Collaborative taskforce focused on curriculum redesign, track implementation, and resident wellness can ease change-related stress.

Pyramidal Hierarchy of Program Needs

- Tracks and Selectives
  - Core Curriculum
    - Guiding Principles
      - There is Always Change

- Ensure mentorship is visible
- TreyLumina CoA
- Selective rotations are most sufficient aspect of tracks
- Recruitment
- Mentor relations
- Communicate education changes to faculty
- More resilient, flexible, and resident-friendly
- Ensure diary book is updated weekly
- Protect resident-well-being

Take Home Points
1. Change within a residency program is inevitable
2. A collaborative taskforce focused on communicating changes can be helpful in reducing change-related stress
3. Establishing hierarchy of needs is helpful in identifying next steps of program review
4. While focusing on expansion of specific tracks or rotations is exciting, first ensuring strong foundational guiding principles is essential