

Family Matters Study

During This Visit...

While We're Gone...

When We Come Back...



Home Visit #1

- Consent
- Height & Weight
- Family Game
- Food in Your Home
- What did your child eat?
- How active are you?
- iPad Questions
- Gift Card

Over the Next 8 Days

You Will Do:

- What did your child eat?
 - * 1 time phone call with research staff _____
- How active are you?
 - * Wear activity box every day + weekends – parent & child
- iPad Questions
 - * Complete throughout the day + weekends – parent only
- Get fun toys every day & work towards **BONUS** gift cards!

We will call you during this time to make sure everything is going well!



Home Visit #2

- What did your child eat?
- How active were you?
- Parent Interview & Survey
- Get Gifts!
 - iPad Mini
 - **BONUS** Gift Cards

Home Visit #2 is scheduled for:

Incentives – You have the chance to earn everything listed below for participating

- **iPad Mini** – to be used during the week but you will get to keep it after Home Visit #2
- **You have the chance to get up to \$100 in BONUS gift cards**
 - **\$25 gift card** – for finishing Home Visit #1 and scheduling Home Visit #2
 - **\$25 gift card** – for finishing all 3 food reports of what your child ate
 - **\$25 gift card** – for wearing your activity box every day & weekends
 - **\$25 gift card** – for finishing iPad Questions in a timely manner every day & weekends

Family Matters Contact Information

Phone: (612) 624-3129

Email: family1@umn.edu

Text: (612) 849-7226

