This has been another historic year, as we celebrated our renaming as the Eli Coleman Institute for Sexual and Gender Health (ISGH). Our new name was launched in May during our Generations Celebration, a gala night honoring our past generations of alumni and leaders, celebrating our transition into this next stage of our continued development and growth, and raising funds for evidence-based advocacy in sexual and gender health. We deeply appreciate all of our alumni and supporters who joined us to mark this historic juncture.

In my first year as director, I have spent much of my early months in one-on-one meetings with all at ISGH, key people in the Department of Family Medicine and Community Health and throughout the Medical School, and with community members and organizations. I had the opportunity to learn from our amazing faculty, staff, and trainees about their dreams for ISGH, and any challenges they face, and to work together with them to build a work environment that maximizes our potential for growth.

Importantly, 2023 marked the 50th anniversary of our clinic. Founded in 1973, our sexual health clinic is now the M Health Fairview Sexual and Gender Health Clinic, which serves more than 1,500 different patients each year. With expansion of our clinic and its management staff, we provided 40% more patient visits this year versus last year, with more than 14,000 visits!

Our world-class clinicians serve as educators and mentors to our fellows, our graduate students, medical students, and learners nationally and internationally, through formal courses, clinical supervision, didactic trainings, and professional continuing education trainings. Our master of professional studies in sexual health degree program is growing, with our largest fall class ever!

Our faculty continue to wow with their research productivity, relevance and impact. 2023 saw us bring in more than a million dollars in research funding and produce 70 academic papers. Our work was presented at national and international conferences and invited talks.

We finish this year having welcomed two new postdoctoral fellows and are in the process of hiring multiple new faculty positions, including a research director, the Bean Robinson Chair in Clinical Sexual Health, the Pepper Schwartz Professor in Sexuality and Aging, and a clinical faculty position. We are so grateful for the philanthropic support that has allowed us to expand in a way that brings in field-leading faculty and promising postdoctoral fellows and ensures our stability.

Greta Bauer, PhD, MPH Director and Professor Chair in Sexual Health
On May 12, the Eli Coleman Institute for Sexual and Gender Health hosted the ISGH Generations Celebration, a fundraising event in honor of the Institute’s legacy and a celebration of its future. The event was an opportunity for donors, supporters, and friends of ISGH to bid adieu to Dr. Eli Coleman, who retired in the fall of 2022 after over 30 years as director of the Institute, and to welcome Dr. Greta Bauer, who assumed the directorship on November 15, 2022.

The evening began with a cocktail reception where guests were invited to mingle with one another, take a photo with Goldy Gopher, and contribute to a group art project that will be displayed in the Institute’s offices.

During the program, it was announced that the Institute would be given a new name in honor of Dr. Coleman’s long career as a leader in the field of sexual and gender health: the Eli Coleman Institute for Sexual and Gender Health. In addition to the announcement of the renaming, the event included the inauguration of Dr. Bauer as the new director and Chair in Sexual Health; the belated inauguration of Dr. Kristen Mark as the Institute’s Joycelyn Elders Chair in Sexual Health Education (a position she filled in 2021 during the height of the pandemic); remarks by Dr. David Satcher, 16th US Surgeon General and head of the CDC, and Dr. Joycelyn Elders, 15th US Surgeon General and longtime advocate for comprehensive sexual health education; and testimonials about the ongoing importance of the Institute’s work in these times when both reproductive autonomy and the rights of LGBTQ+ individuals are under fire. All proceeds raised during the event are going toward bolstering the Institute’s evidence-based advocacy and public policy work, which Dr. Bauer plans to center as a key pillar of ISGH’s work moving into this new era.
**Sex Science Happy Hour**

Sex Science Happy Hour had a very successful 2023! We have grown our community engagement substantially over the past year, running bi-monthly events where Dr. Kristen Mark brings sex science to the community in an approachable setting. Each event features a guest with an unique area of expertise and Dr. Mark asks them to share their perspectives and experiences while taking audience questions. Our 2023 lineup included former ISGH postdoctoral fellow and Mayo Clinic psychologist, Dr. Leo Candelario-Perez, Family Tree Clinic sex educator Sawyer Plotz, queer birth advocate and author Sarah Auna, former Department of Family Medicine and Community Health faculty physician Dr. Carolyn Torkelson, associate professor and sex researcher Dr. Sofia Jawed-Wessel, and two former ISGH postdoctoral fellows and sex therapists Dr. Jennifer Vencill and Dr. Lauren Fogel Mersey. We owe thanks to our 2023 community partners—Fulton Beer, Sociable Cider Werks, Urban Growler, and Barrel Theory—who have partnered with us to make this event series possible. Hear about future events and sign up for our newsletter at [z.umn.edu/SSHH_signup](https://z.umn.edu/SSHH_signup).

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**AUTHOR TALK AND BOOK SIGNING WITH SOPHIE LABELLE**

On February 3, ISGH’s National Center for Gender Spectrum Health, in partnership with the Minnesota Transgender Alliance, hosted an author talk and book signing with Sophie LaBelle. Sophie is a comic artist and writer who is best known for her graphic novel series *Assigned Male* and who has written several other novels and children's books as well.

Sophie's works explore gender identity and expression through coming-of-age tales that seek to normalize trans kids' experiences. Her author talk was even funnier than her books (if such a thing is possible) and highlighted the power of storytelling for queer and trans advocacy work. This event was filled with laughter, learning, and community building. We are so grateful to Sophie for traveling all the way from Finland to join us. Pages from *The Genderific Coloring Book* by Sophie are available in our clinic waiting room for visitors and patients to enjoy.

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Photos on page 6 by Lauren Sekelsky
GOVERNOR WALZ RECEIVES DISTINGUISHED SEXUAL AND GENDER HEALTH CHAMPION AWARD

On July 19, 2023, the University of Minnesota Eli Coleman Institute for Sexual and Gender Health presented its inaugural Distinguished Sexual and Gender Health Champion Award to Governor Tim Walz.

“It’s an honor to accept this award on behalf of the advocates, community leaders, and Minnesotans who’ve worked so hard to protect and expand Minnesotans’ freedom. We’ll continue working to make Minnesota a state where everyone is welcome,” said Governor Walz.

The Distinguished Sexual and Gender Health Champion Award honors those who champion sexual and gender health in ways that have impact at a particular historic moment when a champion is needed. Governor Walz received the Distinguished Sexual and Gender Health Champion Award for his outstanding efforts in protecting sexual and reproductive health care (PRO Act, HF 1) and gender-affirming health care (Executive Order 23-03) in Minnesota. Additionally, he recently signed three additional bills into law. These three additional laws protect those seeking or providing abortions in Minnesota, protect access to gender-affirming care and ban conversion therapy.

“These measures empower patients and their providers to continue making decisions about sexual and gender health care based on patients’ own needs, free from political interference,” said Dr. Greta Bauer, director of the Eli Coleman Institute for Sexual and Gender Health (ISGH) in the University of Minnesota Medical School.

The award was originally announced in May 2023 during the ISGH Generations Celebration. This occasion honored the legacy of many past faculty and staff who contributed to building ISGH, from humble beginnings to its current status as a world-class leader in the field of sexual and gender health, including honoring Dr. Eli Coleman and his 31 years of service as director of ISGH.

Newest Faculty Member Leads Local and National Advocacy Efforts

After experiencing the dissolution of his former gender health clinic in Florida, our newest faculty member, Jon Poquiz, PhD, LP, has dived into local advocacy efforts with a zeal. He, like all of our faculty and staff, are committed to preserving and expanding the protections that we enjoy around sexual and gender health in Minnesota. Given his expertise, life experiences, and passion for advocacy, Dr. Poquiz was appointed to the council for LGBTQIA2S+ Minnesotans by Governor Walz. The Minnesota Legislature created this council to implement economic, social, legal, and political equality for Minnesota’s LGBTQIA2S+ community. The new Council on LGBTQIA2S+ Minnesotans will advise the governor and Legislature on bills, act as a liaison between advocacy organizations and the government, and conduct studies focused on problems facing LGBTQ residents.

Dr. Poquiz also led the creation of a position statement from the American Psychological Association (APA)’s Division 54 Society for Pediatric Psychology Special Interest Group for Gender Health. This statement advocates for the critical need for gender-affirming healthcare, asserting that “pediatric gender-affirming healthcare saves lives.” The statement additionally calls for specific actions from lawmakers, including passing legislation to expand healthcare access and protect transgender individuals from discrimination, as well as centering the voices of transgender youth and their families, because to pass “legislation without input from the impacted communities is a harmful practice.”

Award-Winning Advocacy

Ben Parchem, PhD, Randi and Fred Ettner Fellow in Transgender Health, and Nic Rider, PhD, received an award for their essay titled “Systemic Barriers to Gender-Affirming Care for Transgender and Gender-Diverse Youth.” The essay was selected for publication with the Society of Actuaries (SOA) Research Institute and was awarded a $1,000 prize, which Drs. Parchem and Rider donated to the ISGH National Center for Gender Spectrum Health. The SOA Research Institute publishes these essays in an effort to offer insights into how LGBTQ+ individuals and their families experience insurance-related issues, to broaden understanding of these issues beyond the LGBTQ+ community, and to advocate for eliminating barriers in healthcare for diverse communities.
We support individuals, couples, and families of all backgrounds and ages in making profound and lasting changes in their lives by providing the best available clinical care by highly skilled clinicians. In 2022, our clinic welcomed several new providers to our Gender Creative Children and Adolescents program, allowing us to serve more patients in need of gender-affirming care.

“The doctor was informative and answered all of our questions. We are grateful that we found this clinic!”
—Sexual and Gender Health Clinic patient

“I felt particularly safe and comfortable with them, and I feel grateful that I benefited so much from their expertise.”
—Sexual and Gender Health Clinic patient

“This is the kind of rare, quality care I have always dreamed of finding.”
—Sexual and Gender Health Clinic patient

14,117 PATIENT VISITS IN 2023

CELEBRATING 50 YEARS OF CLINICAL LEADERSHIP

Our Sexual & Gender Health Clinic is one of the oldest in the US!

1973 The Center for Sexual Health (CSH) was founded in 1973
1976 Treatment program launched to help survivors of family sexual abuse
1979 Transgender health program is established
1980 Relationship & sex therapy program established
1985 First Compulsive Sexual Behavior (CSB) therapy group is created
1990 Individual therapy and a support group offered for people with HIV/AIDS
2009 Trans health program expanded to include gCHAD (Gender Creative Children & Adolescents)
2015 Work on sexual pain and sexuality and aging begins
2021 CSH renamed the Milfield Fairview Sexual & Gender Health Clinic
2023

This year we introduced two new therapy groups for our patients:

NEURODIVERSITY GROUP
A place for neurodiverse and gender diverse youth between the ages of 10-20 to connect and build community.

RADICAL HEALING AND RESISTANCE GROUP
A group for Black, Indigenous, people of color (BIPOC) transgender adults or anyone 18+ who identifies with marginalized racial/ethnic group(s) and marginalized gender(s) and sex therapy.

CLINICAL CARE
Developing, providing, and promoting evidence-based best clinical care
Postdoctoral Fellow Achievements

Ben Parchem, PhD (right), one of our Randi and Fred Ettner Fellows in Transgender Health, presented his poster “Frequency of Suicidal Ideation Differs by LGBTQ+ and Racial Identities and Access to Firearms among 7-12th graders in Wisconsin” at the Society for Pediatric Psychology Annual Conference (SPPAC), for which he received the Gender Health SIG Trainee Poster Award as well as the SPPAC 2023 Student Poster Award.

Dr. Parchem also received the 2023 University of Minnesota Postdoc Award in Impactful Research!

In June we celebrated the graduation of Ryan Rahm-Knigge, PhD, from the Doug Braun-Harvey Fellowship in Compulsive Sexual Behavior (CSB). Dr. Rahm-Knigge has joined the ISGH faculty and continues his research and clinical work in CSB. In September we welcomed two new postdoctoral fellows: Shari Brightly Brown, PhD (Randi and Fred Ettner Fellow in Transgender Health), and Leonor De Oliveira, PhD (Michael Metz Fellow in Relationship and Sexual Health).

ISGH faculty translate and disseminate research to the public through various popular media publications including the New York Times, Time Magazine, Scientific American, Vice, The Wall Street Journal, and more. Read articles quoting our faculty at: z.umn.edu/ISGHnews

In addition to our popular Sex Science Happy Hour series, ISGH faculty and staff participate in a wide variety of community education efforts and events, locally, nationally, and internationally. In that spirit, Greta Bauer, PhD, MPH, participated in a panel at the Toronto International Film Festival along with the writer/director of the film “Fitting in,” which chronicles the story of a young woman diagnosed with MRKH syndrome, a variation of sex development.

Master of Professional Studies in Sexual Health

Our master’s and certificate programs are growing! Given this incredible growth, ISGH has expanded our education team with the addition of an Education Specialist II to assist with curriculum development and other educational programming.

“It’s a fast-paced program, but the information is excellent. The professors make it very engaging, and it makes the time fly. It’s hands-down, out of the four colleges that I have degrees from, by far the best.”

—MPS student

In July 2023, Dr. Mark led a group of undergraduate and graduate students on a study abroad program in the Netherlands, where the students learned about the Dutch approach to sexual and gender health. The Netherlands has inclusive and comprehensive sex education from preschool onward, regulated, legal, and decriminalized sex work, and a very rich and interesting queer history. Sexual pleasure is valued as a human right in the Netherlands, especially in the context of Amsterdam, Utrecht, and De Hague, the cities visited during the program. Students were immersed in this culture through excursions, guest lectures from scholars in the Netherlands, and their own personalized independent study.

“It was a very immersive three weeks. I would recommend it for anyone who wants to know about sexual pleasure and transgender and sexual health. The education was fantastic.”

—MPS student on the Netherlands study abroad trip

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“It was a very immersive three weeks. I would recommend it for anyone who wants to know about sexual pleasure and transgender and sexual health. The education was fantastic.”

—MPS student on the Netherlands study abroad trip
Dr. Mark Receives First NIH R01 for Tanzabilities Project!

Kristen Mark, PhD, MPH, along with her team, including co-investigator Michael Ross, MD, PhD, MPH, received a $3.5 million grant for their project “Training Healthcare Professionals to Address Reproductive Health for Persons with Disabilities in Tanzania” on behalf of the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) (NIH). People with disabilities make up almost 10% of the population of Tanzania, a socially conservative, low-income country, where they face substantial barriers to accessing sexual and reproductive health (SRH) care. The goal of this research is to improve outcomes by extending the team’s previous SRH training to focus on people with disabilities.

“There through doing this research, we will improve the lives of people with disabilities in Tanzania and build in-country capacity to ensure this work can continue long after our grant period ends.” —Dr. Mark

Dr. Rider Receives their First NIH Grant!

Nic Rider, PhD, along with their team, received an NIH R21 grant for their project “Exploring health equity for Asian American, Native Hawaiian, and Pacific Islander Adolescents in a large epidemiological study: Intersections of ethnicity, sexual orientation, and gender identity” on behalf of the National Institute on Minority Health and Health Disparities (NIMHD) (NIH). This is Dr. Rider’s first NIH award as the Principal Investigator and it was awarded on the first submission.

Other Exciting Grant News

Abby Girard, PsyD, LMFT, along with her team, including co-investigator Nic Rider, PhD, received the Clinician Scientist Development Grant from the American Cancer Society for their project titled “Development and Pilot Testing of a mLearning Intervention to Address Sexual Health Needs of Gynecologic Cancer Survivors.”

Michael Miner, PhD, along with their team, including former ISGH postdoctoral fellow Nicholas Newstrom, PhD, were awarded an NIH R21 grant for their project “Mobilizing evidence into tertiary prevention of child sexual abuse: A pilot study” on behalf of the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) (NIH).

Dr. Rider Receives APA Book Award and Presents Keynote at Conference

Nic Rider, PhD (right), presented a keynote at the American Psychological Association conference in Washington, DC, titled “Resistance, Disruption Strategies, and Resilience: Centering 2SLGBTQ Youth of Color.” Nic Rider, PhD, along with their co-authors, received a Distinguished Book Award for their book “Mental Health Practice with LGBTQ+ Children, Adolescents, and Emerging Adults in Multiple Systems of Care”. The Division offers this award for a book that has made a significant contribution to the field of LGBT psychology scholarship.

View ISGH Faculty Publications and Presentations

Our Body, Our Health research team, including Jennifer Connor, PhD, LMFT, and Bean Robinson, PhD, received a supplement to extend their R01 research grant on female genital cutting, sexual pain, and sexual health.

Our faculty publish world-class research on topics such as child and adolescent gender health; compulsive sexual behavior; lesbian, gay, and bisexual health; relationship and sex therapy; sexual health and rights; adult transgender health; and more.

Scan the code or visit z.umn.edu/ISGHPresentations2023 to view a list of presentations given by ISGH faculty in 2023. Our faculty have presented their research at conferences and symposia around the world, as well as right here in Minneapolis.
ACCOMPLISHMENTS
The National Center for Gender Spectrum Health focuses on building our strengths and community relationships, engaging in advocacy, and advancing our innovative ideas to improve the wellbeing of gender diverse people across the lifespan. 2023 was a standout year with many accomplishments, including (but not limited to) the following:

Local, National, and International Advocacy and Policy Work
One of the four pillars of ISGH's work is clinical care, which ISGH provides through our M Health Fairview Sexual and Gender Health Clinic (SGHC). In 2023, NCGSH worked with the M Health Fairview Comprehensive Gender Care Program to create system-wide policy and practices regarding gender-affirming care in the M Health Fairview system.

Along with the Minnesota Department of Health, NCGSH produced a legislative report, the aim of which is to describe the importance of gender affirming care, the current state of scientific evidence about the safety and effectiveness of gender affirming care, as well as its public health impacts. Both the aforementioned healthcare system policies and the state legislative report will go a long way towards making Minnesota a safe and affirming place for gender diverse people to live.

NCGSH also engages in extensive advocacy work on a national and international level. In collaboration with the World Association for Sexual Health and additional key stakeholders, NCGSH led a gender diverse human and sexual rights project, which will result in a rights declaration. Similar declarations have been successfully used as a tool to promote sexual rights governmentally at a national and international level.

Award-Winning Courses
The NCGSH-affiliated graduate course “Considerations in the Care of Transgender and Gender Diverse Children and Adolescents” won the Schochet Endowment for Queer and Trans Studies Award from the Gender and Sexuality Center for Queer & Trans Life at the University of Minnesota. This course is conducted in partnership with the University of Minnesota College of Continuing and Professional Studies (CCAPS) and ISGH's Director of Education Dr. Kristen Mark.

Additionally, the foundational tenets of our award-winning course, “Intersectional and Decolonizing Approaches to Transgender Health,” are now being used at other institutions leading to system change in education and evaluation.

MyGender Dolls Project Receives Grant Funding and Donations
First imagined by former ISGH psychologist Rachel Becker-Warner, PsyD, the MyGender Dolls project has been continued by the NCGSH, Dianne Berg, PhD, and Communications Specialist Ashley Finch, especially, have been hard at work developing the dolls to be used as a therapeutic tool for transgender and gender diverse children. The concept is similar to classic paper dolls; kids can select bodies, genitals, clothes, and other accessories as a way to visualize their anatomy and genders. The dolls consist of bodies that vary in age, shape, and skin color, so all kids can see themselves represented. In 2023, this project received grant funding and donations, which have allowed us to refine and evaluate the MyGender Dolls through various means, including creating more bodies, clothing, and accessories by hiring more transgender and gender diverse identified artists.

Community Partnerships
Our ongoing projects include a partnership with Transforming Families, a local organization that provides support for gender diverse youth and their families. This project focuses on gender and flexible thinking among gender diverse prepubescent children.

Additionally, we have begun a collaboration with the Minnesota Youth Sex Trading Project collective on a grant funded project using virtual Photovoice methodology, which was developed from NCGSH-related work.

In addition to these accomplishments, NCGSH continues to support undergraduate, graduate, and postdoctoral trainees in getting experience in their areas of interest, as well as to conduct research in various roles on federal, foundation, and internal grants. Several of these projects used the Gender-Affirming Lifespan Approach, developed by NCGSH, as a framework. We are also proud to share that several clinical measures developed by our team members are being used globally, including being translated into multiple languages.

Note: these examples are simply a snapshot of the many varied highlights from the NCGSH. We have celebrated many accomplishments, focused on uplifting each other, and are excited about what we have been dreaming up for next year.
Greta Bauer, PhD, MPH  
Director  
Professor  
Chair in Sexual Health

Dianne Berg, PhD, LP  
Associate Professor  
Program Coordinator, Child & Adolescent  
Gender Care

Eli Coleman, PhD*  
Professor Emeritus

Jennifer Connor, PhD, LMFT  
Associate Professor  
Director of Clinical Services

Jamie Feldman, MD, PhD*  
Associate Professor

Abby Girard, PsyD, LMFT  
Assistant Professor  
Program Coordinator, Relationship & Sex Therapy

Kristen Mark, PhD, MPH  
Professor  
Director of Education  
Joycelyn Elders Chair in Sexual Health Education

Michael Miner, PhD*  
Professor Emeritus

Jonathan Poquiz, PhD  
Assistant Professor

Ryan Rahm-Knigge, PhD  
Assistant Professor  
Program Coordinator, Compulsive Sexual Behavior

G. Nic Rider, PhD, LP*  
Assistant Professor  
Program Coordinator, Adult Gender Services  
Director, National Center for Gender Spectrum Health

Beatrice "Bean" Robinson, PhD, LMFT*  
Professor

Michael Ross, MD, PhD, MPH, MPHeD, MSt*  
Professor

Katie Spencer, PhD, LP, CST  
Assistant Professor  
Director of Clinical Training  
Co-Director of M Health Fairview  
Comprehensive Gender Care, Behavioral Health

Photos on page 16 & 17 by Purpose Madison

**FACULTY**

Clinic, Research and Administrative Staff

Amy Ash, BS, Research Program Coordinator
Shari Brightly-Brown, PhD, Postdoctoral Fellow*
Lisa Brusoe, CMA, Certified Medical Assistant*
Brady Burkhart, LSW, Social Work Care Coordinator
Jieyi Cai, Graduate Research Assistant*
Spencer Czech, Graduate Research Assistant*
Leonor De Oliveira, PhD, Postdoctoral Fellow*
Kieran Dillon, Intake Coordinator
Zamzam Dini, Research Assistant*
Gabrielle Dye, On-Call Patient Representative*
LynAnne Evenson, MS, LMFT, LADC, Psychologist
Heidi Fall, Research Administrative Coordinator*
Ashley Finch, Administrative Assistant/Graphic Designer*
Csyabeaw Ford, Intake Coordinator
Michael Genderalnik, Education Specialist
Vivian Gin, RN, Nurse Care Coordinator*
Lisa Hady, Psychology Intern
Owen Hall, Student Principal Investigator*
Rachel Hall, Clinic Supervisor
Alexandra Hanson, Research Assistant*
Terri Hayden, Clinic Manager
Arthi Jegraj, Student Academic Support*
Gunnla Kilian, Project Manager*
Rob Kirby, Administrative Coordinator
Todd Leech, PA-C, Edd, Physician Assistant*
Yiting Li, PhD, Data Research Manager/Analyst
Mary O’Brien McAdaragh, Graduate Research Assistant*
Rashid Mfinanga, Research Assistant*
Elizabeth Panetta, MSW, LICSW, Therapist
Benjamin Parchem, PhD, Postdoctoral Fellow
Nora Poole, Communications Officer*
Sara B. Pournoor, MSW, LICSW, Therapist
Maggie Puchnam, Research Assistant*
Tori Reigada, Research Professional  
Lauren Sekelsky, Executive Administrator  
Zahra Sheikh, Community Engagement Specialist*
Roseanne Thompson, Financial Counselor*
Ben Weideman, Research Assistant*
Timothy Williams, CCMA, Certified Medical Assistant*

Volunteers (not pictured)

Kalthum Abdikeir  
Foos Afey  
Rhea Alley  
Zoe Baccam  
Johanna Back  
Aleksandra Bajer  
Nicholas "Niko" Blando  
Ceili Charley  
Jae Creger  
Samuel Danielson  
Jeremy Duval  
Eva Elder  
Neil Gleason  
Intisar Hussein  
Todd Jennings  
Kyra Kaczmarczik  
Owen Karcher  
Cynthia "Cyndi" Kimball  
Carolyn Litzell  
Olivia Manickas-Hill  
Magdlena March  
Laurel Neufeld  
Katja Nielsen  
Madeline "Maddy" Pesch  
Geanette Poole  
Munira Salad  
Olivia Sekelsky  
Pam Sekelsky  
Brittney Skalland  
Isla Sorenson  
Madison "Madi" Sundløf  
De'Shay Thomas  
Annika Tureson  
Linzie Wildenauer

*Not pictured

**STAFF AND VOLUNTEERS**
Makayla Edwards Shapiro is a pre-doctoral student at California State University Los Angeles who joined us from May-August, 2023, as a visiting scholar. Makayla holds a master’s degree in psychology and her research areas include romantic relationships and sexual well-being within the LGBTQIA2S+ community. She intends to pursue a doctoral degree in social psychology and to continue with research in the field of sexual health. While at ISGH, Makayla worked with Dr. Kristen Mark to examine the impact of sexual communication on sexual relationship satisfaction among couples dealing with sexual desire discrepancy. The findings were presented at the Society for the Scientific Study of Sexuality Annual Conference in New Orleans in November.
ACCOMPLISHMENTS

- Advanced sexual health and sexual rights through collaboration with national and international organizations
- Led a report on adolescent gender-affirming care for University of Minnesota Physicians
- Hosted the ISGH Generations Celebration in May to celebrate our alumni and leaders and all our generations, past and future
- Created a new Distinguished Sexual and Gender Health Champion Award and presented it to its inaugural recipient, Minnesota Governor Tim Walz
- Renamed and rebranded as the Eli Coleman Institute for Sexual and Gender Health
- Was an invited speaker at the National Academies of Science, Engineering, and Medicine’s Supporting the Health and Well-Being of Gender-Diverse Youth Workshop
- Facilitated smart growth of the graduate program in sexual health and graduate certificates in sex education, sex therapy, and transgender and gender diverse health, with growth tripling in 2023! We are building a national and international reputation for this graduate training. We continue to expand our offerings for AASECT supervision and credentialing.
- Directed sexual medicine elective clerkship and LGBT elective clerkship for the Medical School.
- Rolled out new medical curriculum as the Life Stages Thread Director and the 2SLGBTQIA+ MPact Director for the new Medical School curriculum build, ensuring sexual and gender health curriculum was intentionally integrated into the new curriculum that began in fall 2023.
- Awarded a National Institutes of Health (NIH) R01 grant from the National Institute for Child and Human Development (NICHD) as the Principal Investigator (PI): “Training Healthcare Professionals to Address Reproductive Health for Persons with Disabilities in Tanzania.” This was awarded during the first attempt; this five-year project is underway and ahead of schedule. Dr. Mark will travel to Tanzania with her team in January 2024. Dr. Simon Rosser, Dr. Michael Ross, Gunna Kilian, and Dr. Dickson Mkoka at MUHAS in Dar es Salaam have been critical team members to the success of this work.
- Dr. Mark submitted two other NIH R01 grants as a Co-Investigator (Co-I) with colleagues from within and outside of UMN in 2023 and contributed to the scientific field through several invited talks, peer-reviewed research presentations, and peer-reviewed publications in top journals including Journal of Sexual Medicine, Women’s Health Reports, American Journal of Bisexuality, and International Journal of Sexual Health.
- Led a study abroad program in July 2023 for 18 students to travel to Amsterdam and get UMN academic credit learning from the Dutch model of comprehensive and inclusive sexual health education.
- Disseminated sexual health education to the public through providing expert commentary, as a podcast guest, or as a featured expert for The New York Times, NPR, The Economist, CNN, Cosmopolitan, Men’s Health, and The Star Tribune.

CHAIR IN SEXUAL HEALTH

GRETA BAUER, PHD, MPH

Photo credit: Sarah Morreim Photography

CHAIR IN SEXUAL HEALTH EDUCATION

JOYCELYN ELDERS CHAIR IN SEXUAL HEALTH EDUCATION

KRISTEN MARK, PHD, MPH

Photo credit: Sarah Morreim Photography
The Leadership Council Spearheads Philanthropy Efforts in Support of ISGH’s Mission

2023 Leadership Council Members

Triste Brooks    Eric Meininger
Alberto Cortes  Stacey Mills
Joycelyn Elders  Paul Mittelstadt
Fred Ettner      Susan Phipps-Yonas
Randi Ettner     Jennifer Pritzker
Andrea Jenkins   Lydia Roth-Laube
June La Valleur  Pepper Schwartz
Chip Martin-Chaffee

The Eli Coleman Institute for Sexual and Gender Health Leadership Council is composed of dedicated volunteers contributing sexual and gender health expertise, as well as ongoing development in support of the Institute. The Council remains steadfast in building philanthropic efforts in collaboration with the University of Minnesota Foundation and Dr. Bauer to develop the next events and campaigns that strengthen and expand ISGH national and global supporters. The Council has enjoyed working with the new leadership and perspectives Dr. Bauer brings to the Institute and the Leadership Council.

A Letter from the Chair

Doug Braun-Harvey, Chair

Did you know there are many ways to give in support of ISGH? From one-time donations to legacy gifts, there are options to fit every budget. The generosity of our donors is key to helping ISGH expand our research, educate the next generation of medical providers, and provide the best clinical care to our patients.

WAYS TO GIVE

• **Give online** simply and securely at z.umn.edu/isghgift

• **Monthly giving**: Automated monthly giving is easy and convenient, cost-effective, and environmentally friendly. Set up monthly giving at give.umn.edu/waystogive/monthly-gifts

• **Give directly from your IRA**: If you are 70 1/2 years old or older, your contribution will count towards your Required Minimum Distribution (RMD) and will not be included in your Adjusted Gross Income (AGI). You may contribute up to $100,000 annually from your IRA. In some situations lowering your AGI may be more beneficial than itemizing charitable deductions.

• **Make a securities contribution**: Gifts of stocks, bonds, or mutual funds are generally tax deductible at the full fair-market value and exempt from long-term capital gains tax.

• **Create a Donor Advised Fund**: A donor advised fund allows your assets including cash, appreciated stock, mutual funds, real estate, and more to be invested and grow tax-free. Contributions to your fund are tax deductible in the year that they are made, but may be granted to eligible charitable organizations over a period of multiple years. Donor-advised funds are a useful tool for donors who are affected by the new, higher standard deduction threshold and wish to combine multiple years worth of giving into one year in order to itemize.

• **Legacy Gifts**: Include a gift to ISGH in your will or trust, or designate ISGH as a beneficiary of your IRA or life insurance policy.

Please note: The Eli Coleman Institute for Sexual and Gender Health is not a financial advisor and cannot provide tax, legal, or accounting advice. Please consult your financial planner to learn how gifts to ISGH may benefit your unique tax or financial situation.

LEADERSHIP COUNCIL

Stacey Mills, Co-Chair

GIVING TO ISGH

Triste Brooks
Alberto Cortes
Joycelyn Elders
Fred Ettner
Randi Ettner
Andrea Jenkins
June La Valleur
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Jennifer Pritzker
Lydia Roth-Laube
Pepper Schwartz

Doug Braun-Harvey, Chair, Leadership Council
**FISCAL YEAR: 2022-2023**

**REVENUE**

- Clinical services: $857,189
- Research grants: $1,002,368
- Endowments/Donations: $622,252
- Academic support: $928,995

**EXPENSES**

- Salaries: $2,002,359
- Research grants: $1,002,368
- Administration: $328,141
- Clinical services: $79,608

**Total**

- $3,410,804
- $3,412,476

**GRANT FUNDING**

- 2023: $1,002,368
- 2022: $1,093,235
- 2021: $712,931
- 2020: $613,475
- 2019: $406,503

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  P.O. Box 64001
  St. Paul, MN 55164-001

**ENDOWMENTS AND PHILANTHROPIC FUNDS**

- Eli Coleman Institute for Sexual and Gender Health Fund: $65,620
- Chair in Sexual Health: $5,380,437
- Joycelyn Elders Chair in Sexual Health Education: $3,078,815
- Bean Robinson Chair in Clinical Sexual Health: $2,519,535
- Pepper Schwartz Professorship in Sexuality and Aging: $2,021,456
- National Center for Gender Spectrum Health: $291,352
- John W. Money Endowed Lecture: $138,024
- Randi and Fred Ettnner Fellowship in Transgender Health: $93,775
- Michael Metz Fellowship in Couples’ Sexual Health: $79,883
- Doug Braun-Harvey Fellowship in Compulsive Sexual Behavior: $9,225
- Faculty Support & Appreciation: $4,384
- Program in Human Sexuality Faculty Support and Appreciation Fund: $2,555

**ANNUAL FINANCIAL SUMMARY**

- Fiscal Year: 2022-2023
- Grant Funding: $1,002,368
- Total Revenue: $3,410,804
- Total Expenses: $3,412,476
$1,000,000+

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—Sexual and Gender Health Clinic patient

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