

# DEPARTMENT FAMILY MEDICINE AND COMMUNITY HEALTH DULUTH



## SUMMARY

For over four decades, the **Duluth Family Medicine Residency** has been dedicated to educating compassionate, empowered, and skilled family physicians, preparing them to be the foundation of healthy communities. Our physicians will be leaders and innovators. They will focus on service to rural and underserved communities and be fully prepared to provide high-quality care in all settings.

Our two training hospitals are regional referral centers for Northern Minnesota, Wisconsin, and Michigan. Both sites are within walking distance of our independent community clinic. As the only stand-alone residency program in the Northern Minnesota region, Duluth provides supportive and direct training from multiple specialty groups that value the dedication and aptitude of our family medicine residents.

### Program Size

8:8:9

### Community Size

85,919 people as of 2019

### Location

Duluth

## What Our Residents Say:

"I chose Duluth for residency because of its rigorous, broad-scope training with the option for surgical obstetrics—and because of the gorgeous location on the North Shore."

"I feel confident that Duluth's focus on rural medicine will prepare me with the knowledge and skills necessary to be an exceptional practitioner in a rural, resource-limited setting.

Not to mention, the program is nestled in a friendly city on Lake Superior in beautiful northern Minnesota!"





## CONTACT US

### Director

John Wood, MD

### Administrator

Cassie Hammer

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218-529-9103

### Clinic

Duluth Family Medicine Clinic  
330 North Eighth Avenue East  
Duluth, Minnesota 55805

### Website

[z.umn.edu/DuluthFM](http://z.umn.edu/DuluthFM)

## CURRICULUM

- > High volume, high risk obstetrics and c-section; additional training available
  - > Outstanding adult medicine, critical care (ICU), and pediatrics inpatient experience
  - > Robust, independent family medicine service, including critical care, daily didactics, and patient-centered rounding
  - > Ultrasound didactics and training on-site
  - > Broad elective opportunities adaptable to resident individual interests
- > Physician-led prenatal and diabetes team care classes

## CALL

- > In-house and home call frequency vary by rotation design and educational needs

## CLINIC

### Duluth Family Medicine Clinic

- > Recent \$1 million renovation to support comprehensive team care
- > Within walking distance of both hospitals
- > Integrated care model, including interprofessional education with pharmacists and behavioralists, social worker, nurse educators, coding specialists, and care coordinators
- > Clinic preceptors from more than 20 regional communities
- > On-site digital x-ray, state-of-the-art ultrasound, and COLA-certified moderate complexity lab

## FACULTY

- > Core faculty team: family medicine physicians with wide-ranging and comprehensive rural, international, outpatient, and inpatient experience
- > Areas of interest include rural medicine, special needs populations, transgender health care, addiction medicine, women's health, chronic disease management, emergency medicine, obstetrics, research, and procedures

## RESIDENT LIFE

- > Low cost of living; very few traffic problems
- > Family-friendly program with annual retreats and social events
- > Strong cultural community with museums, theaters, rich and diverse history, arts and entertainment
- > Duluth is Outside Magazine's "Best Outdoor Town Ever"; four full seasons, access to Lake Superior, 14 nearby state parks, 120 municipal parks, and the Boundary Waters Canoe Area Wilderness (BWCA)
- > Moonlighting available in second and third years

## COMMUNITY OUTREACH

- > Emphasis on serving homeless and special needs populations
- > Opportunities to work with local addiction and dependency organization; gain Suboxone treatment experience

## PATIENT POPULATION

- > Ethnic and socioeconomically diverse patient population
- > 31% Medicaid, 32% Medicare, 12% private insurance, 4% uninsured

## HOSPITALS

### Essentia Health–St. Mary's Medical Center

- > Region's largest hospital, multiple ICUs, including the region's only Level 1 Trauma Center and ICU for newborns/children; integrated health system serving community health needs and resources in four states

### St. Luke's Hospital

- > Region's first hospital since 1881, featuring a Level II Trauma Center, 14 primary care clinics, and 30 specialty clinics, providing state-of-the-art care and serving three states

