

# DEPARTMENT OF FAMILY MEDICINE AND COMMUNITY HEALTH

## WOODWINDS



## SUMMARY

**Woodwinds Hospital Family Medicine Residency** is a vibrant group of physicians, dedicated to learning and serving the community.

We have a busy clinical practice, caring for diverse ethnicities, ages, and pathologies in the Frogtown neighborhood of St. Paul, two blocks from the Capitol.

The hospital offers a mix of a community hospital and tertiary referral center, affording residents opportunities to treat and prevent the full spectrum of medical pathologies. Woodwinds Hospital is located in the East Metro.

We seek residents who are excited to train in both urban and suburban settings and dedicated to family medicine.

### Program Size

8:8:8

### Community Size

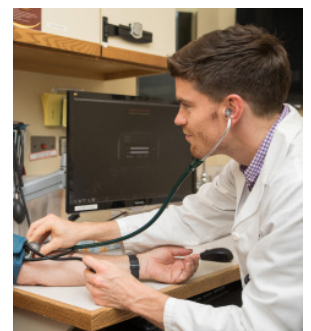
306,621 people in St. Paul, as of 2017

### Location

St. Paul and Woodbury (Frogtown neighborhood and East Metro)

## What Our Residents Say:

“There is a strong commitment to serving a diverse, underserved population. Faculty and staff show passion for their work, both in treating patients and teaching medicine.”





## CONTACT US

### Director

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### Coordinator

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### Clinic

Bethesda Family Medicine Clinic  
580 Rice Street  
St. Paul, Minnesota 55103

### Website

[z.umn.edu/WoodwindsFM](http://z.umn.edu/WoodwindsFM)

*The Woodwinds Hospital Family Medicine Residency Program was formerly known as the St. Joseph's Hospital Family Medicine Residency Program. The name was changed in 2021 to reflect our move to the Woodwinds Hospital.*

## CURRICULUM

- > Comprehensive internal medicine experience with ICU training
- > Active management of labor on a family-medicine-friendly, holistic, high-volume maternity floor
- > Well-established elective opportunities, including addiction medicine at Hazelden, diabetes research with the International Diabetes Center, global health, sports medicine, research, and a parental elective
- > Interprofessional care with PharmDs, behaviorists, social workers, legal aid/attorney, and care coordinators
- > Outpatient procedures on-site, including joint injections, ultrasound, IUD, and primary care dermatology
- > New refugee screening and travel clinic

## PATIENT POPULATION

- > 29% African American, 45% Asian, 17% Caucasian, 2% Hispanic or Latino, 7% unknown
- > 58% adults, 21% adolescents, 11% seniors, 10% infants

## FACULTY

- > Core team includes MDs, PharmDs, and PhD (behaviorist)
- > Supportive, passionate, approachable, and dedicated to resident education and well-being
- > Additional training in behavioral health, faculty development, and public health
- > Areas of interest include diabetes, geriatrics, global health, rural medicine, women's health, sports medicine, and medication management

## HOSPITAL

### Woodwinds Hospital

- > Location for all inpatient rotations
- > Moonlighting available
- > Specializes in maternity care and orthopedic surgery
- > Only residency at the hospital

## CALL

- > Night float with intern and senior resident in-house at all times
- > Seven to eight weeks/weekends in first year
- > Three to four weeks/weekends in second/third year

## RESIDENT LIFE

- > Diverse backgrounds and clinical interests
- > Social gatherings include sporting events and happy hours
- > Easy access to events/businesses in downtown St. Paul

## CLINIC

### M Health Fairview Clinic - Bethesda

- > High patient volume with largely underserved and ethnically diverse populations
- > Certified Health Care Home

