

FIRST YEAR MEDICAL STUDENTS,

The Department of Family Medicine and Biobehavioral Health welcomes you to participate in the following elective courses. All of the courses offer you a dynamic experience.

- Students may **not** enroll in both the RAL course **AND** the OB course
- Students **may** enroll in the RAL course or the OB course **AND** the Seminars and MEDS courses

RURAL ACADEMY OF LEADERSHIP (FMed 6997)



The Rural Academy of Leadership course offers students the opportunity to enhance their leadership skills for their future role as active community members and rural family physicians through leadership training activities, service at HOPE Clinic, and a community service project of their choice.

OBJECTIVE: To develop and strengthen leadership skills through didactic sessions, community service, and clinical care of the underserved by volunteering at the HOPE Clinic.

In order to volunteer at the HOPE Clinic, you must be enrolled in the Rural Academy of Leadership Course. The time commitment for this course is approximately 40 hours over both 1st & 2nd years. Course begins in September.

* Enrollment limited to 30 first year medical students.

SEMINARS IN AMERICAN INDIAN HEALTH (Med 6023)



Seminars in American Indian Health introduces students to what it means to work with Native American patients. Classes are a mix of lectures, journal article reviews, presentations from Native American community experts, role-playing between students and any form of learning that contributes to awareness of the uniqueness of American Indian Health.

Presentation topics range from identity, the Indian Health Service vs. tribally run health care, and the state of American Indian Health. Seminars in Indian Health spans the academic year with a total of 11 lectures.

OBJECTIVES:

1. Increase understanding of the issues that impact Native American health.
2. Develop an understanding of how Native Americans receive health care.
3. Increase knowledge of primary Native American health issues.
4. Engage students in developing communications skills to serve diverse populations.
5. Provide students with tools to advocate for underserved populations.

MEDICAL EDUCATION THROUGH DIVERSITY AND SERVICE (MEDS) (FMed 6957)



MEDS is an introductory Global and Population Health elective for medical students. The course includes small and large group activities exploring key topics in Global and Population health. Topics include: Social Determinants of Health, Refugee Health, Environment & Health, Barriers to Health and Healthcare, Medical Interpreters, Cultural, Political & Economic Influences on Health, and Ethics of International Health Experiences.

OBJECTIVE: Students will gain knowledge of global health principles and apply what they learn in this course to patient and population care in their future practices.

* Enrollment limited to 30 first year medical students.

OBSTETRICAL LONGITUDINAL (FMed 6987)



The OB Longitudinal course offers medical students the wonderful opportunity of following a pregnant mother and her family through prenatal visits, labor & delivery, postpartum and newborn care with her family physician or OB specialist. Small group discussions are required covering prenatal & postpartum care, labor & delivery, and newborn care.

The time commitment is approximately 20 hrs. Course begins in October.

OBJECTIVES:

1. Develop a longitudinal relationship with an obstetrical patient and her physician.
2. Examination and exploration of obstetrical care through the longitudinal relationship between learner and patient/physician.
3. Begin to extrapolate knowledge in obstetrical terminology and obstetrical care, through the didactic sessions.
4. Demonstrate the ability to take a medical history, perform a physical examination, and construct correct medical documentation in relation to prenatal care.
5. Practice labor and delivery skills with obstetrical simulation.

* Enrollment limited to 10 first year medical students.