



**Eli Coleman Institute for
Sexual and Gender Health**

ANNUAL REPORT

2023



OUR PURPOSE

Revolutionizing the sexual and gender climate by eliminating barriers and advancing healthy sexuality.



OUR POTENTIAL

Leadership in sexuality research, education, clinical care, and advocacy to promote positive sexual and gender health for all.

This has been another historic year, as we celebrated our renaming as the Eli Coleman Institute for Sexual and Gender Health (ISGH). Our new name was launched in May during our Generations Celebration, a gala night honoring our past generations of alumni and leaders, celebrating our transition into this next stage of our continued development and growth, and raising funds for evidence-based advocacy in sexual and gender health. We deeply appreciate all of our alumni and supporters who joined us to mark this historic juncture.



Photo: Greta Bauer, PhD, MPH
Photo by Sarah Morreim Photography

In my first year as director, I have spent much of my early months in one-on-one meetings with all at ISGH, key people in the Department of Family Medicine and Community Health and throughout the Medical School, and with community members and organizations. I had the opportunity to learn from our amazing faculty, staff, and trainees about their dreams for ISGH, and any challenges they face, and to work together with them to build a work environment that maximizes our potential for growth.

Importantly, 2023 marked the 50th anniversary of our clinic. Founded in 1973, our sexual health clinic is now the M Health Fairview Sexual and Gender Health Clinic, which serves more than 1,500 different patients each year. With expansion of our clinic and its management staff, we provided 40% more patient visits this year versus last year, with more than 14,000 visits!

Our world-class clinicians serve as educators and mentors to our fellows, our graduate students, medical students, and learners nationally and internationally, through formal courses, clinical supervision, didactic trainings, and professional continuing education trainings. Our master of professional studies in sexual health degree program is growing, with our largest fall class ever!

Our faculty continue to wow with their research productivity, relevance and impact. 2023 saw us bring in more than a million dollars in research funding and produce 70 academic papers. Our work was presented at national and international conferences and invited talks.

We finish this year having welcomed two new postdoctoral fellows and are in the process of hiring multiple new faculty positions, including a research director, the Bean Robinson Chair in Clinical Sexual Health, the Pepper Schwartz Professor in Sexuality and Aging, and a clinical faculty position. We are so grateful for the philanthropic support that has allowed us to expand in a way that brings in field-leading faculty and promising postdoctoral fellows and ensures our stability.

Greta Bauer, PhD, MPH
Director and Professor
Chair in Sexual Health

LETTER FROM DR. GRETA BAUER





On May 12, the Eli Coleman Institute for Sexual and Gender Health hosted the ISGH Generations Celebration, a fundraising event in honor of the Institute's legacy and a celebration of its future. The event was an opportunity for donors, supporters, and friends of ISGH to bid adieu to Dr. Eli Coleman, who retired in the fall of 2022 after over 30 years as director of the Institute, and to welcome Dr. Greta Bauer, who assumed the directorship on November 15, 2022.

The evening began with a cocktail reception where guests were invited to mingle with one another, take a photo with Goldy Gopher, and contribute to a group art project that will be displayed in the Institute's offices.

During the program, it was announced that the Institute would be given a new name in honor of Dr. Coleman's long career as a leader in the field of sexual and gender health: the Eli Coleman Institute for Sexual and Gender Health. In addition to the announcement of the renaming, the event included the inauguration of Dr. Bauer as the new director and Chair in Sexual Health; the belated inauguration of Dr. Kristen Mark as the Institute's Joycelyn Elders Chair in Sexual Health Education (a position she filled in 2021 during the height of the pandemic); remarks by Dr. David Satcher, 16th US Surgeon General and head of the CDC, and Dr. Joycelyn Elders, 15th US Surgeon General and longtime advocate for comprehensive sexual health education; and testimonials about the ongoing importance of the Institute's work in these times when both reproductive autonomy and the rights of LGBTQ+ individuals are under fire. All proceeds raised during the event are going toward bolstering the Institute's evidence-based advocacy and public policy work, which Dr. Bauer plans to center as a key pillar of ISGH's work moving into this new era.

Dr. Eli Coleman presents the Chair in Sexual Health endowment medal to Dr. Greta Bauer.



Dr. David Satcher, Dr. Greta Bauer, and Dr. Joycelyn Elders
Photos: Sarah Morreim Photography



Elna Rudolph (President of the World Association of Sexual Health) and Dr. Nic Rider



Dr. Joycelyn Elders poses for a photo with Goldy Gopher



Local artist John House presents portraits of Dr. Joycelyn Elders and the former directors of ISGH. Portraits were commissioned by generous ISGH donors.



Minneapolis City Council President Andrea Jenkins



Dr. Jim Pacala (right), head of the Department of Family Medicine and Community Health, and Doug Braun-Harvey (left), co-chair of the ISGH Leadership Council, announce our renaming to the Eli Coleman Institute for Sexual and Gender Health



ISGH GENERATIONS CELEBRATION



ISGH GENERATIONS CELEBRATION



Sex Science Happy Hour had a very successful 2023! We have grown our community engagement substantially over the past year, running bi-monthly events where Dr. Kristen Mark brings sex science to the community in an approachable setting. Each event features a guest with an unique area of expertise and Dr. Mark asks them to share their perspectives and experiences while taking audience questions. Our 2023 lineup included former ISGH postdoctoral fellow and Mayo Clinic psychologist, Dr. Leo Candelario-Perez, Family Tree Clinic sex educator Sawyer Plotz, queer birth advocate and author Sarah Auna, former Department of Family Medicine and Community Health faculty physician Dr. Carolyn Torkelson, associate professor and sex researcher Dr. Sofia Jawed-Wessel, and two former ISGH postdoctoral fellows and sex therapists Dr. Jennifer Vencill and Dr. Lauren Fogel Mersey. We owe thanks to our 2023 community partners—Fulton Beer, Sociable Cider Werks, Urban Growler, and Barrel Theory—who have partnered with us to make this event series possible. Hear about future events and sign up for our newsletter at z.umn.edu/SSHH_signup

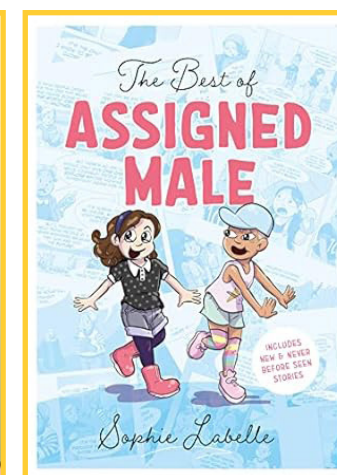
Sex Science HAPPY HOUR



AUTHOR TALK AND BOOK SIGNING WITH SOPHIE LABELLE

On February 3, ISGH's National Center for Gender Spectrum Health, in partnership with the Minnesota Transgender Alliance, hosted an author talk and book signing with Sophie LaBelle. Sophie is a comic artist and writer who is best known for her graphic novel series *Assigned Male* and who has written several other novels and children's books as well.

Sophie's works explore gender identity and expression through coming-of-age tales that seek to normalize trans kids' experiences. Her author talk was even funnier than her books (if such a thing is possible) and highlighted the power of storytelling for queer and trans advocacy work. This event was filled with laughter, learning, and community building. We are so grateful to Sophie for traveling all the way from Finland to join us. Pages from *The Genderific Coloring Book* by Sophie are available in our clinic waiting room for visitors and patients to enjoy.



Sophie LaBelle with ISGH team members Dr. Nic Rider, Nora Poole, and Lauren Sekelsky



COMMUNITY EVENTS



COMMUNITY EVENTS

GOVERNOR WALZ RECEIVES DISTINGUISHED SEXUAL AND GENDER HEALTH CHAMPION AWARD

On July 19, 2023, the University of Minnesota Eli Coleman Institute for Sexual and Gender Health presented its inaugural Distinguished Sexual and Gender Health Champion Award to Governor Tim Walz.

“It’s an honor to accept this award on behalf of the advocates, community leaders, and Minnesotans who’ve worked so hard to protect and expand Minnesotans’ freedom. We’ll continue working to make Minnesota a state where everyone is welcome,” said Governor Walz.

The Distinguished Sexual and Gender Health Champion Award honors those who champion sexual and gender health in ways that have impact at a particular historic moment when a champion is needed. Governor Walz received the Distinguished Sexual and Gender Health Champion Award for his outstanding efforts in protecting sexual and reproductive health care (PRO Act, HF 1) and gender-affirming health care (Executive Order 23-03) in Minnesota. Additionally, he recently signed three additional bills into law. These three additional laws protect those seeking or providing abortions in Minnesota, protect access to gender-affirming care and ban conversion therapy.

“These measures empower patients and their providers to continue making decisions about sexual and gender health care based on patients’ own needs, free from political interference,” said Dr. Greta Bauer, director of the Eli Coleman Institute for Sexual and Gender Health (ISGH) in the University of Minnesota Medical School.

The award was originally announced in May 2023 during the ISGH Generations Celebration. This occasion honored the legacy of many past faculty and staff who contributed to building ISGH, from humble beginnings to its current status as a world-class leader in the field of sexual and gender health, including honoring Dr. Eli Coleman and his 31 years of service as director of ISGH.



Lauren Sekelsky, Governor Tim Walz, Dr. Greta Bauer, and Dr. Nic Rider

Photo credit: Lauren Sekelsky



Photo credit: Lauren Sekelsky



ADVOCACY AND PUBLIC POLICY

Advocating for sex and gender rights

Newest Faculty Member Leads Local and National Advocacy Efforts

After experiencing the dissolution of his former gender health clinic in Florida, our newest faculty member, Jon Poquiz, PhD, LP, has dived into local advocacy efforts with a zeal. He, like all of our faculty and staff, are committed to preserving and expanding the protections that we enjoy around sexual and gender health in Minnesota. Given his expertise, life experiences, and passion for advocacy, Dr. Poquiz was appointed to the council for LGBTQIA2S+ Minnesotans by



Governor Walz. The Minnesota Legislature created this council to implement economic, social, legal, and political equality for Minnesota’s LGBTQIA2S+ community. The new Council on LGBTQIA2S+ Minnesotans will advise the governor and Legislature on bills, act as a liaison between advocacy organizations and the government, and conduct studies focused on problems facing LGBTQ residents.

Dr. Poquiz also led the creation of a position statement from the American Psychological Association (APA)’s Division 54 Society for Pediatric Psychology Special Interest Group for Gender Health. This statement advocates for the critical need for gender-affirming healthcare, asserting that “pediatric gender-affirming healthcare saves lives.” The statement additionally calls for specific actions from lawmakers, including passing legislation to expand healthcare access and protect transgender individuals from discrimination, as well as centering the voices of transgender youth and their families, because to pass “legislation without

“I’ve found advocacy and the way I chose to integrate it into my work—it is a pillar. It’s a pillar which education, research, and practice should be held upon.”

—Jon Poquiz, ISGH Faculty

input from the impacted communities is a harmful practice.”

Award-Winning Advocacy

Ben Parchem, PhD, Randi and Fred Ettner Fellow in Transgender Health, and Nic Rider, PhD, received an award for their essay titled “Systemic Barriers to Gender-Affirming Care for Transgender and Gender-Diverse Youth.” The essay was selected for publication with the Society of Actuaries (SOA) Research Institute and was awarded a \$1,000 prize, which Drs. Parchem and Rider donated to the ISGH National Center for Gender Spectrum Health. The SOA Research Institute publishes these essays in an effort to offer insights into how LGBTQ+ individuals and their families experience insurance-related issues, to broaden understanding of these issues beyond the LGBTQ+ community, and to advocate for eliminating barriers in healthcare for diverse communities.

ADVOCACY AND PUBLIC POLICY

Advocating for sex and gender rights



We support individuals, couples, and families of all backgrounds and ages in making profound and lasting changes in their lives by providing the best available clinical care by highly skilled clinicians. In 2022, our clinic welcomed several new providers to our Gender Creative Children and Adolescents program, allowing us to serve more patients in need of gender-affirming care.



Photo: Jennifer Connor, PhD, LMFT
Photo by Ethan O'Brien

“The doctor was informative and answered all of our questions. We are grateful that we found this clinic!”
—Sexual and Gender Health Clinic patient

“I felt particularly safe and comfortable with them, and I feel grateful that I benefited so much from their expertise.”
—Sexual and Gender Health Clinic patient

“This is the kind of rare, quality care I have always dreamed of finding.”
—Sexual and Gender Health Clinic patient

14,117
PATIENT VISITS
IN 2023

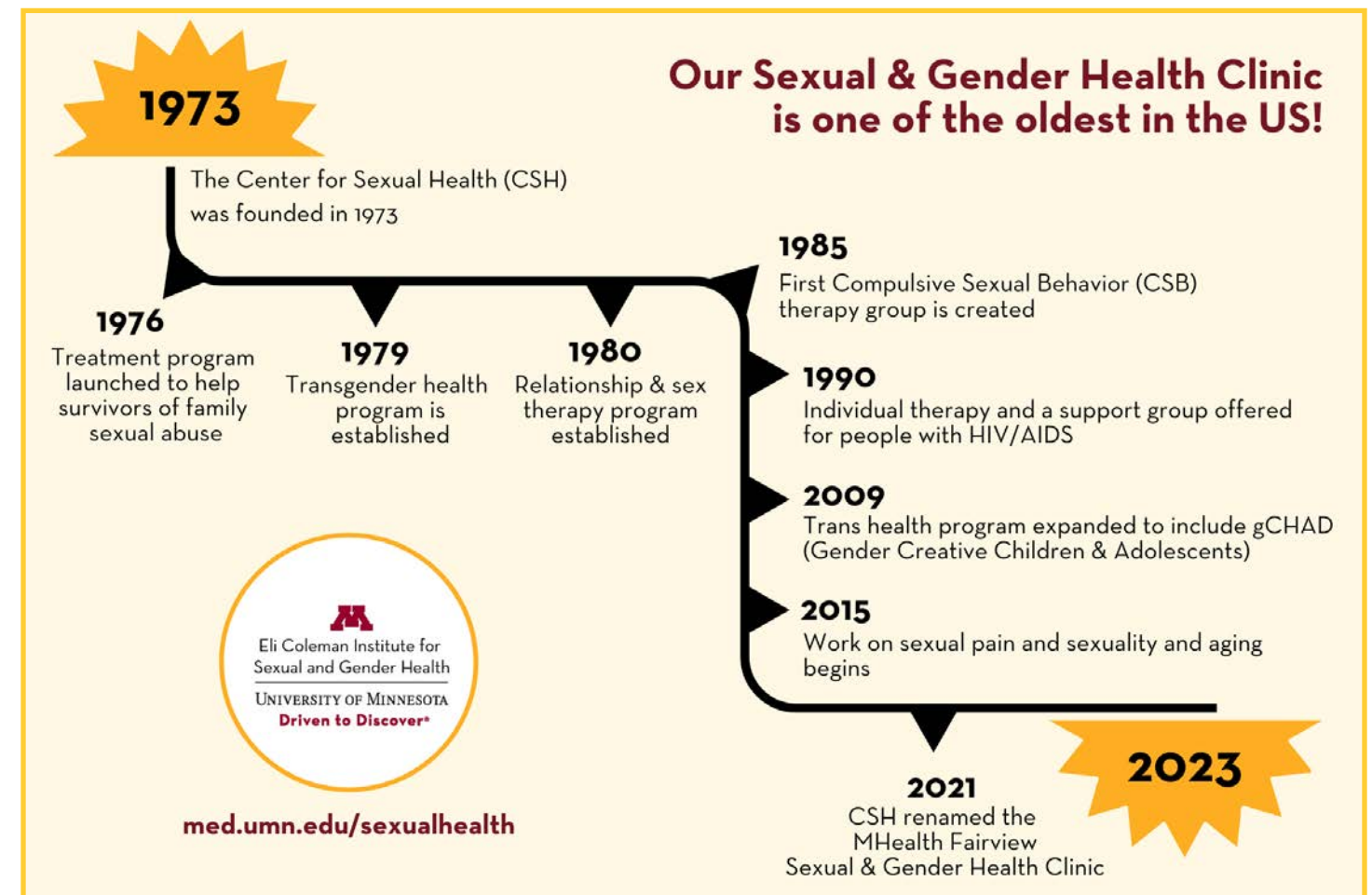
- COMPULSIVE SEXUAL BEHAVIOR
- RELATIONSHIP & SEX THERAPY
- TRANS & GENDER-DIVERSE HEALTH
- SEXUAL MEDICINE



CLINICAL CARE

Developing, providing, and promoting evidence-based best clinical care

CELEBRATING 50 YEARS OF CLINICAL LEADERSHIP



This year we introduced two new therapy groups for our patients:

NEURODIVERSITY GROUP

A place for neurodiverse and gender diverse youth between the ages of 10-20 to connect and build community.

RADICAL HEALING AND RESISTANCE GROUP

A group for Black, Indigenous, people of color (BIPOC) transgender adults or anyone 18+ who identifies with marginalized racial/ethnic group(s) and marginalized gender(s) and sex therapy.



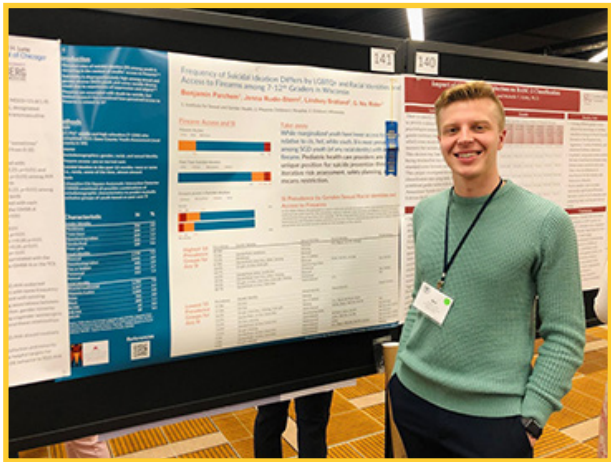
CLINICAL CARE

Developing, providing, and promoting evidence-based best clinical care

ISGH faculty translate and disseminate research to the public through various popular media publications including the *New York Times*, *Time Magazine*, *Scientific American*, *Vice*, *Lavender*, *The Wall Street Journal*, and more. Read articles quoting our faculty at: z.umn.edu/ISGHnews

Postdoctoral Fellow Achievements

Ben Parchem, PhD (right), one of our Randi and Fred Ettner Fellows in Transgender Health, presented his poster “Frequency of Suicidal Ideation Differs by LGBTQ+ and Racial Identities and Access to Firearms among 7-12th graders in Wisconsin” at the Society for Pediatric Psychology Annual Conference (SPPAC), for which he received the Gender Health SIG Trainee Poster Award as well as the SPPAC 2023 Student Poster Award.



Dr. Parchem also received the 2023 University of Minnesota Postdoc Award in Impactful Research!

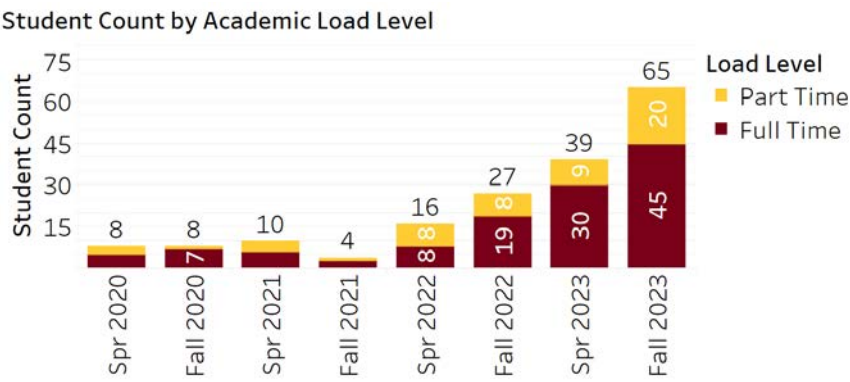
In June we celebrated the graduation of Ryan Rahm-Knigge, PhD, from the Doug Braun-Harvey Fellowship in Compulsive Sexual Behavior (CSB). Dr. Rahm-Knigge has joined the ISGH faculty and continues his research and clinical work in CSB. In September we welcomed two new postdoctoral fellows: Shari Brightly Brown, PhD (Randi and Fred Ettner Fellow in Transgender Health), and Leonor De Oliveira, PhD (Michael Metz Fellow in Relationship and Sexual Health).

In addition to our popular Sex Science Happy Hour series, ISGH faculty and staff participate in a wide variety of community education efforts and events, locally, nationally, and internationally. In that spirit, Greta Bauer, PhD, MPH, participated in a panel at the Toronto International Film Festival along with the writer/director of the film “Fitting In,” which chronicles the story of a young woman diagnosed with MRKH syndrome, a variation of sex development.



Master of Professional Studies in Sexual Health

Our master’s and certificate programs are growing! Given this incredible growth, ISGH has expanded our education team with the addition of an Education Specialist II to assist with curriculum development and other educational programming.



“It’s a fast-paced program, but the information is excellent. The professors make it very engaging, and it makes the time fly. It’s hands-down, out of the four colleges that I have degrees from, by far the best.”

—MPS student



Group photo of students on the July 2023 Netherlands study abroad trip

ISGH Education Goes Global

In July 2023, Dr. Mark led a group of undergraduate and graduate students on a study abroad program in the Netherlands, where the students learned about the Dutch approach to sexual and gender health. The Netherlands has inclusive and comprehensive sex education from preschool onward, regulated, legal, and decriminalized sex work, and a very rich and interesting queer history. Sexual pleasure is valued as a human right in the Netherlands, especially in the context of Amsterdam, Utrecht, and De Hague, the cities visited during the program. Students were immersed in this culture through excursions, guest lectures from scholars in the Netherlands, and their own personalized independent study.

“It was a very immersive three weeks. I would recommend it for anyone who wants to know about sexual pleasure and transgender and sexual health. The education was fantastic.”

—MPS student on the Netherlands study abroad trip



EDUCATION HIGHLIGHTS

Advancing a nationally and internationally recognized center for sexual and gender health education.



EDUCATION HIGHLIGHTS

Advancing groundbreaking discovery through biopsychosociocultural gender and sexuality research.

2023 Research Highlights

Presentations

Publications

Grant Funding

73

82

1+ Mil.

At ISGH, we strive to make our research accessible to everyone. If you would like a copy of one of our research publications, please submit a request to isghres@umn.edu.

Dr. Mark Receives First NIH R01 for Tanzabilities Project!



Members of the Tanzabilities research team in Dar Es Salaam, Tanzania

Kristen Mark, PhD, MPH, along with her team, including co-investigator Michael Ross, MD, PhD, MPH, received a \$3.5 million grant for their project “Training Healthcare Professionals to Address Reproductive Health for Persons with Disabilities in Tanzania” on behalf of the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) (NIH). People with disabilities make up almost 10% of the population of Tanzania, a socially conservative, low-income country, where they face substantial barriers to accessing sexual and reproductive health (SRH) care. The goal of this research is to improve outcomes by extending the

team’s previous SRH training to focus on people with disabilities.

“Through doing this research, we will improve the lives of people with disabilities in Tanzania and build in-country capacity to ensure this work can continue long after our grant period ends.” –Dr. Mark

Dr. Rider Receives their First NIH Grant!

Nic Rider, PhD, along with their team, received an NIH R21 grant for their project “Exploring health equity for Asian American, Native Hawaiian, and Pacific Islander Adolescents in a large epidemiological study: Intersections of ethnicity, sexual orientation, and gender identity” on behalf of the National Institute on Minority Health and Health Disparities (NIMHD) (NIH). This is Dr. Rider’s first NIH award as the Principal Investigator and it was awarded on the first submission.

Other Exciting Grant News

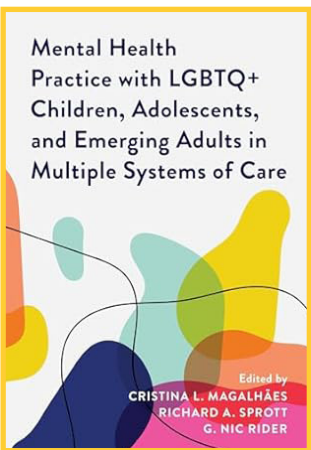
Abby Girard, PsyD, LMFT, along with her team, including co-investigator Nic Rider, PhD, received the Clinician Scientist Development Grant from the American Cancer Society for their project titled “Development and Pilot Testing of a mLearning Intervention to Address Sexual Health Needs of Gynecologic Cancer Survivors.”

Our Body, Our Health research team, including Jennifer Connor, PhD, LMFT, and Bean Robinson, PhD, received a supplement to extend their R01 research grant on female genital cutting, sexual pain, and sexual health.

Michael Miner, PhD, along with their team, including former ISGH postdoctoral fellow Nicholas Newstrom, PhD, were awarded an NIH R21 grant for their project “Mobilizing evidence into tertiary prevention of child sexual abuse: A pilot study” on behalf of the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) (NIH).

Dr. Rider Receives APA Book Award and Presents Keynote at Conference

Nic Rider, PhD (right), presented a keynote at the American Psychological Association conference in Washington, DC, titled “Resistance, Disruption Strategies, and Resilience: Centering 2SLGBTQ Youth of Color.”



Nic Rider, PhD, along with their co-authors, received a Distinguished Book Award for their book “Mental Health Practice with LGBTQ+ Children, Adolescents, and Emerging Adults in Multiple Systems of Care”. The Division offers this award for a book that has made a significant contribution to the field of LGBT psychology scholarship.



View ISGH Faculty Publications and Presentations

PUBLICATIONS



Scan the code or visit z.umn.edu/ISGHPublications2023 to view citations for ISGH research publications published in 2023.

Our faculty publish world-class research on topics such as child and adolescent gender health; compulsive sexual behavior; lesbian, gay, and bisexual health; relationship and sex therapy; sexual health and rights; adult transgender health; and more.

PRESENTATIONS



Scan the code or visit z.umn.edu/ISGHPresentations2023 to view a list of presentations given by ISGH faculty in 2023. Our faculty have presented their research at conferences and symposia around the world, as well as right here in Minneapolis.



RESEARCH HIGHLIGHTS

Advancing a nationally and internationally recognized center for sexual and gender health education.

PUBLICATIONS & PRESENTATIONS



ACCOMPLISHMENTS

The National Center for Gender Spectrum Health focuses on building our strengths and community relationships, engaging in advocacy, and advancing our innovative ideas to improve the wellbeing of gender diverse people across the lifespan. 2023 was a standout year with many accomplishments, including (but not limited to) the following:



Local, National, and International Advocacy and Policy Work

One of the four pillars of ISGH’s work is clinical care, which ISGH provides through our M Health Fairview Sexual and Gender Health Clinic (SGHC). In 2023, NCGSH worked with the M Health Fairview Comprehensive Gender Care Program to create system-wide policy and practices regarding gender-affirming care in the M Health Fairview system.

Along with the Minnesota Department of Health, NCGSH produced a legislative report, the aim of which is to describe the importance of gender affirming care, the current state of scientific evidence about the safety and effectiveness of gender affirming care, as well as its public health impacts. Both the aforementioned healthcare system policies and the state legislative report will go a long way towards making Minnesota a safe and affirming place for gender diverse people to live.

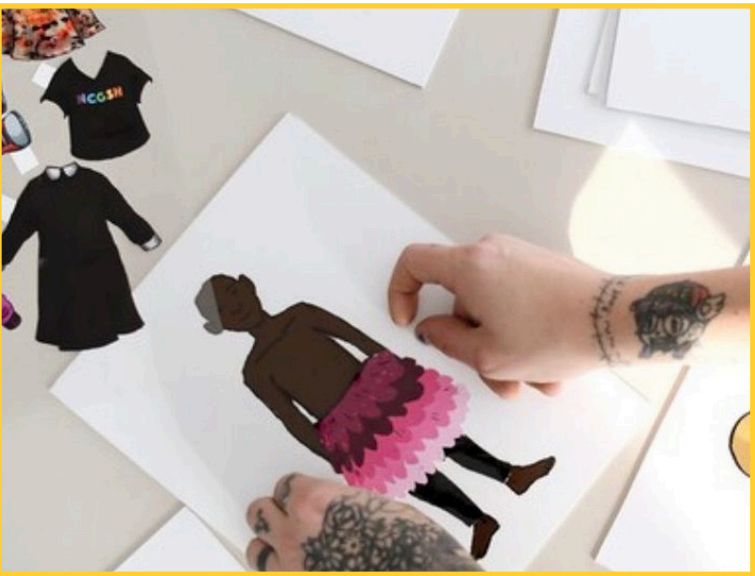
NCGSH also engages in extensive advocacy work on a national and international level. In collaboration with the World Association for Sexual Health and additional key stakeholders, NCGSH led a gender diverse human and sexual rights project, which will result in a rights declaration. Similar declarations have been successfully used as a tool to promote sexual rights governmentally at a national and international level.

Award-Winning Courses

The NCGSH-affiliated graduate course “Considerations in the Care of Transgender and Gender Diverse Children and Adolescents” won the Schochet Endowment for Queer and Trans Studies Award from the Gender and Sexuality Center for Queer & Trans Life at the University of Minnesota. This course is conducted in partnership with the University of Minnesota College of Continuing and Professional Studies (CCAPS) and ISGH’s Director of Education Dr. Kristen Mark.

Additionally, the foundational tenets of our award-winning course, “Intersectional and Decolonizing Approaches to Transgender Health,” are now being used at other institutions leading to system change in education and evaluation.

MyGender Dolls Project Receives Grant Funding and Donations



First imagined by former ISGH psychologist Rachel Becker-Warner, PsyD, the MyGender Dolls project has been continued by the NCGSH. Dianne Berg, PhD, and Communications Specialist Ashley Finch, especially, have been hard at work developing the dolls to be used as a therapeutic tool for transgender and gender diverse children. The concept is similar to classic paper dolls; kids can select bodies, genitals, clothes, and other accessories as a way to visualize their anatomy and genders. The dolls consist of bodies that vary in age, shape, and skin color, so all kids can see themselves represented. In 2023, this project received grant funding and donations, which have allowed us to

refine and evaluate the MyGender Dolls through various means, including creating more bodies, clothing, and accessories by hiring more transgender and gender diverse identified artists.

Community Partnerships

Our ongoing projects include a partnership with Transforming Families, a local organization that provides support for gender diverse youth and their families. This project focuses on gender and flexible thinking among gender diverse prepubescent children.

Additionally, we have begun a collaboration with the Minnesota Youth Sex Trading Project collective on a grant funded project using virtual Photovoice methodology, which was developed from NCGSH-related work.



In addition to these accomplishments, NCGSH continues to support undergraduate, graduate, and postdoctoral trainees in getting experience in their areas of interest, as well as to conduct research in various roles on federal, foundation, and internal grants. Several of these projects used the Gender-Affirming Lifespan Approach, developed by NCGSH, as a framework. We are also proud to share that several clinical measures developed by our team members are being used globally, including being translated into multiple languages.

Note: these examples are simply a snapshot of the many varied highlights from the NCGSH. We have celebrated many accomplishments, focused on uplifting each other, and are excited about what we have been dreaming up for next year.



Greta Bauer, PhD, MPH
Director
Professor
Chair in Sexual Health

Dianne Berg, PhD, LP
Associate Professor
Program Coordinator, Child & Adolescent
Gender Care

Eli Coleman, PhD*
Professor Emeritus

Jennifer Connor, PhD, LMFT
Associate Professor
Director of Clinical Services

Jamie Feldman, MD, PhD*
Associate Professor

Abby Girard, PsyD, LMFT
Assistant Professor
Program Coordinator, Relationship & Sex Therapy

Kristen Mark, PhD, MPH
Professor
Director of Education
Joycelyn Elders Chair in Sexual Health Education

Michael Miner, PhD*
Professor Emeritus

Jonathan Poquiz, PhD
Assistant Professor

Ryan Rahm-Knigge, PhD
Assistant Professor
Program Coordinator, Compulsive Sexual Behavior

G. Nic Rider, PhD, LP*
Assistant Professor
Program Coordinator, Adult Gender Services
Director, National Center for Gender Spectrum Health

Beatrice "Bean" Robinson, PhD, LMFT*
Professor

Michael Ross, MD, PhD, MPH, MPHEd, MSt*
Professor

Katie Spencer, PhD, LP, CST
Assistant Professor
Director of Clinical Training
Co-Director of M Health Fairview
Comprehensive Gender Care, Behavioral Health

*Not pictured

Photos on page 16 & 17 by Purpose Madison



FACULTY

Clinic, Research and Administrative Staff

Amy Ash, BS, Research Program Coordinator
Shari Brightly-Brown, PhD, Postdoctoral Fellow*
Lisa Brusoe, CMA, Certified Medical Assistant*
Brady Burkhardt, LSW, Social Work Care Coordinator
Jieyi Cai, Graduate Research Assistant*
Spencer Czech, Graduate Research Assistant*
Leonor De Oliveira, PhD, Postdoctoral Fellow*
Kieran Dillon, Intake Coordinator
Zamzam Dini, Research Assistant*
Gabrielle Dye, On-Call Patient Representative*
LynAnne Evenson, MS, LMFT, LADC, Psychologist
Heidi Fall, Research Administrative Coordinator*
Ashley Finch, Administrative Assistant/Graphic Designer*
Csyabeaw Ford, Intake Coordinator
Michael Gendernalik, Education Specialist
Vivian Gin, RN, Nurse Care Coordinator*
Lisa Hady, Psychology Intern
Owen Hall, Student Principal Investigator*
Rachel Hall, Clinic Supervisor
Alexandra Hanson, Research Assistant*
Terri Hayden, Clinic Manager
Arthi Jegraj, Student Academic Support*
Gunna Kilian, Project Manager*
Rob Kirby, Administrative Coordinator
Todd Leech, PA-C, EdD, Physician Assistant*
Yiting Li, PhD, Data Research Manager/Analyst
Mary O'Brien McAdaragh, Graduate Research Assistant*
Rashid Mfinanga, Research Assistant*
Elizabeth Panetta, MSW, LICSW, Therapist
Benjamin Parchem, PhD, Postdoctoral Fellow
Nora Poole, Communications Officer*
Sara B. Pournoor, MSW, LICSW, Therapist
Maggie Puchnam, Research Assistant*
Toli Reigada, Research Professional 2*
Lauren Sekelsky, Executive Administrator
Zahra Sheikh, Community Engagement Specialist*
Roseanne Thompson, Financial Counselor*
Ben Weideman, Research Assistant*
Timothy Williams, CCMA, Certified Medical Assistant*

*Not pictured

Volunteers (not pictured)

Kalthum Abdikeir
Foos Afey
Rhea Alley
Zoe Baccam
Johanna Back
Aleksandra Bajer
Nicholas "Niko" Blando
Ceili Charley
Jae Creger
Samuel Danielson
Jeremy Duval
Eva Elder
Neil Gleason
Intisar Hussein
Todd Jennings
Kyra Kaczmarczik
Owen Karcher
Cynthia "Cyndi" Kimball
Carolyn Litzell
Olivia Manickas-Hill
Magdalena March
Laurel Neufeld
Katja Nielsen
Madeline "Maddy" Pesch
Geanette Poole
Munira Salad
Olivia Sekelsky
Pam Sekelsky
Brittney Skalland
Isla Sorenson
Madison "Madi" Sundlof
De'Shay Thomas
Annika Tureson
Linzie Wildenauer



STAFF AND VOLUNTEERS

POSTDOCTORAL FELLOWS



Shari Brightly-Brown, PhD

Randi and Fred Ettner Fellow in Transgender Health 2023-2025



Benjamin Parchem, PhD

Randi and Fred Ettner Fellow in Transgender Health 2022-2024



Leonor De Oliveira, PhD

Michael E. Metz Fellow in Couples' Sexual Health 2023-2025

ISGH postdoctoral fellowships are made possible through a combination of grant funding, clinical revenue, and philanthropic funds. Thank you to the many donors who have supported our learners by donating to the Braun-Harvey, Ettner, and Metz Fellowship funds.

Medical Students

- Johanna Back
- Heena Gardner
- Laura Jore
- Benjamin Koefed
- Marin Melloy
- Anna Rahricks
- Sarah Reichoff
- Aaron Schumacher
- Madison Snyder

Residents

- Rachel Bachman
- Jessica Carey
- Rita Ferri-Huerta
- Caroline Gormley
- Hannah Jenson
- Laura Lara
- Chris Little
- Nirmal Lumpkin
- Kim Lundeen
- Lauren Lussenhop
- Kelli Rusch

PSYCHOLOGY DOCTORAL INTERN



Lisa Hady

Lisa received her BS in psychology from the University of Wisconsin-La Crosse and is pursuing her clinical psychology doctorate (PsyD) from Augsburg University. She received clinical training at a culturally diverse community mental health clinic and a VA Health Care System conducting hormone readiness assessments and serving survivors of Military Sexual Trauma (MST). Lisa’s doctoral research examined how perpetrators of intimate and non-intimate partner violence use differing power and control behaviors over survivors and how it impacts PTSD symptoms. During her clinical training, she is committed to helping her patients find strategies to live an authentic life while addressing systemic racism and barriers to professional mental healthcare.

In 2023 ISGH hosted our first-ever predoctoral psychology intern, becoming a sought-after rotation site for students in the Fairview Health Services internship program. In the coming years we hope to continue growing this program, as well as to provide additional educational opportunities to learners seeking a wide variety of credentials.

VISITING SCHOLAR



Makayla Edwards

Makayla Edwards Shapiro is a pre-doctoral student at California State University Los Angeles who joined us from May-August, 2023, as a visiting scholar. Makayla holds a master’s degree in psychology and her research areas include romantic relationships and sexual well-being within the LGBTQIA2S+ community. She intends to pursue a doctoral degree in social psychology and to continue with research in the field of sexual health. While at ISGH, Makayla worked with Dr. Kristen Mark to examine the impact of sexual communication on sexual relationship satisfaction among couples dealing with sexual desire discrepancy. The findings were presented at the Society for the Scientific Study of Sexuality Annual Conference in New Orleans in November.



ACCOMPLISHMENTS

- Advanced sexual health and sexual rights through collaboration with national and international organizations
- Led a report on adolescent gender-affirming care for University of Minnesota Physicians
- Hosted the ISGH Generations Celebration in May to celebrate our alumni and leaders and all our generations, past and future
- Created a new Distinguished Sexual and Gender Health Champion Award and presented it to its inaugural recipient, Minnesota Governor Tim Walz
- Renamed and rebranded as the Eli Coleman Institute for Sexual and Gender Health
- Was an invited speaker at the National Academies of Science, Engineering, and Medicine's Supporting the Health and Well-Being of Gender-Diverse Youth Workshop
- Spoke at a Sloan Foundation on Science Panel at the Toronto International Film Festival regarding MRKH syndrome, a variation of sex development

- Co-led a week-long Summer Intensive to train researchers in incorporating intersectionality into their work
 - Participated as one of 40 international experts in a week-long think tank on sex and gender entanglement in research through the Ernst Strüngmann Forum in Frankfurt
 - Published a sole-authored research methods paper in the American Journal of Epidemiology on incorporating sex and gender multidimensionality into epidemiological research
 - Published 10 total peer-reviewed academic papers, including papers on adolescent and adult transgender and non-binary health
 - Provided support for philanthropic development
 - Provided faculty, staff, and fellow support for professional development



GRETA BAUER, PHD, MPH

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CHAIR IN SEXUAL HEALTH

ACCOMPLISHMENTS

- Advanced sexual health education, sexual rights, and sexual health policy through elected position on the World Association for Sexual Health's (WAS) Advisory Committee, serving as the vice chair of the Scientific Committee and leading a successful Congress that took place in Antalya, Turkey in November 2023.
- Facilitated smart growth of the graduate program in sexual health and graduate certificates in sex education, sex therapy, and transgender and gender diverse health, with growth tripling in 2023! We are building a national and international reputation for this graduate training. We continue to expand our offerings for AASECT supervision and credentialing.
- Hired an education specialist II, Michael Gendernalik, to work with the Elders Chair in accomplishing goals that advance education locally, nationally, and internationally.
- Directed sexual medicine elective clerkship and LGBT elective clerkship for the Medical School.
- Rolled out new medical curriculum as the Life Stages Thread Director and the 2SLGBTQIA+ MPact Director for the new Medical School curriculum build, ensuring sexual and gender health curriculum was intentionally integrated into the new curriculum that began in fall 2023.
- Awarded a National Institutes of Health (NIH) R01 grant from the National Institute for Child and Human Development (NICHD) as the Principal Investigator (PI): "Training Healthcare Professionals to Address Reproductive Health for Persons with Disabilities in Tanzania." This was awarded during the first attempt; this five-year project is underway and ahead of schedule. Dr. Mark will travel to Tanzania with her team in January 2024. Dr. Simon Rosser, Dr. Michael Ross, Gunna Kilian, and Dr. Dickson Mkoka at MUHAS in Dar es Salaam have been critical team members to the success of this work.
- Dr. Mark submitted two other NIH R01 grants as a Co-Investigator (Co-I) with colleagues from within and outside of UMN in 2023 and contributed to the scientific field through several invited talks, peer-reviewed research presentations, and peer-reviewed publications in top journals including *Journal of Sexual Medicine*, *Women's Health Reports*, *American Journal of Bisexuality*, and *International Journal of Sexual Health*.
- Led a study abroad program in July 2023 for 18 students to travel to Amsterdam and get UMN academic credit learning from the Dutch model of comprehensive and inclusive sexual health education.
- Disseminated sexual health education to the public through providing expert commentary, as a podcast guest, or as a featured expert for *The New York Times*, NPR, *The Economist*, CNN, *Cosmopolitan*, *Men's Health*, and *The Star Tribune*.



KRISTEN MARK, PHD, MPH

Photo credit: Sarah Morreim Photography

**JOYCELYN ELDERS CHAIR IN
SEXUAL HEALTH EDUCATION**



The Leadership Council Spearheads Philanthropy Efforts in Support of ISGH’s Mission



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A Letter from the Chair

The Eli Coleman Institute for Sexual and Gender Health Leadership Council is composed of dedicated volunteers contributing sexual and gender health expertise, as well as ongoing development in support of the Institute. The Council remains steadfast in building philanthropic efforts in collaboration with the University of Minnesota Foundation and Dr. Bauer to develop the next events and campaigns that strengthen and expand ISGH national and global supporters. The Council has enjoyed working with the new leadership and perspectives Dr. Bauer brings to the Institute and the Leadership Council.

Doug Braun-Harvey
Chair, Leadership Council

WAYS TO GIVE

Did you know there are many ways to give in support of ISGH? From one-time donations to legacy gifts, there are options to fit every budget. The generosity of our donors is key to helping ISGH expand our research, educate the next generation of medical providers, and provide the best clinical care to our patients.

- **Give online** simply and securely at z.umn.edu/isghgift
- **Monthly giving:** Automated monthly giving is easy and convenient, cost-effective, and environmentally friendly. Set up monthly giving at give.umn.edu/waystogive/monthly-gifts
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- **Make a securities contribution:** Gifts of stocks, bonds, or mutual funds are generally tax deductible at the full fair-market value and exempt from long-term capital gains tax.
- **Create a Donor Advised Fund:** A donor advised fund allows your assets including cash, appreciated stock, mutual funds, real estate, and more to be invested and grow tax-free. Contributions to your fund are tax deductible in the year that they are made, but may be granted to eligible charitable organizations over a period of multiple years. Donor-advised funds are a useful tool for donors who are affected by the new, higher standard deduction threshold and wish to combine multiple years worth of giving into one year in order to itemize.
- **Legacy Gifts:** Include a gift to ISGH in your will or trust, or designate ISGH as a beneficiary of your IRA or life insurance policy.

Please note: The Eli Coleman Institute for Sexual and Gender Health is not a financial advisor and cannot provide tax, legal, or accounting advice. Please consult your financial planner to learn how gifts to ISGH may benefit your unique tax or financial situation.



ENDOWMENTS AND PHILANTHROPIC FUNDS

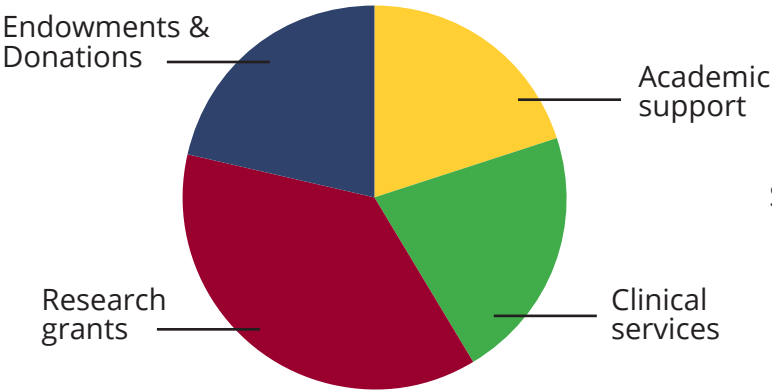
Eli Coleman Institute for Sexual and Gender Health Fund	\$65,620
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Bean Robinson Chair in Clinical Sexual Health*	\$2,519,535
Pepper Schwartz Professorship in Sexuality and Aging*	\$2,021,456
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Randi and Fred Ettner Fellowship in Transgender Health	\$93,775
Michael Metz Fellowship in Couples' Sexual Health	\$79,883
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Program in Human Sexuality Faculty Support and Appreciation Fund	\$2,555

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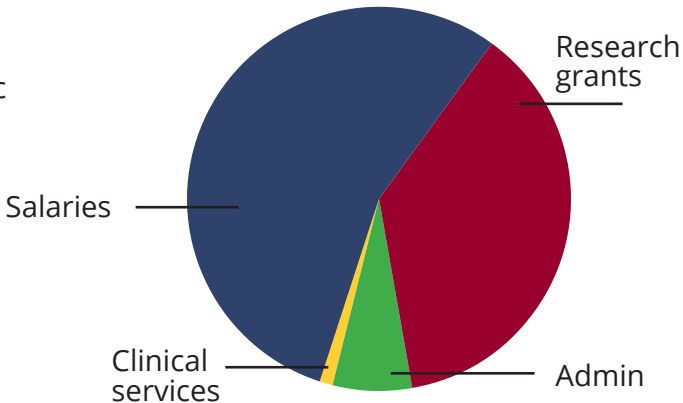


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REVENUE

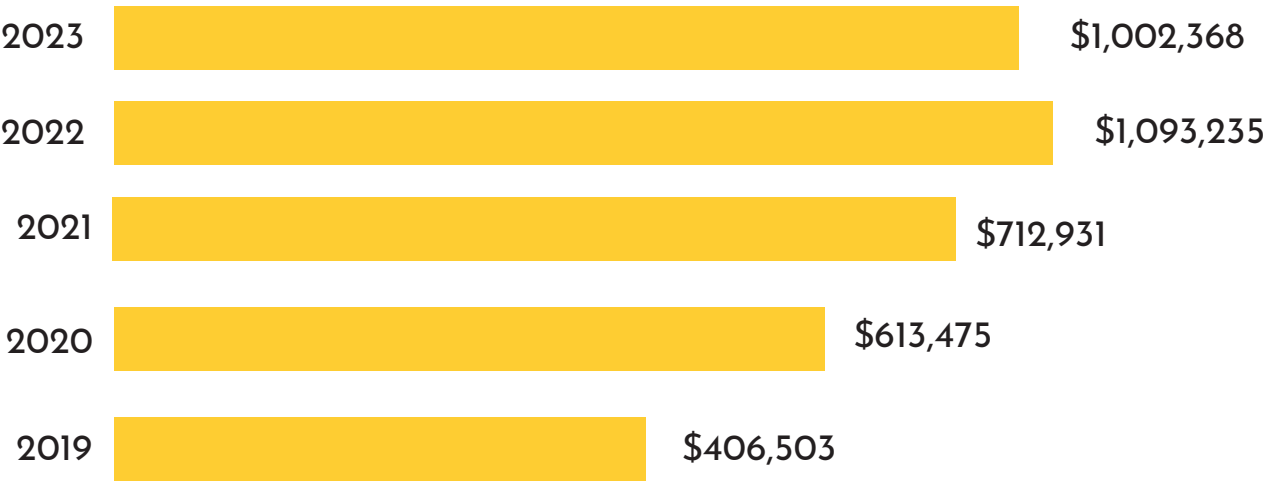
Clinical services	\$857,189
Research grants	\$1,002,368
Endowments/Donations	\$622,252
Academic support	\$928,995
Total	\$3,410,804



EXPENSES

Salaries	\$2,002,359
Research grants	\$1,002,368
Administration	\$328,141
Clinical services	\$79,608
Total	\$3,412,476

GRANT FUNDING



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