08.100

create hypocrisy's Cafe as a show concept people always say

561

00:28:08.100 --> 00:28:11.500

like who's it for and I'd say well I I hope

562

00:28:11.500 --> 00:28:14.400

it's for everybody, you know that it's not just for a medical audience

563

00:28:14.400 --> 00:28:17.100

or for a lay audience or for you know,

564

00:28:17.100 --> 00:28:20.100

some only people who have had that condition that I

565

00:28:20.100 --> 00:28:23.100

hope that everyone can get something from it and I think

566

00:28:23.100 --> 00:28:26.300

that you know in the world of like public radio for sure

567

00:28:26.300 --> 00:28:29.400

and probably the New York Times and certainly the immediate

568

00:28:29.400 --> 00:28:32.300

we kind of think is being well balanced. They always say thread that

569

00:28:32.300 --> 00:28:35.500

line of like if here's where you're at and you've

570

00:28:35.500 --> 00:28:38.900

got a world expert on something here, but they can listen and they

571

00:28:38.900 --> 00:28:41.400

can take something from your show or seeing it

572

00:28:41.400 --> 00:28:44.000

and then you've got some down here is nothing about the topic.

573

00:28:44.300 --> 00:28:47.300

But they can get something out of it. You really hit the sweet

574

00:28:47.300 --> 00:28:50.100

spot and I think that we accomplished that with this that you know,

575

00:28:50.100 --> 00:28:53.300

we this shows served as it's not a

576

00:28:53.300 --> 00:28:56.400

capsule but it is kind of preserved in time. I mean, this is

577

00:28:56.400 --> 00:28:59.400

a show of the time of this post-George Floyd

578

00:28:59.400 --> 00:29:02.000

world that we're inhabiting and you know, I think

579

00:29:02.300 --> 00:29:05.100

we've all felt very proud of the work we're able to

580

00:29:05.100 --> 00:29:08.700

do on this and and have it address different audiences

581

00:29:08.700 --> 00:29:11.100

and and preserve it, you know

582

00:29:11.100 --> 00:29:14.600

for for all time. I want hopes so, um,

583

00:29:14.600 --> 00:29:17.300

can I let's go back. So I want to now hit

584

00:29:17.300 --> 00:29:20.700

on story and Anthony let's start with you with this

585

00:29:20.700 --> 00:29:23.100

response. So, you know, we have a

586

00:29:23.100 --> 00:29:26.100

center for the art of medicine that name is chosen rather

587

00:29:26.100 --> 00:29:29.800

carefully many people may know that around the country many medical

588

00:29:29.800 --> 00:29:33.200

schools have sort of programs and medical Humanities many

589

00:29:32.200 --> 00:29:35.400

many times that really means

590

00:29:35.400 --> 00:29:38.100

they have a bioethics concentration. You know, that that's really

591

00:29:38.100 --> 00:29:41.900

the focus more philosophical Columbia reader

592

00:29:41.900 --> 00:29:44.000

Sharon's work and narrative medicine, you know.

593

00:29:44.300 --> 00:29:47.400

Makes it a very like a study of that but we had come

594

00:29:47.400 --> 00:29:50.600

a different approach and early on decided that story

595

00:29:50.600 --> 00:29:53.100

was going to be a big part of

596

00:29:53.100 --> 00:29:56.500

it. So Anthony, can you speak to you know, why?

597

00:29:57.700 --> 00:30:01.000

Why Story You're a doctor. Why are you spending time, you

598

00:30:00.400 --> 00:30:03.400

know telling stories and saganesh will

599

00:30:03.400 --> 00:30:06.300

come to you at the same sort of question. Like why is this important? Who cares

600

00:30:06.300 --> 00:30:09.100

and why in the world trying to

601

00:30:09.100 --> 00:30:12.300

convince us if we're Skeptics, why is there a center for the art of medicine at the

602

00:30:12.300 --> 00:30:16.100

University of Minnesota medical school? I like

603

00:30:16.100 --> 00:30:19.500

that question John. So I think there's a

604

00:30:19.500 --> 00:30:22.600

there's a few there's a few elements that I think of in

605

00:30:22.600 --> 00:30:25.900

terms of the answer of why story and why it's kind

606

00:30:25.900 --> 00:30:28.800

of so threaded in heavily into see

607

00:30:28.800 --> 00:30:31.300

Vans kind of mission and composition. The first

608

00:30:31.300 --> 00:30:34.300

is that you know, there's as you pointed out earlier, there's just a

609

00:30:34.300 --> 00:30:37.100

lot of the members of seed family the storytelling background, but that's

610

00:30:37.100 --> 00:30:38.900

like surface low hanging fruit, right?

611

00:30:40.100 --> 00:30:43.700

Think the other part gets to the depth behind what

612

00:30:43.700 --> 00:30:47.000

Dr. Nunez mentioned earlier, which is that frankly stories

613

00:30:46.300 --> 00:30:49.400

are just more powerful than data,

614

00:30:49.400 --> 00:30:52.700

right then then just the facts figure

615

00:30:52.700 --> 00:30:55.200

statistics and I think there is a place for

616

00:30:55.200 --> 00:30:58.200

facts figures and statistics But first you have

617

00:30:58.200 --> 00:31:01.200

to understand that people trust and engage with stories in a

618

00:31:01.200 --> 00:31:04.800

very different way people find stories more compelling

619

00:31:04.800 --> 00:31:07.500

more persuasive. I think stories opens

620

00:31:07.500 --> 00:31:10.300

a bridge to be able to change minds and

621

00:31:10.300 --> 00:31:13.400

change hearts in a different way than just hitting somebody

622

00:31:13.400 --> 00:31:16.300

with facts and statistics and I think this becomes doubly true when

623

00:31:16.300 --> 00:31:19.700

you talk about information that is challenging

624

00:31:19.700 --> 00:31:22.500
the dominant narrative if you're gonna challenge

625
00:31:22.500 --> 00:31:25.900
the dominant Narrative of what a doctor looks like what are

626
00:31:25.900 --> 00:31:28.400
the experiences of certain folks during the pandemic or

627
00:31:28.400 --> 00:31:32.000
whatever. It may be I think stories are uniquely

628
00:31:31.600 --> 00:31:34.500
positioned to a loud

629
00:31:34.500 --> 00:31:37.300
people to experience these different points of view and then

630
00:31:37.300 --> 00:31:39.900
in some ways and habit a different way of being

631
00:31:40.100 --> 00:31:43.000
thinking than they happy for and once that happens then I think

632
00:31:43.200 --> 00:31:46.500
there is a bigger and more effective opening for things like

633
00:31:46.500 --> 00:31:49.500
data statistics that kind of things more quantitative

634
00:31:49.500 --> 00:31:52.600
elements to get in and have a place to live. And so

635
00:31:52.600 --> 00:31:55.200
that's that's where I'll start and then I'll

636
00:31:55.200 --> 00:31:58.300
hand over to the garnish and she'll probably say all some things that I wanted

637

00:31:58.300 --> 00:31:59.700
then comment on after that. So

638

00:32:03.700 --> 00:32:06.900
I don't think you really have to convince people that storytelling is

639

00:32:06.900 --> 00:32:10.100
important because every culture every family

640

00:32:09.100 --> 00:32:12.100
gathering every time you hang out with

641

00:32:12.100 --> 00:32:15.500
your friends. You're not spewing out data on X Y

642

00:32:15.500 --> 00:32:18.400
or Z. You're just talking about how pissed you are that you're getting paid less

643

00:32:18.400 --> 00:32:21.700
or how joyful it is to be in these spaces

644

00:32:21.700 --> 00:32:24.400
and we're all telling stories to each other all the

645

00:32:24.400 --> 00:32:27.500
time. What I what happens in medicine though

646

00:32:27.500 --> 00:32:30.600
is that part of our humanity is shut off,

647

00:32:30.600 --> 00:32:33.200
you know, we present in a very like we think

648

00:32:33.200 --> 00:32:36.600
a very medical way and we talk about the patients

649

00:32:36.600 --> 00:32:39.200
presenting with this complaints and here's the

650

00:32:39.200 --> 00:32:42.800

data points and here's how we've put everything together. And so

651

00:32:42.800 --> 00:32:45.200

that part of our humanity is just shut up,

652

00:32:45.200 --> 00:32:48.400

at least it was for a long time when I was in medical school

653

00:32:48.400 --> 00:32:51.200

and in residency and I felt a lot

654

00:32:51.200 --> 00:32:54.500

of you know, like all the other things

655

00:32:54.500 --> 00:32:57.500

in medicine that made of fun like I thought it was really joyful

656

00:32:57.500 --> 00:33:00.400

to know the stories of my patients and to know the stories of my

657

00:33:00.400 --> 00:33:02.300

colleagues and to get to share parts of

658

00:33:03.300 --> 00:33:06.300

Of we're not celebrated. In fact, they were very very

659

00:33:06.300 --> 00:33:10.000

much looked down upon if I was going to be a good Internal

660

00:33:09.200 --> 00:33:12.300

Medicine physician. I was not going

661

00:33:12.300 --> 00:33:13.600

to do that thing. So,

662

00:33:14.700 --> 00:33:17.600

The interesting thing is you don't have to convince people you sometimes

663

00:33:17.600 --> 00:33:20.100

have to convince doctors that they're that this

664

00:33:20.100 --> 00:33:23.600

is actually important life-giving sustaining work and

665

00:33:23.600 --> 00:33:26.800

the central to who we are as Physicians. We are

666

00:33:26.800 --> 00:33:29.800

constantly always facing really

667

00:33:29.800 --> 00:33:32.200

amazing moments and really sad moments and

668

00:33:32.200 --> 00:33:35.300

hard moments and complicated moments and bringing our

669

00:33:35.300 --> 00:33:38.100

whole selves into the practice bring your whole cells to

670

00:33:38.100 --> 00:33:41.500

our colleagues. Bring your whole selves into spaces and sharing stories

671

00:33:41.500 --> 00:33:45.300

is actually what we should be doing. So, I

672

00:33:44.300 --> 00:33:47.100

think yeah Boni said that

673

00:33:47.100 --> 00:33:50.700

I was like, I don't think it's people you just have to give space that's actually

674

00:33:50.700 --> 00:33:53.900

also why this is super successful is what

675

00:33:53.900 --> 00:33:56.700
we found through cfam is when you hold space for

676
00:33:56.700 --> 00:33:59.500
people to tell stories people show up

677
00:33:59.500 --> 00:34:02.800
and the people people show up people

678
00:34:02.800 --> 00:34:05.100
who tell stories are usually those who are not

679
00:34:05.100 --> 00:34:08.200
given space and other venues. So I think we should pay

680
00:34:08.200 --> 00:34:11.200
attention to that too who shows up when we hold spaces for

681
00:34:11.200 --> 00:34:11.900
storytelling.

682
00:34:12.800 --> 00:34:15.000
Thank you for that and Anthony you want to follow as well?

683
00:34:15.200 --> 00:34:18.300
But let me just say one thing and that you know in my best days when I'm in

684
00:34:18.300 --> 00:34:21.300
clinic, I think like I get paid to listen

685
00:34:21.300 --> 00:34:24.100
to stories all afternoon or all morning

686
00:34:24.100 --> 00:34:27.200
like one story after the other. That's my moment

687
00:34:27.200 --> 00:34:30.100
best space. But even when we're teaching medical students, right how you

688

00:34:30.100 --> 00:34:33.300

Gathering a history. You're Gathering a history. You're Gathering a story. You

689

00:34:33.300 --> 00:34:36.000

said to kind of codify in a way but it's basically I want to

690

00:34:36.300 --> 00:34:39.200

you know, we always tell students like just have open any questions

691

00:34:39.200 --> 00:34:42.400

right? In other words, let them tell their story and when

692

00:34:42.400 --> 00:34:45.900

they tell their story well, we we often get to the diagnosis more

693

00:34:45.900 --> 00:34:48.700

easily or we have an informed decision-making or

694

00:34:48.700 --> 00:34:51.900

you know, we get to yes and a better way so Anthony, do

695

00:34:51.900 --> 00:34:52.400

you want to follow up?

696

00:34:53.200 --> 00:34:56.500

Yeah, so no, I I definitely agree

697

00:34:56.500 --> 00:34:59.800

with that and I and I just think of all

698

00:34:59.800 --> 00:35:02.800

of the patients who I've had and patient encounters

699

00:35:02.800 --> 00:35:05.400

who have genuinely gone,

700

00:35:05.400 --> 00:35:08.400

you know seeking for my story as a as a

701

00:35:08.400 --> 00:35:12.100

physician and have connected on that level of story and

702

00:35:11.100 --> 00:35:14.500

I've had any number of times when I

703

00:35:14.500 --> 00:35:17.900

would describe myself as perhaps ethnically ambiguous depending

704

00:35:17.900 --> 00:35:20.700

on where I'm at. And so when I have you know patience of Somalia

705

00:35:20.700 --> 00:35:23.400

descent or Ethiopian descent, I've had more than one conversation or they're

706

00:35:23.400 --> 00:35:26.200

like, are you sure you're not Ethiopian tell me about your family tell me

707

00:35:26.200 --> 00:35:29.400

about your family tell me about where you come from, right? Because I think

708

00:35:29.400 --> 00:35:32.200

that it's easy to you know, try to think

709

00:35:32.200 --> 00:35:35.700

about sleeping some of that to the side and getting to the medicine but

710

00:35:35.700 --> 00:35:39.000

the the process of sharing stories between myself

711

00:35:38.200 --> 00:35:42.500

and my patients is something that builds more

712

00:35:42.500 --> 00:35:45.500

empathy it builds more connection and subsequently a

713

00:35:45.500 --> 00:35:48.400

lot. It allows for a place for all of this

714

00:35:48.400 --> 00:35:52.000

medical knowledge all these medical recommendations to go in a

715

00:35:51.500 --> 00:35:53.100

way that sits much more.

716

00:35:53.200 --> 00:35:56.400

Easily and you know, it's just it

717

00:35:56.400 --> 00:35:59.300

has a greater sense of change within the patient themselves. And

718

00:35:59.300 --> 00:36:02.600

so I think the the power of Storytelling and

719

00:36:02.600 --> 00:36:05.300

narrative you can you can examine it in multiple levels

720

00:36:05.300 --> 00:36:08.400

from interpersonal to kind of societal in everywhere

721

00:36:08.400 --> 00:36:09.600

in between. So yeah.

722

00:36:10.600 --> 00:36:13.200

Awesome. So this is a great segue. So we've kind

723

00:36:13.200 --> 00:36:16.400

of talked about story power story The essentialness of

724

00:36:16.400 --> 00:36:19.600

story. But both of you are storytellers of

725

00:36:19.600 --> 00:36:22.200

a different kind. I mean you kind of take it into a different level.

726

00:36:22.200 --> 00:36:25.200
I mean signish you've you've you've told

727
00:36:25.200 --> 00:36:28.300
your story that we we hadn't it's part of that show you've been

728
00:36:28.300 --> 00:36:31.900
in San Francisco, you're part of the nocturnus podcast Anthony, you're

729
00:36:31.900 --> 00:36:34.800
about to be a part of that you've been in two of our shows. So

730
00:36:34.800 --> 00:36:37.800
it's was really cool, but I am

731
00:36:37.800 --> 00:36:41.400
curiously so why why you and

732
00:36:40.400 --> 00:36:43.200
or you know, how did this come about like, I mean,

733
00:36:43.200 --> 00:36:46.100
yes, we're all natural story. Tell us human beings have stories to tell

734
00:36:46.100 --> 00:36:49.300
but you've taken it to another level. So guys tell us about like your

735
00:36:49.300 --> 00:36:52.500
journey to get there. I mean, how did you how did

736
00:36:52.500 --> 00:36:53.300
you get to this place?

737
00:36:55.700 --> 00:36:58.400
Like every college student. I thought I was a poet for

738
00:36:58.400 --> 00:37:02.100
a long time. I used to write really terrible

739

00:37:01.100 --> 00:37:04.400

poetry. There's something about the

740

00:37:04.400 --> 00:37:08.200

spoken word though the tenor the way

741

00:37:07.200 --> 00:37:10.200

that you phrase things that to me

742

00:37:10.200 --> 00:37:14.400

resonates in a very important way and I

743

00:37:13.400 --> 00:37:17.100

I kept gathered

744

00:37:16.100 --> 00:37:19.400

stories. I mean, I'm primary care doctor. So I've gathered

745

00:37:19.400 --> 00:37:22.400

all these stories and there's these connections that you

746

00:37:22.400 --> 00:37:25.500

make with my life and like what I'm seeing in my practice

747

00:37:25.500 --> 00:37:29.000

that I try to work out and I Work It Out by talking

748

00:37:28.300 --> 00:37:31.600

about it and trying to capture the essence in

749

00:37:31.600 --> 00:37:32.100

writing.

750

00:37:33.200 --> 00:37:36.900

So it just and you know, I've tried like writing which

751

00:37:36.900 --> 00:37:39.400

also helps me but there's something about being

752

00:37:39.400 --> 00:37:42.300

able to tell a story engage like change your

753

00:37:42.300 --> 00:37:47.000

voice your tone. That's that for me how

754

00:37:45.300 --> 00:37:48.400

like for me build a

755

00:37:48.400 --> 00:37:51.200

deeper connection and from and that's what I love. I love.

756

00:37:52.300 --> 00:37:55.500

I love being able to share these experiences in that

757

00:37:55.500 --> 00:37:58.200

way. I also think it's one of the gifts that we have as

758

00:37:58.200 --> 00:38:01.500

intersectional beings as a woman as an immigrant as a

759

00:38:01.500 --> 00:38:04.000

black person as a doctor as a

760

00:38:04.600 --> 00:38:07.600

mother and all these other things that I can keep naming.

761

00:38:07.600 --> 00:38:10.200

I think your experiences experiences that

762

00:38:10.200 --> 00:38:13.600

I've had allow me purview into all these different worlds

763

00:38:13.600 --> 00:38:16.400

and it's really cool to be able to connect those

764

00:38:16.400 --> 00:38:19.100

and share those with others and then have someone else be like,

765

00:38:19.100 --> 00:38:22.200

oh, yeah. I see how that relates or connects to these other

766

00:38:22.200 --> 00:38:25.000

experiences that I'm having. So it's for me.

767

00:38:25.300 --> 00:38:28.900

It's it's about connection. It's about people it's

768

00:38:28.900 --> 00:38:31.700

about living in the space of

769

00:38:31.700 --> 00:38:34.400

feeling connected to other people. So for me, it's just an

770

00:38:34.400 --> 00:38:37.100

excellent way to get that connection and feel like

771

00:38:37.100 --> 00:38:41.300

I'm a part of a bigger bigger Community. That's thank

772

00:38:40.300 --> 00:38:42.100

you Anthony.

773

00:38:43.600 --> 00:38:46.800

Yeah, I think when I hear sakash's description

774

00:38:46.800 --> 00:38:49.300

of the endpoint, I think our endpoints are really similar

775

00:38:49.300 --> 00:38:52.300

but I think our Journeys are like different which is

776

00:38:52.300 --> 00:38:55.500

part of part of the stories, right the collection of stories of

777

00:38:55.500 --> 00:38:59.000
how we get here. You know, I I have like

778
00:38:58.300 --> 00:39:01.700
pretty much always love stories in terms of receiving

779
00:39:01.700 --> 00:39:04.300
them and mostly when I was earlier in

780
00:39:04.300 --> 00:39:07.700
my life. It would be I would read a ton of sci-fi and fantasy as

781
00:39:07.700 --> 00:39:10.600
essentially a means of escapism. So I always

782
00:39:10.600 --> 00:39:13.500
when I was younger, I thought of my quantitative brain

783
00:39:13.500 --> 00:39:16.400
as distinct from the story acquisition brain

784
00:39:16.400 --> 00:39:19.600
and so I you know, I did engineering chemical engineering as an undergraduate

785
00:39:19.600 --> 00:39:22.200
and so when I would get tired of math and physics, I was like,

786
00:39:22.200 --> 00:39:25.500
okay, it's time to read some Brandon Sanderson. It's time to do something else. Right

787
00:39:25.500 --> 00:39:28.400
like just like let's go and escape the world right? And so

788
00:39:28.400 --> 00:39:31.100
I think my my journey to the type of

789
00:39:31.100 --> 00:39:35.000
Storytelling that I'm doing today is a progress a

790

00:39:34.500 --> 00:39:38.000

progression of understanding that the themes

791

00:39:37.100 --> 00:39:40.000

that I want to explore put out in the

792

00:39:40.100 --> 00:39:43.200

world and connect on have gotten gradually closer to the

793

00:39:43.600 --> 00:39:46.300

Who I am and so there's this idea that

794

00:39:46.300 --> 00:39:49.500

when I first began writing it was mostly exploration of themes

795

00:39:49.500 --> 00:39:52.600

and ideas through, you know, science fiction or fantasy and

796

00:39:52.600 --> 00:39:55.500

then as I went through medical school and residency, there's this progression

797

00:39:55.500 --> 00:39:58.500

of understanding eventually the lessons and lived

798

00:39:58.500 --> 00:40:01.200

experiences that I've been having. I started putting more of

799

00:40:01.200 --> 00:40:04.300

those directly into a written form or an expressive

800

00:40:04.300 --> 00:40:07.300

form and to understand not only the power of

801

00:40:08.300 --> 00:40:11.200

Sharing that with others who within like, oh, you know,

802

00:40:11.200 --> 00:40:14.300

let me share what I've got this relate this the story really touched

803

00:40:14.300 --> 00:40:18.000

me in this way, but also the feeling of community and

804

00:40:17.300 --> 00:40:20.200

the feeling of reaching others and the feeling of bringing

805

00:40:20.200 --> 00:40:23.500

people together as I have started and continue

806

00:40:23.500 --> 00:40:26.600

to start to construct narratives around

807

00:40:26.600 --> 00:40:29.200

things that are really true to me and really close to

808

00:40:29.200 --> 00:40:32.300

the innermost parts of me. And so that's kind

809

00:40:32.300 --> 00:40:36.100

of my progression and I think that we're all storytellers as

810

00:40:35.100 --> 00:40:38.400

a gosh mentioned and so but

811

00:40:38.400 --> 00:40:42.600

like the idea of progressing to sharing these

812

00:40:41.600 --> 00:40:45.000

stories, what do you share how

813

00:40:44.400 --> 00:40:47.400

large of a platform do you do that? And then

814

00:40:47.400 --> 00:40:50.500

how do you react to the resultant community and

815

00:40:50.500 --> 00:40:53.500

engagement you get with the types of stories that you share? I

816

00:40:53.500 --> 00:40:57.000

think that becomes the the differentiating factor here,

817

00:40:56.000 --> 00:40:57.300

so

818

00:40:58.700 --> 00:41:01.200

Thank you, Dr. Hallberg. If I could interject with a super

819

00:41:01.200 --> 00:41:04.200

inquest important question Dr. Williams. Are you Star Trek

820

00:41:04.200 --> 00:41:07.500

or Star Wars? I just everyone needs to know the answer.

821

00:41:08.800 --> 00:41:14.000

I am Star Trek. Okay, we

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00:41:13.200 --> 00:41:16.300

can combine with the rest of the lecture. We just had to just get that

823

00:41:16.300 --> 00:41:19.700

point of clarification. All right, my mom and that's

824

00:41:19.700 --> 00:41:22.300

done serious Jackie so we had to sit we watched them

825

00:41:22.300 --> 00:41:23.000

all so all

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00:41:24.100 --> 00:41:27.100

That's awesome. So now that we have that other way. So we've talked about

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00:41:27.100 --> 00:41:30.300

story we've talked about you as

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00:41:30.300 --> 00:41:33.300
storytellers. Let's talk about our friends and our colleagues of

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00:41:33.300 --> 00:41:36.500
storytellers. It's kind of like that next level. So we put the show together. It was

830
00:41:36.500 --> 00:41:39.300
awfully fun. I mean I recall like we were just dreaming about

831
00:41:39.300 --> 00:41:42.300
who do we want to have in the show like who are our friends who are our mentors,

832
00:41:42.300 --> 00:41:45.800
you know who influenced Our Lives who have cool

833
00:41:45.800 --> 00:41:48.900
stories who are great storytellers. So I mean,

834
00:41:48.900 --> 00:41:51.500
I guess the question is like so how do you mean you can

835
00:41:51.500 --> 00:41:54.600
recall a little bit like how do we find those storytellers and and

836
00:41:54.600 --> 00:41:57.300
you know, what were the connections there? And and I think also both of

837
00:41:57.300 --> 00:42:00.600
you have important roles in mentoring storytellers, and

838
00:42:00.600 --> 00:42:03.300
we do this both with medical students. We're doing some residents and

839
00:42:03.300 --> 00:42:06.100
fellows. We're doing it with our colleagues. We've got different venues and

840
00:42:06.100 --> 00:42:09.200
Avenues in which we're helping to promote storytelling and

841

00:42:09.200 --> 00:42:12.500

medicine, but I know that either one of you to start with this, but just you know, how do

842

00:42:12.500 --> 00:42:15.200

we find those folks and and then kind of maybe your role as

843

00:42:15.200 --> 00:42:18.500

mentors to talk about that a little bit about trying to get like next

844

00:42:18.500 --> 00:42:21.400

generation of storytellers to kind of follow in

845

00:42:21.400 --> 00:42:22.400

your footsteps and what you're doing.

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00:42:23.500 --> 00:42:27.200

Yeah that I can start out there. I think there's a

847

00:42:26.200 --> 00:42:29.200

there's a couple of facets to just begin with

848

00:42:29.200 --> 00:42:32.600

I think building off what sagana said earlier of in

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00:42:32.600 --> 00:42:35.900

terms of like if you make space they will come and so

850

00:42:35.900 --> 00:42:38.600

this idea that on the kind

851

00:42:38.600 --> 00:42:42.400

of on the smaller on the smaller scale and on the larger scale building

852

00:42:41.400 --> 00:42:44.400

in these, you know, whether

853

00:42:44.400 --> 00:42:47.900

it's like storytelling collaborations medical student

854

00:42:47.900 --> 00:42:50.900

story group storytelling groups just as

855

00:42:50.900 --> 00:42:53.200

invitation and open space for people to

856

00:42:53.200 --> 00:42:56.800

come and tell their stories you start to build this network of people

857

00:42:56.800 --> 00:42:59.500

who are storytellers. And so we come we

858

00:42:59.500 --> 00:43:02.600

hear stories we tell stories I think for most

859

00:43:02.600 --> 00:43:06.100

people I think there is this this

860

00:43:05.100 --> 00:43:08.400

innate discomfort about being like Oh, you

861

00:43:08.400 --> 00:43:11.500

know, I'm a Storyteller. I have a story to share but once

862

00:43:11.500 --> 00:43:14.600

you're sitting in a community with people who are just doing it, then

863

00:43:14.600 --> 00:43:17.300

I think that lowers that activation energy of getting

864

00:43:17.300 --> 00:43:20.500

in to be able to do that and that I think

865

00:43:20.500 --> 00:43:23.100

once you have that network of lots of people

866

00:43:23.400 --> 00:43:27.100

Who have that capacity, you give them support you

867

00:43:26.100 --> 00:43:29.200

give them whatever support they need you give

868

00:43:29.200 --> 00:43:32.100

them space and then you get then you're off and running. You're Off to the Races about

869

00:43:32.100 --> 00:43:35.300

having a collection of storytellers to build from and then

870

00:43:35.300 --> 00:43:38.200

the second thing I'll say is that with once you have that kind of

871

00:43:38.200 --> 00:43:41.700

that Network when you're going to

872

00:43:41.700 --> 00:43:44.400

tackle a complex theme like, you

873

00:43:44.400 --> 00:43:47.000

know race and medicine or race within, you know,

874

00:43:47.200 --> 00:43:50.300

Physicians and future physicians in medicine. There is

875

00:43:50.300 --> 00:43:53.300

no one single answer to that question. And so

876

00:43:53.300 --> 00:43:57.200

what you're looking for are a diverse set

877

00:43:56.200 --> 00:43:59.400

of themes perspectives and topics

878

00:43:59.400 --> 00:44:02.800

that when taken together give you a more honest and

879

00:44:02.800 --> 00:44:05.300
true version of what this means in all of

880
00:44:05.300 --> 00:44:08.800
its diversity then you would with any individual story.

881
00:44:08.800 --> 00:44:11.800
So I think those are kind of two important Concepts that

882
00:44:11.800 --> 00:44:14.900
I that I latch on to when I think about the storytelling

883
00:44:14.900 --> 00:44:17.300
culture and how to utilize that

884
00:44:17.300 --> 00:44:20.600
and support people when creating something like a

885
00:44:20.600 --> 00:44:20.800
show

886
00:44:23.100 --> 00:44:23.700
so guys

887
00:44:25.700 --> 00:44:28.900
Um, so I will say that what I've

888
00:44:28.900 --> 00:44:31.100
started to become much more comfortable in is sort

889
00:44:31.100 --> 00:44:34.400
of where I am in my career. I am very mid-career. I'm not

890
00:44:34.400 --> 00:44:37.100
early career. I'm kind of very solidly in

891
00:44:37.100 --> 00:44:40.600
where I want to be. I've also been at the University long

892

00:44:40.600 --> 00:44:43.600

enough on and on relief for about 20 years from being a student

893

00:44:43.600 --> 00:44:43.800

on

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00:44:44.600 --> 00:44:47.300

And in that time I have

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00:44:47.300 --> 00:44:50.300

made a lot of friends. I am a people person and

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00:44:50.300 --> 00:44:53.100

so I've made connections with people in the work that I

897

00:44:53.100 --> 00:44:56.400

do and just hang out at coffee shops when

898

00:44:56.400 --> 00:44:59.300

people used to do those kind of things. So what's been

899

00:44:59.300 --> 00:45:02.400

really great here is being able to leverage that now so

900

00:45:02.400 --> 00:45:05.500

now I'm in a place where I can I can

901

00:45:05.500 --> 00:45:08.300

have places of leadership within curriculum, for example,

902

00:45:08.300 --> 00:45:11.600

where you know, I we can direct courses where

903

00:45:11.600 --> 00:45:14.200

story we you know, the becoming a doctor course for

904

00:45:14.200 --> 00:45:17.500

third and fourth year students. We had a session on storytelling as

905

00:45:17.500 --> 00:45:20.800

advocacy because we can I can I have the platform now,

906

00:45:20.800 --> 00:45:23.500

which is something that I didn't have a few years ago. But

907

00:45:23.500 --> 00:45:26.300

as we've grown as I've grown in my career and I have more of

908

00:45:26.300 --> 00:45:29.600

a platform you can find ways in which you can integrate or

909

00:45:29.600 --> 00:45:33.100

start normalizing storytelling normalizing this

910

00:45:32.100 --> 00:45:35.900

practice of reflection and like making

911

00:45:35.900 --> 00:45:38.600

this part as Central as Central and

912

00:45:38.600 --> 00:45:41.800

I'll say that unabashedly as understand the understanding the

913

00:45:41.800 --> 00:45:44.300

biochemistry of this reaction.

914

00:45:44.600 --> 00:45:47.500

Because again, I always say we're human beings taking care

915

00:45:47.500 --> 00:45:50.300

of human beings and you can't that is not just a

916

00:45:50.300 --> 00:45:51.100

biomedical model.

917

00:45:51.800 --> 00:45:54.400

So that for me has been this incredible like

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00:45:54.400 --> 00:45:57.400

like North Star like as I have platforms. I

919

00:45:57.400 --> 00:46:00.700

want to make sure that this work that we're doing gets integrated

920

00:46:00.700 --> 00:46:03.200

into the Next Generation. I don't want them to

921

00:46:03.200 --> 00:46:07.000

feel shame or I don't want them to have to try to find communities in

922

00:46:06.100 --> 00:46:09.200

which to do this work. I just wanted to be How

923

00:46:09.200 --> 00:46:12.300

We Do medicine this is how we do medicine. This is how we take care of each

924

00:46:12.300 --> 00:46:15.700

other. This is how we take care of students. So in that

925

00:46:15.700 --> 00:46:18.100

way, I feel really really excited for where we

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00:46:18.100 --> 00:46:22.100

are as a school and how we're moving towards changing

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00:46:21.100 --> 00:46:24.200

this culture of medicine to be

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00:46:24.200 --> 00:46:27.100

far more inclusive in all ways that

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00:46:27.100 --> 00:46:30.100

we need to be more inclusive and Equitable. I think

930

00:46:30.100 --> 00:46:33.400
that's really important because to go back to John's first

931
00:46:33.400 --> 00:46:36.400
question all those people are my friends like I could tell you how I

932
00:46:36.400 --> 00:46:39.800
met each of them the relationships that we have and as

933
00:46:39.800 --> 00:46:42.700
we were curating the show, I knew that Steve Nelson

934
00:46:42.700 --> 00:46:45.200
did this work in Pediatrics and so I was like we should talk to

935
00:46:45.200 --> 00:46:48.300
Steve and I knew Sam pace and I said, oh Sam Pace

936
00:46:48.300 --> 00:46:51.400
was the one that organized that let's have her come into this show.

937
00:46:51.800 --> 00:46:54.500
So it was really based on people that I knew and

938
00:46:54.500 --> 00:46:57.200
friends that we had or people that Anthony and the other

939
00:46:57.200 --> 00:47:00.700
curatorial team had so those connections those people

940
00:47:00.700 --> 00:47:03.200
connections are everything everything.

941
00:47:04.400 --> 00:47:07.400
We've summed it up perfectly. We've kind of done a full circle. It's

942
00:47:07.400 --> 00:47:10.500
probably time to ask Dr. Nunez if she wants to ask us

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00:47:10.500 --> 00:47:13.500

some questions and there's least one in the Q&A and we can

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00:47:13.500 --> 00:47:17.100

just keep going if we need to but Dr. Nunez.

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00:47:19.300 --> 00:47:23.000

Sure delighted to join you. Um, you know, it's interesting

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00:47:22.700 --> 00:47:25.100

some of the things I'm thinking about in terms

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00:47:25.100 --> 00:47:29.000

of listening to you is that I hear people say to me, I don't

948

00:47:28.300 --> 00:47:31.200

understand those other viewpoints, you know, I don't

949

00:47:31.200 --> 00:47:34.600

live my life as you go through yours, and so

950

00:47:34.600 --> 00:47:37.800

I don't understand and I've also

951

00:47:37.800 --> 00:47:40.000

been taught I shouldn't expect you to teach me.

952

00:47:40.800 --> 00:47:42.500

So I have to do the work myself.

953

00:47:43.300 --> 00:47:47.200

But then how do I do that? Right and I

954

00:47:47.200 --> 00:47:50.200

think a piece of it is, you know, watch this and watch other sort of

955

00:47:50.200 --> 00:47:53.300

media where you can sort of hear and learn I think the second piece

956

00:47:53.300 --> 00:47:56.500

that occurs to me, is that as we talk about

957

00:47:56.500 --> 00:47:59.200

storytelling and you know, we are a community. I actually

958

00:47:59.200 --> 00:48:02.300

I actually think if our friends and the functional MRI space

959

00:48:02.300 --> 00:48:06.000

with measure it we probably have little video clips of

960

00:48:05.200 --> 00:48:08.300

every patient we've ever seen in every person way that their

961

00:48:08.300 --> 00:48:11.500

story and if you're synthetics thinker sort of all the information but not

962

00:48:11.500 --> 00:48:14.300

their name. So I think we store that

963

00:48:14.300 --> 00:48:17.600

in terms of our heads, but but I think the Storyteller

964

00:48:17.600 --> 00:48:19.400

in addition to conveying that information

965

00:48:20.600 --> 00:48:23.200

And Anthony and second as you both hit on

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00:48:23.200 --> 00:48:23.300

this.

967

00:48:24.200 --> 00:48:27.800

It also imparts both connection and intimacy.

968

00:48:28.600 --> 00:48:31.500

It it strengthens those relationships so that

969

00:48:31.500 --> 00:48:34.400

we can continue having conversation. So as we're looking for

970

00:48:34.400 --> 00:48:37.600

inclusion, I don't think that anybody is

971

00:48:37.600 --> 00:48:40.800

off the team in being a Storyteller right?

972

00:48:40.800 --> 00:48:43.500

Because everybody has a story to tell everybody

973

00:48:43.500 --> 00:48:47.300

has a journey and an issue to tell and encouraging

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00:48:46.300 --> 00:48:50.100

sort of that presence in time. She mentioned

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00:48:49.100 --> 00:48:52.200

that space to be able

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00:48:52.200 --> 00:48:55.500

to sort of tell your story and hear other people's

977

00:48:55.500 --> 00:48:58.800

story are building sort of those telephone wires those

978

00:48:58.800 --> 00:49:01.500

relationships with each other in terms

979

00:49:01.500 --> 00:49:04.400

of sort of creating an inclusive environment, but I

980

00:49:04.400 --> 00:49:07.600

think that maybe some people don't think that they're good at storytelling, you know, their their

981

00:49:07.600 --> 00:49:10.400
eyes glaze over because it's a bit too long. I know that's a challenge

982
00:49:10.400 --> 00:49:13.400
I have um going to long

983
00:49:13.400 --> 00:49:16.500
but but I think that encouraging everybody to

984
00:49:16.500 --> 00:49:19.800
sort of think about you know, what is your story and what

985
00:49:19.800 --> 00:49:22.800
are other stories so that I can see and meet and

986
00:49:22.800 --> 00:49:25.600
know people very differently than we're

987
00:49:25.600 --> 00:49:28.200
here. We're doing work. We're getting it done. See ya.

988
00:49:28.900 --> 00:49:31.600
In almost that two-dimensionality and I I'd be

989
00:49:31.600 --> 00:49:34.000
curious in terms of your thoughts and Reflections in terms

990
00:49:34.100 --> 00:49:34.300
of that.

991
00:49:36.100 --> 00:49:39.200
So we have Dr. Ben trapezius. Shout out to Ben who

992
00:49:39.200 --> 00:49:43.000
is I would say like The Official Nerd of our group has an

993
00:49:42.100 --> 00:49:45.600
entire lecture where he talks about exactly that functional

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00:49:45.600 --> 00:49:48.600

MRI studies that show how storytelling or

995

00:49:48.600 --> 00:49:52.000

allow you to embody that person's experience much

996

00:49:51.300 --> 00:49:54.600

more so than if I just view data

997

00:49:54.600 --> 00:49:57.500

at you so you should have him maybe give you that that

998

00:49:57.500 --> 00:50:00.500

science is there if we need the science to

999

00:50:00.500 --> 00:50:03.800

convince us about how we can become much more

1000

00:50:03.800 --> 00:50:06.600

in tune with each other's experiences through stories.

1001

00:50:08.500 --> 00:50:12.100

Yeah, and the the buzz word

1002

00:50:12.100 --> 00:50:15.400

that or the buzz turned that been to leave you with is these idea of narrative

1003

00:50:15.400 --> 00:50:18.800

Transportation? So the idea that when we

1004

00:50:18.800 --> 00:50:21.900

hear a story we can inhabit

1005

00:50:21.900 --> 00:50:24.800

the the perspective of the teller

1006

00:50:24.800 --> 00:50:27.500

of that story in a unique and kind of

1007

00:50:27.500 --> 00:50:30.700

first person way and when we do that, we literally have

1008

00:50:30.700 --> 00:50:33.700

more empathy for that perspective

1009

00:50:33.700 --> 00:50:36.400

and for that protagonist really that's regardless, if

1010

00:50:36.400 --> 00:50:39.400

if it's a perspective that challenges a

1011

00:50:39.400 --> 00:50:42.500

preconceived belief or notion. And so I think this concept

1012

00:50:42.500 --> 00:50:45.100

of hearing stories hearing different points of

1013

00:50:45.100 --> 00:50:48.300

view in a first person someone's story allows you

1014

00:50:48.300 --> 00:50:51.000

to really just inhabit that space in a very

1015

00:50:51.100 --> 00:50:55.300

different way and do that build empathy build connection and kind

1016

00:50:54.300 --> 00:50:57.100

of hear what they're telling you in a different

1017

00:50:57.100 --> 00:51:00.500

way. And so yeah Venture may be a really good resource for that. So that's

1018

00:51:00.500 --> 00:51:00.800

that

1019

00:51:01.400 --> 00:51:04.700

So what would would part of our portfolio if

1020

00:51:04.700 --> 00:51:07.700

you will are buffet in terms of Wellness things having

1021

00:51:07.700 --> 00:51:10.200

some time for people to do storytelling? What do you think about that?

1022

00:51:13.300 --> 00:51:16.300

So yeah, that's short answer. Yeah, I think so.

1023

00:51:16.300 --> 00:51:19.600

I think in terms of even if it's even if

1024

00:51:19.600 --> 00:51:22.100

it's not for everyone and and you know,

1025

00:51:22.100 --> 00:51:26.100

there will be people who you know aren't aren't really into storytelling.

1026

00:51:25.100 --> 00:51:29.000

I think most people can appreciate a

1027

00:51:28.400 --> 00:51:31.600

you know, a good story and I think even if

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00:51:31.600 --> 00:51:34.400

you're not meaning to I think it I think you you it's hard

1029

00:51:34.400 --> 00:51:38.600

not to fall into the community aspect of hearing

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00:51:37.600 --> 00:51:40.700

stories hearing people stories, especially if

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00:51:40.700 --> 00:51:43.400

you you know, you you know them or

1032

00:51:43.400 --> 00:51:46.800
you work in a similar space or you're you're battling

1033
00:51:46.800 --> 00:51:49.800
similar challenges hearing people's personal perspectives

1034
00:51:49.800 --> 00:51:52.200
on these stories I think is is powerful from

1035
00:51:52.200 --> 00:51:55.400
a wellness and Community perspective. I will

1036
00:51:55.400 --> 00:51:58.400
push back a little bit on this though because it's coming up in the chat

1037
00:51:58.400 --> 00:52:01.800
as well. Not every space the safe for you to tell stories and

1038
00:52:01.800 --> 00:52:05.100
not every situation is a

1039
00:52:04.100 --> 00:52:07.300
safe place. And I mean that very literally if you're

1040
00:52:07.300 --> 00:52:10.300
a medical student with not a lot of Authority or as

1041
00:52:10.300 --> 00:52:12.900
what's coming up in the Q&A if you are in

1042
00:52:13.200 --> 00:52:16.700
Vulnerable, please. There's a vulnerability that

1043
00:52:16.700 --> 00:52:19.600
comes with sharing those parts of yourself. So I

1044
00:52:19.600 --> 00:52:22.200
don't know. I don't necessarily think it as a I think

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00:52:22.200 --> 00:52:25.400

we just have to be careful because it's part of Wellness culture. If you are held in

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00:52:25.400 --> 00:52:28.200

you're in a space that that holds you

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00:52:28.200 --> 00:52:31.800

to be able to share your stories and I can talk about this thing

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00:52:31.800 --> 00:52:34.700

happened without having to then have a

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00:52:34.700 --> 00:52:37.300

deluge of questions that tell me well, maybe they didn't

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00:52:37.300 --> 00:52:40.200

mean it that way. Maybe they really meant this that is that is

1051

00:52:40.200 --> 00:52:43.700

now what we're talking about. So, I think what I would reframe

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00:52:43.700 --> 00:52:46.200

it as is I think community building is central for

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00:52:46.200 --> 00:52:49.500

all of us to be able to keep doing our work in a way that is

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00:52:49.500 --> 00:52:51.900

fulfilling and joyful and heartfelt.

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00:52:52.700 --> 00:52:55.400

The spaces we create to be able to do that are

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00:52:55.400 --> 00:52:58.000

really important. So serious storytelling can definitely be a part

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00:52:58.400 --> 00:53:01.500

of it. But if someone was like here's a noon hour where we're just gonna come and

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00:53:01.500 --> 00:53:04.100

share stories and I'm in that environment where I feel

1059

00:53:04.100 --> 00:53:08.400

like I can share hell. No, that's not good. Can we

1060

00:53:08.400 --> 00:53:11.300

swear on the dean series? I'm sorry. I don't know what the rating

1061

00:53:11.300 --> 00:53:14.400

is on the show, but I will stand

1062

00:53:14.400 --> 00:53:17.200

by I think the transcription will be like little, you know

1063

00:53:17.200 --> 00:53:23.500

characters my mom's not listening. So we're good. Oh, absolutely.

1064

00:53:22.500 --> 00:53:25.200

I mean, I think that if we're

1065

00:53:25.200 --> 00:53:28.800

looking at this in terms of that my a priority in

1066

00:53:28.800 --> 00:53:31.500

terms of what's on the buffet the a Priory

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00:53:31.500 --> 00:53:34.500

clearly are are well articulated ground

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00:53:34.500 --> 00:53:37.500

rules safe space. If you're middle of the running running

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00:53:37.500 --> 00:53:40.400

a code so say hey, this makes me think about like, okay,

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00:53:40.400 --> 00:53:43.100

we're running to code now, you know, I mean timing is

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00:53:43.100 --> 00:53:46.300

certainly important in terms of doing that but I do think

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00:53:46.300 --> 00:53:49.100

that we we attend more in terms of

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00:53:49.100 --> 00:53:52.300

the work rather than sort of the people space.

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00:53:52.700 --> 00:53:55.200

And being able to sort of craft those safe spaces to

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00:53:55.200 --> 00:53:58.400

have some storytelling could give us an opportunity so that

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00:53:58.400 --> 00:54:01.500

people can actually get to know and see each other in terms

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00:54:01.500 --> 00:54:04.100

of a different way. So I'll toss it

1078

00:54:04.100 --> 00:54:07.400

here. I'll stop I'll stop guaming expertise because we only have

1079

00:54:07.400 --> 00:54:07.900

five minutes left.

1080

00:54:09.300 --> 00:54:13.100

Augustine OB said thank you for your presentation. This is

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00:54:13.100 --> 00:54:16.100

open all presenters. I find this presentation rather interesting in light of the

1082

00:54:16.100 --> 00:54:20.200

current climate on race in the country. I wonder knowing fully

1083

00:54:19.200 --> 00:54:22.300
well that in certain parts of the country. You're almost

1084
00:54:22.300 --> 00:54:25.400
penalized for saying anything about race. How do

1085
00:54:25.400 --> 00:54:28.400
you feel about this presentation would be received in the State of Florida.

1086
00:54:28.400 --> 00:54:31.900
For example, Augustine says, I'm an

1087
00:54:31.900 --> 00:54:34.100
immigrant and came to the country 30 years ago, but I

1088
00:54:34.100 --> 00:54:37.100
never felt so conscious about my race.

1089
00:54:37.900 --> 00:54:40.500
Okay. Thanks for the chili pepper on Augustine.

1090
00:54:40.500 --> 00:54:45.000
Okay. What do you guys think? Um,

1091
00:54:45.400 --> 00:54:48.200
yeah, so gosh you want to start I can

1092
00:54:48.200 --> 00:54:52.400
start I haven't thoughts being from Texas. We're going

1093
00:54:52.400 --> 00:54:55.800
you. Okay, so I think

1094
00:54:55.800 --> 00:54:58.200
I think it's a great place to start and I think there's a few

1095
00:54:58.200 --> 00:55:02.000
threads there. I think one is the the kind

1096

00:55:01.300 --> 00:55:04.400
of the the Asterix that sagannish

1097

00:55:04.400 --> 00:55:07.600
brought up just with the storytelling in general that an important

1098

00:55:07.600 --> 00:55:10.900
part of a presentation like this or sharing

1099

00:55:10.900 --> 00:55:13.200
one stories is having a place where

1100

00:55:13.200 --> 00:55:16.300
you are psychologically and emotionally safe. Okay, and so

1101

00:55:16.300 --> 00:55:19.500
building that Network and that Community is super important

1102

00:55:19.500 --> 00:55:22.200
whether you're in Florida whether you're in Texas or whether you're here in Minnesota

1103

00:55:22.200 --> 00:55:25.700
that is important because if you're not safe then

1104

00:55:25.700 --> 00:55:28.600
no then this is not a place where you share our

1105

00:55:28.600 --> 00:55:31.800
presentation or share yourself in those ways right in terms

1106

00:55:31.800 --> 00:55:35.500
of this presentation, you know

1107

00:55:35.500 --> 00:55:37.800
presenting this to an audience in Florida.

1108

00:55:37.900 --> 00:55:40.400
Or audience in Texas or somewhere that is historically more

1109

00:55:40.400 --> 00:55:43.800

conservative. I am here with John

1110

00:55:43.800 --> 00:55:46.400

and Dr. Noon yet like so I'm here with a

1111

00:55:46.400 --> 00:55:49.500

group a posse. Right? So I don't even if

1112

00:55:49.500 --> 00:55:52.700

even if the audience isn't as open to these ideas, I

1113

00:55:52.700 --> 00:55:55.900

am still here because I don't feel alone. But I

1114

00:55:55.900 --> 00:55:58.900

I have in the past right when I part of

1115

00:55:58.900 --> 00:56:02.500

my own journey is knowing that that transition point

1116

00:56:02.500 --> 00:56:05.400

from having all these lessons about race growing up

1117

00:56:05.400 --> 00:56:08.200

in the South spending time in Texas and Oklahoma coming to Minnesota

1118

00:56:08.200 --> 00:56:12.200

is this transition of having these survival lessons

1119

00:56:11.200 --> 00:56:15.000

having things that I don't share to finding

1120

00:56:14.300 --> 00:56:17.200

myself part of a community where it's safe and

1121

00:56:17.200 --> 00:56:20.300

encouraging me to share and so I think that is

1122

00:56:20.300 --> 00:56:23.500

an important aspect of this in terms of if you if you

1123

00:56:23.500 --> 00:56:26.700

aren't feeling safe about sharing something like this, then the

1124

00:56:26.700 --> 00:56:29.600

next step may be helping to find some Community where

1125

00:56:29.600 --> 00:56:32.100

you know, you're not alone in this in this process.

1126

00:56:32.100 --> 00:56:35.600

So that's that's kind of where I would I would take it from my perspective.

1127

00:56:36.400 --> 00:56:38.500

if I'm just went oh

1128

00:56:39.300 --> 00:56:42.200

Let's go ahead John. I was just that I'm scrolling some of the data right now.

1129

00:56:42.200 --> 00:56:45.700

So very specifically like looking at Texas. So it

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00:56:45.700 --> 00:56:48.900

aired in Austin Dallas Houston

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00:56:48.900 --> 00:56:51.600

and San Antonio so the big four cities

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00:56:51.600 --> 00:56:54.500

and it's been in Arkansas. It's been an Alabama.

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00:56:54.500 --> 00:56:57.900

In fact, they in Florida the Pensacola mobile,

1134

00:56:57.900 --> 00:57:00.100
you know Community is there so I have to

1135
00:57:00.100 --> 00:57:03.600
hope this audience excuse older excuse white and

1136
00:57:03.600 --> 00:57:06.200
it's in those communities. I'm I might

1137
00:57:06.200 --> 00:57:09.500
be naive but I am hoping that people like my uncle are watching

1138
00:57:09.500 --> 00:57:12.400
this show, you know, they're flipping channels. They come upon

1139
00:57:12.400 --> 00:57:15.400
it they pause for a minute. They hear this story. They see the

1140
00:57:15.400 --> 00:57:18.200
people on the screen and they they just pause they

1141
00:57:18.200 --> 00:57:21.100
listen, you know, and it's a kindness we had in our opening in our

1142
00:57:21.100 --> 00:57:24.100
part of our you know, which I really this came back to the

1143
00:57:24.100 --> 00:57:25.000
other day as a clinician.

1144
00:57:25.700 --> 00:57:28.100
I said something that I regretted saying it was pointed out to me

1145
00:57:28.100 --> 00:57:30.100
and you pointed out it one of our

1146
00:57:31.400 --> 00:57:34.100
In our co-hosting duties, it was

1147

00:57:34.100 --> 00:57:37.900

like this is gonna be hard we're gonna make mistakes. Let's

1148

00:57:37.900 --> 00:57:40.300

be open and it was like those words have

1149

00:57:40.300 --> 00:57:43.500

like your words have equity in my head. Like we're going to make mistakes

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00:57:43.500 --> 00:57:46.300

and I did and I just hope that and if

1151

00:57:46.300 --> 00:57:49.200

somebody just watches part of the show and some other part of

1152

00:57:49.200 --> 00:57:52.500

the country we think is like this is not going to resonate very well with that audience, but

1153

00:57:52.500 --> 00:57:53.600

they get moved by it.

1154

00:57:54.400 --> 00:57:57.100

Man, I mean to me that's one of my hopes of this show

1155

00:57:57.100 --> 00:58:00.600

is that it accomplishes that and I think the data is, you know, really excited

1156

00:58:00.600 --> 00:58:02.300

to see where it's been showing around the country.

1157

00:58:03.100 --> 00:58:03.300

Yeah.

1158

00:58:06.500 --> 00:58:11.500

Technology say anything. No, we have a minute left and I

1159

00:58:09.500 --> 00:58:12.100

was like, I just

1160

00:58:12.100 --> 00:58:14.200

like this is me pausing and

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00:58:15.300 --> 00:58:18.200

no, I mean I could go off on another what I was what I was gonna say

1162

00:58:18.200 --> 00:58:21.500

is I think I don't really have anything I'll say but the

1163

00:58:21.500 --> 00:58:24.400

communities really important as and we should

1164

00:58:24.400 --> 00:58:27.400

have a whole other thing on immigrants and race in

1165

00:58:27.400 --> 00:58:30.500

the US which I think is a super interesting conversation to

1166

00:58:30.500 --> 00:58:33.800

have but now with a minute left. Okay? Well, we

1167

00:58:33.800 --> 00:58:36.100

do have one of our attendees sort of said that they didn't

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00:58:36.100 --> 00:58:39.400

feel that they're very good Storyteller. So if there were resources or tips

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00:58:39.400 --> 00:58:42.100

on a storytelling that you all could share with them, they would be

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00:58:42.100 --> 00:58:45.400

really appreciated. You know, I think our goal

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00:58:45.400 --> 00:58:46.800

is to make it safe.

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00:58:47.500 --> 00:58:50.500

To help in terms of being inclusive. There's lots

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00:58:50.500 --> 00:58:53.400

of people that wish we didn't live in a racialized world, but

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00:58:53.400 --> 00:58:56.100

we do and so there is

1175

00:58:56.100 --> 00:58:59.500

no downside in getting to know the full complexity of who

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00:58:59.500 --> 00:59:02.300

all of us are because we all contribute in terms

1177

00:59:02.300 --> 00:59:05.200

of diversity. Thank you for all the great stuff. You do. Look forward

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00:59:05.200 --> 00:59:09.300

to hearing about the next me. You win and continue

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00:59:08.300 --> 00:59:11.500

our conversation. Thanks everybody for joining

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00:59:11.500 --> 00:59:13.300

us and I'll turn it back over to Matt.

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00:59:16.900 --> 00:59:19.200

Thank you everyone. I'm gonna stop recording you

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00:59:19.200 --> 00:59:23.300

will see this recording on the Dean's lecture series webpage

1183

00:59:22.300 --> 00:59:26.600

within the next couple of days it one

1184

00:59:26.600 --> 00:59:29.500

question survey will appear on your web browser immediately after this

1185

00:59:29.500 --> 00:59:32.300

Zoom session. Please take the time to complete the survey to

1186

00:59:32.300 --> 00:59:36.300

help us inform us a future presentation topics. Also. Please

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00:59:35.300 --> 00:59:38.200

save the date. The next things lecture series

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00:59:38.200 --> 00:59:41.100

session will be on Wednesday, April 12th with our friends

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00:59:41.100 --> 00:59:44.700

from Lions gift of sight of the Department of Ophthalmology and

1190

00:59:44.700 --> 00:59:47.700

visual Neuroscience. Thank you again to our wonderful presenters

1191

00:59:47.700 --> 00:59:49.400

today. Take good care. Bye.