

Name _____
 Date of birth _____
 Date _____
 Chart # _____

Compulsive Sexual Behavior Inventory – 13 (CSBI-13)

<i>Circle the answer that most accurately describes your response</i>	Never	Rarely	Occasionally	Frequently	Very Frequently
1. How often have you had trouble controlling your sexual urges?	1	2	3	4	5
2. Have you felt unable to control your sexual behavior?	1	2	3	4	5
3. How often have you used sex to deal with worries or problems in your life?	1	2	3	4	5
4. How often have you felt guilty or shameful about aspects of your sexual behavior?	1	2	3	4	5
5. How often have you concealed or hidden your sexual behavior from others?	1	2	3	4	5
6. How often have you been unable to control your sexual feelings?	1	2	3	4	5
7. How often have you made pledges or promises to change or alter your sexual behavior?	1	2	3	4	5
8. How often have your sexual thoughts or behaviors interfered with the formation of friendships?	1	2	3	4	5
9. How often have you developed excuses and reasons to justify your sexual behavior?	1	2	3	4	5
10. How often have you missed opportunities for productive and enhancing activities because of your sexual activity?	1	2	3	4	5
11. How often have your sexual activities caused financial problems for you?	1	2	3	4	5
12. How often have you felt emotionally distant when you were engaging in sex with others?	1	2	3	4	5
13. How often have you had sex or masturbated more than you wanted to?	1	2	3	4	5

Total score: _____ /65