



The Division of Nephrology and Hypertension Presents:

# Navigating Menopause: Insights into Kidney Health & Pelvic Floor Dysfunction

**Saturday, April 6, 2024 10:00-11:30am CT**

**Zoom Webinar**

**Target Audience:** Healthcare professionals and trainees

**Moderators:**



**Mirna Boumitri, MD**  
Associate Professor  
Nephrology



**Sahar Koubar, MD**  
Assistant Professor  
Nephrology



## "Menopause and Kidney Disease"

**Angie Lobo, MD, Fellow, Nephrology**

Learning Objectives:

1. Review the impact of CKD on menopause and/or menopause related symptoms
2. Explain the benefits and risks of menopausal hormone therapy use
3. Explain the current recommendations for menopausal hormone therapy use



## "Pelvic Floor Disorders"

**Nissrine Nakib, MD, Associate Professor, Urology**

Learning Objectives:

1. Learn about different types of incontinence
2. Incontinence management options for primary care providers

**FREE Registration:** <https://z.umn.edu/womenkidneyhealth>

Email [UMNkidney@umn.edu](mailto:UMNkidney@umn.edu) if you have any questions.

