MEDICAL SCHOOL POLICY

Face-to-Face Learning Activities Impacted by COVID-19

Senior Leader: Medical School Dean
Responsible University Officer: Associate Dean for Undergraduate Medical Education
Policy Owner: Office of Student Affairs, Twin Cities and Duluth
Policy Contact: Michael Kim, MD, (612) 625-5180, mikekim@umn.edu
Robin Michaels, PhD, (218) 726-8872, rmichael@d.umn.edu

POLICY STATEMENT

University of Minnesota Medical School (UMMS) students must take precautions to protect patients, healthcare providers, faculty, staff, and other learners and to minimize the spread of COVID-19 in the community.

Students must be provided excused absences from face-to-face learning environments, including direct clinical care, in the event of suspected unprotected exposure to, or as a result of developing symptoms of, COVID-19. Students who fit this category should seek medical evaluation promptly.

Students may also be granted excused absences from face-to-face learning activities if they are at high risk of complications, have close contacts who are at high risk, or have significant personal concern regarding the general risks of COVID-19.

Every effort will be made to provide accommodations and to minimize the impact of any absence on academic progress and graduation date for students who need to take absences due to COVID-19. Based on current procedures and restrictions due to COVID-19, students unable to complete required activities may be required to take an Incomplete (I) or withdrawal (W) as determined by the Course Director and may require taking a Leave of Absence (LOA).

REASON FOR POLICY

Coronavirus (COVID-19) is a highly contagious virus without a vaccine or known preventative treatment that can cause serious illness including death. COVID-19 symptoms can range from mild (or no symptoms) to severe illness.

The UMMS needs to minimize the spread of COVID-19 by UMMS students in the clinical environment and to protect students, especially those who are at higher risk of complications from infection, from contracting the illness.

Students still need to successfully complete all requirements within a given course or clerkship and meet all requirements for academic progression and graduation. When a student is unable to meet the goals and objectives due to excused absences, it will be at the discretion of the Course Director to determine how requirements can be met, either during or after the completion of the course. Extended time after the completion of the course may result in an Incomplete (I).
Students may be required to Withdraw (W) from the course in the event the Course Director determines such activities cannot be reasonably completed during or after the course. In these cases, the student will be required to reschedule the course, in its entirety, for another period.

PROCEDURES

I. **General activities for all students**

All students must take precautions to protect themselves from COVID-19 following guidelines of the Campus Public Health Officer of the University of Minnesota, the site of their course, the Centers for Disease Control and Prevention, and the Minnesota Department of Health including practicing social distancing at all times, universal masking, daily self-assessment for symptoms and not coming to work when ill, hand hygiene practices, travel restrictions, and site requirements for personal protective equipment.

Students in face-to-face learning environments, including direct clinical care, should:

- Wear a mask continuously while in the learning environment or on campus, except to eat or attend to personal hygiene
- Use mass transit with appropriate precautions including wearing a mask and using social distancing ([https://mn.gov/covid19/for-minnesotans/stay-safe-mn/stay-safe-mn.jsp](https://mn.gov/covid19/for-minnesotans/stay-safe-mn/stay-safe-mn.jsp))
- Check their temperatures twice daily, before and after participation
- Monitor for symptoms of COVID-19 daily, including fever > 100°F, cough, shortness of breath, chills, headache, muscle pain, sore throat, or loss of taste or smell or other less common symptoms include gastrointestinal symptoms like nausea, vomiting, or diarrhea

II. **Students who test positive for COVID-19**

1. Students must follow the guidelines from the Minnesota Department of Health (MDH) at [https://www.health.state.mn.us/diseases/coronavirus/sick.html](https://www.health.state.mn.us/diseases/coronavirus/sick.html) including self-quarantine and seeking appropriate medical care.

2. To begin making accommodations and/or course schedule changes students must:

   **Duluth Campus**
   - In pre-clerkship courses, years 1 and 2, notify the Associate Dean of Student Life and Academic Affairs, Dr. Robin Michaels (michael@d.umn.edu)

   **Twin Cities Campus**
   - In pre-clerkship courses, years 1 and 2, notify the Foundational Curriculum Manager Jamie Larson (jamiel@umn.edu).
   - In clerkship courses, years 3 and 4, notify their current course director and course coordinator.
   - Notify their Academic Advisor

3. Students may return to the learning environment when advised to do so by the Minnesota Department of Health.

III. **Students who develop symptoms of COVID-19**

1. Students must promptly remove themselves from the learning environment and seek testing (see below under Forms/Instructions for testing instructions).

2. Students must notify the appropriate Course Manager, Course Director or Course Coordinator along with the Associate Dean of Student Life and Academic Affairs (Duluth Campus) or their Academic Advisor (Twin Cities Campus) of any absence.
3. Students may return to the learning environment when
   a. [Symptom Approach] At least 3 days (72 hours) have passed since recovery, defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath), AND, at least 10 days have passed since symptoms first appeared OR,
   b. [Testing Approach, if available] Fever has resolved without the use of fever-reducing medications, AND, respiratory symptoms (e.g., cough, shortness of breath) have improved, AND, at least two nasopharyngeal swab specimens collected ≥24 hours apart have negative results.

IV. Students with an unprotected exposure to a person who is infected with COVID-19 or has participated in an activity or event that puts them in close proximity with many people of unknown COVID-19 status, including travel by airplane

   1. Students must promptly remove themselves from the learning environment.
   2. Students should get tested for COVID-19 if they develop any symptoms (see below under Forms/Instructions). Students who do not feel sick should wait at least 5 days after the exposure before getting tested. If the test is negative and the student remains concerned about the exposure, another test 12-14 days after the exposure should be obtained, even in the absence of symptoms.
   3. Students must notify the appropriate Course Manager, Course Director or Course Coordinator along with the Associate Dean of Student Life and Academic Affairs (Duluth Campus) or their Academic Advisor (Twin Cities Campus) of any absence.
   4. Students may return to the clinical or learning environment once they have tested negative for COVID-19 or 14 days have elapsed from the exposure.

V. Students who wish to opt-out of the face-to-face learning environment due to a high risk of complications of the COVID-19 infection, have a household member who is at high risk or for personal or other health reasons

   1. Students should notify their Academic Advisor (Twin Cities Campus) or Associate Dean of Student Life and Academic Affairs (Duluth Campus) to begin the process of making accommodations and/or course schedule changes.

FORMS/INSTRUCTIONS

Student Testing Instructions:

   1. Self quarantine
   2. Call
      a. Twin Cities, call Boynton Nurse Line 612-625-7900 (24/7) for a phone screening and to set-up testing. When calling, inform the nurse that you are a medical student and request priority protected testing times for health care providers.
      b. Duluth, call Health Services at 218-726-8155 prior to arriving at the clinic. For after hours medical care call St. Luke's Hospital at 218-249-4200, Essentia Health at 1-833-494-0836.
      c. Outside of Duluth or Twin Cities, call current health insurance provider or local health system.
   3. Complete testing
   4. Continue to self quarantine and do not reenter the learning environment while awaiting results.
FREQUENTLY ASKED QUESTIONS

Specific health system regulations. Each health system has specific approaches to exposures, symptoms, and testing. Please let the Primary Contact of this policy know of any additional requirements above those listed here.

Travel implications. Prolonged close contact, such as when transporting in an airplane or long-distance bus or train, creates a high risk of transmission. This would be considered an exposure requiring either 14 days of quarantine or the testing approach. Driving, if appropriate social distancing followed and interactions with others limited, would not require quarantine or testing. Routine public transport within the metro region where appropriate social distancing and masking is followed is also considered low-risk.

Prometric testing implications. Since Prometric testing sites are following appropriate social distancing regulations, if students are able to drive to and from the site and follow social distancing along the way, taking USMLE Step 1 or Step 2 CK would NOT be considered a high risk activity needing to have quarantine or testing.

Current testing options. Boynton Health Clinic is currently offering any student, classifying them as essential personnel, testing for either exposure or symptoms. Other testing options may be available outside of Boynton.

Lead time before reentering the face-to-face learning environment. It is recommended for those who need to bus or fly from out of state return at least 14 days prior to starting a face-to-face learning environment to allow for proper testing, to complete any compliance requirements, or, if necessary, self-quarantine if COVID positive. The minimum required time would be seven days in order to comply with the post-exposure testing strategy.

Implications for academic progress. The academic advisors are available to discuss the implications of this policy on academic progress, options for seeking accommodations, and to provide assistance on any potential schedule changes.

ADDITIONAL CONTACTS

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<th>Contact</th>
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<th>Fax/Email</th>
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<tr>
<td>Primary Contact</td>
<td>Dr. Michael Kim</td>
<td>612-625-5180</td>
<td><a href="mailto:mikekim@umn.edu">mikekim@umn.edu</a></td>
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<td>Assistant Dean for Student Affairs</td>
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<tr>
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<td>218-726-8872</td>
<td>r <a href="mailto:michael@d.umn.edu">michael@d.umn.edu</a></td>
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DEFINITIONS

Unprotected (High-Risk) Exposure
Exposure to a patient or co-worker with confirmed COVID-19, close contact to a household member or intimate partner with confirmed or suspected COVID-19, or attending a large gathering, such as a demonstration, vigil, or neighborhood clean-up event in the past 5 days, where all appropriate social distancing and PPE had not been used.

Term
Definition

RESPONSIBILITIES

Assistant Dean for Student Affairs, Michael Kim
Ongoing monitoring of Minnesota Department of Health and CDC guidelines pertaining to COVID-19 screening and testing. Monitor student compliance.

Associate Dean of Student Life and Academic Affair, Robin Michaels
First contact for students on the Duluth Campus to report needs to quarantine. Facilitate any excused absences or schedule changes with course directors.

Academic Advisors
First contact for students on the Twin Cities Campus to report needs to quarantine. Facilitate any excused absences or schedule changes with Course Directors and or Course Managers/Coordinators.

RELATED INFORMATION

1. Medical School Policy: Attendance Requirements for Courses, Clerkships and Exams
2. University of Minnesota COVID-19 Health Alerts:  
   https://safe-campus.umn.edu/public-health-alerts
3. Information for health care providers from the Minnesota Department of Health:  
   https://www.health.state.mn.us/diseases/coronavirus/hcp/index.html

HISTORY

Approved: Associate Dean, UME July 2020